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NORWELL HIGH SCHOOL

2010

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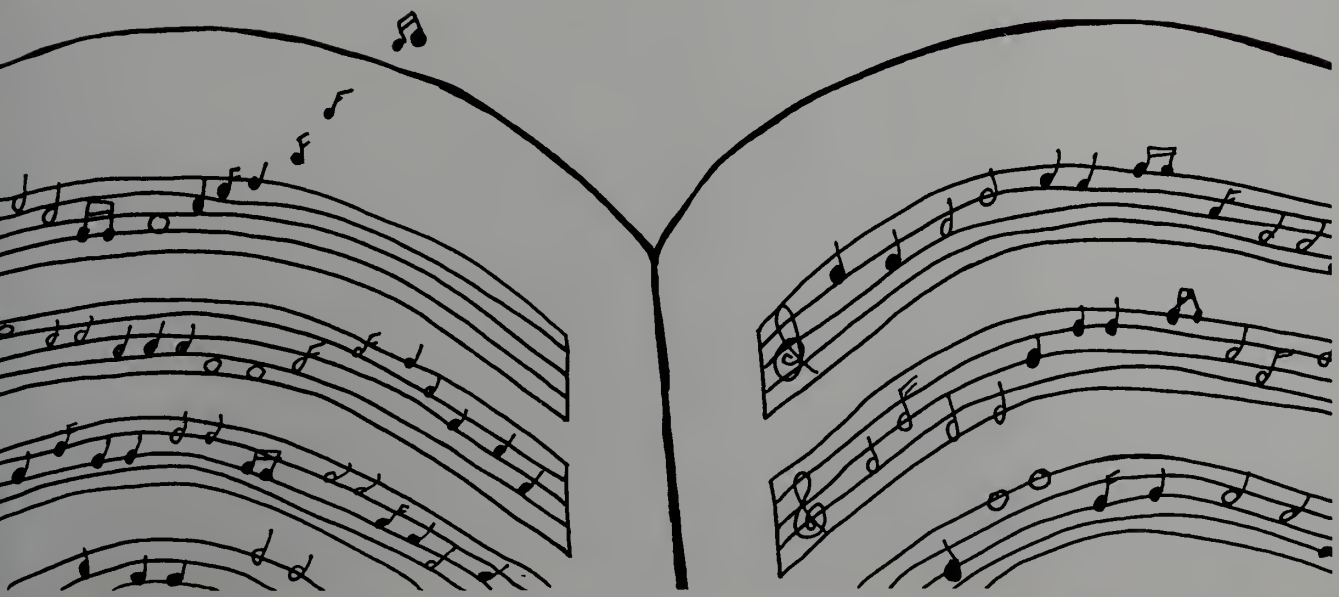
Find Your Own Beat



Once upon a time in the small town of Norwell, there lived 175 little boys and girls. For many years these children spent their days laughing, learning and playing at their schools-Cole and Vinal. However, there came a day when these children-not so little anymore-merged together. These middle school years were times of growing, changing and maturing. There were the unforgettable Friday night dances, infamous ski trips and the big D.C. trip. And just as the kids were adjusting to their new school, it came time for yet another change- high school, four years filled with work, memories, friendship and fun. There were games to be won, plays to be performed, and concerts to be held; Friday night football games to attend, Homecomings and Proms. There was gym class with Mr. Lantier and dreaded exams, anticipated long weekends, NO snow days and four chairs per table in the library. Through it all, the Class of 2010 has grown together, laughed together, worked together and stuck together.

And now as this class prepares for their next journey, they collectively pause and reflect on the road they have just traveled. . .

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Faculty

Superintendent:
Dr. Beaudette

Vice Principal McCallum, Principal Keegan,
Vice Principal Keating

Nurse: Ms. McInnis

Athletic Director: Mr. Paine

Guidance:
Ms. Barrientos, Ms. Greene,
Ms. St. Peter, Ms. Arnold

Librarian: Mr. Schelvan

Support Services:
Back row: Ms. Boyer, Mr. Bennedict,
Ms. Schad, Ms. Thigpen, Ms. Field
Front row: Ms. Scott, Ms. Rheault, Ms. Ingeme, Ms. Lutchman

Physical Education: Mr. Lantier

Administrative Secretaries: Ms. Holland,
Ms. Hannigan, Ms. Leary, Ms. Gratto

The Science Department:
Mr. Browne, Ms. Provenzano,
Mr. Kitchen, Mr. Ward,
Mr. Nycz, Mr. Bradshaw,
Ms. Lozan

The Social Studies Department
Mr. Willis, Mr. Jacobs,
Mr. Goniatis, Mr. Lacy,
Mr. DiTomaso, Ms. Keating,
Ms. Hawkins, and Ms. Fox

The Mathematics Department:
Mr. Zini, Mr. Vacha, Ms. Connor,
Ms. Hosea, Ms. Cortright,
Mr. Marani
Not Picturesd: Ms. Plassmann

The English Department:
Ms. Criss, Ms.Whiting,
Mr. Belmore, Ms. Sulc, Ms. Brow
Ms. Atkinson, Ms. Ely
Not Pictured: Mr. Sullivan

The Technology/Media Department: Mr. Herman and Mr. Kowalski

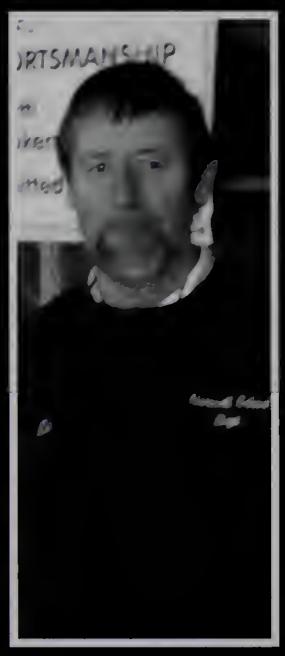
The Music Department: Ms. Cortright and Mr. O'Briant

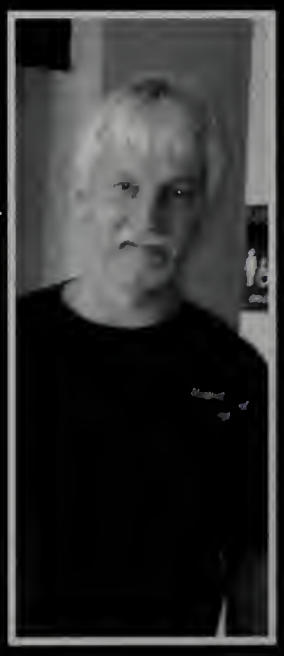
The Art Department: Mr. Papadonis and Mr. Nottingham

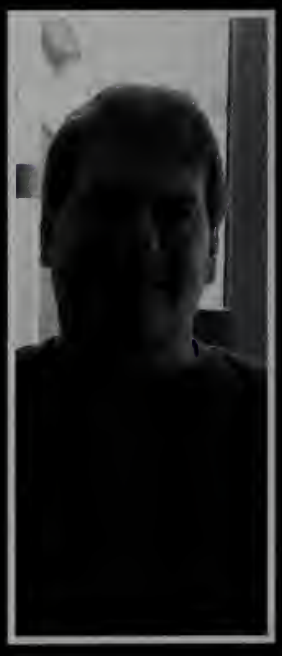
The Foreign Language Department: Mr. Whelton, Mr. Hanke, Ms. Gilabert, Ms. Ward, Ms. Doyle, Ms. Adams, Ms. Mifdal

Faculty

Food Services: Back Row: Mrs. Kaczmasz, Mrs. Schaffer, Mrs. Murphy, Mrs. Cocce, Mrs. Sullivan, Mrs. Cleary, and Mrs. Dwyer







Custodial Services: Mr. Jones, Mr. Ash, Mr. Frasier, Mr. Shea

Goodbye, Mrs. Atkinson. . .

"Mrs. Atkinson, Thank you for your trust, support and friendship in welcoming me to Norwell High. 'May the road rise to meet you...' as you begin your next great quest: retirement!"
-Craig Belmore

"Mrs. Atkinson has been an incredible mentor, and I know I will use the skills she has taught me for the rest of my career as an English teacher. I will miss her passion for literature, her knowledge and expertise, and especially her friendship. NHS will not be able to replace such an amazing teacher and human being."
-Kristin Whiting

"Not only has Mrs. Atkinson been a wonderful teacher to hundreds of students over the years, she also set an excellent example for me, a relatively young teacher. I have learned so much from her these past three years and I know I am a better teacher because of her. Mrs. Atkinson often teaches by example through her professionalism, intelligence and loyalty to her students, colleagues, and friends. I truly cannot imagine Norwell High School without her; she is an irreplaceable part of the family here, and we will all miss her very much."
-Kelly Criss

"Mrs. Atkinson, it has been a joy and pleasure working with you over the last four years. I will treasure your passion and commitment to literature, especially poetry. Thank you for your support and helping me to find my way here at Norwell. It is comforting to know that you are just around the corner. I look forward to seeing you on a mountain peak, cross country skiing or flying by me on a bicycle. Take care and spoil yourself, your children and your grandchildren."
-Matt Keegan

"Our paths crossed
Many years ago as
Parents
Colleagues
Friends
And our friendship
Is what I will always cherish.
I will miss you."
Love, Jim

"Enjoy retirement. You've earned it!"
-Ted Schelvan

"We all love Mrs. Atkinson. There aren't many teachers at NHS that have fought off a wild grizzly bear! Not only does she teach us to defend ourselves from ferocious wildlife, she is also a great teacher and her presence at NHS will be missed."
-Senior Pat Kelly

"May you wake up in the morning to the sounds of singing birds,
May you have the time to enjoy the sunlight warm upon your face
May you have the time the read and dream
May you explore the world around you, hike through the hills, swim in the sea and smell the scent of flowers
May you have the time for family, family, the best gift of all."
-Andrea Keating

Faculty Candids

Dear Class of 2010,

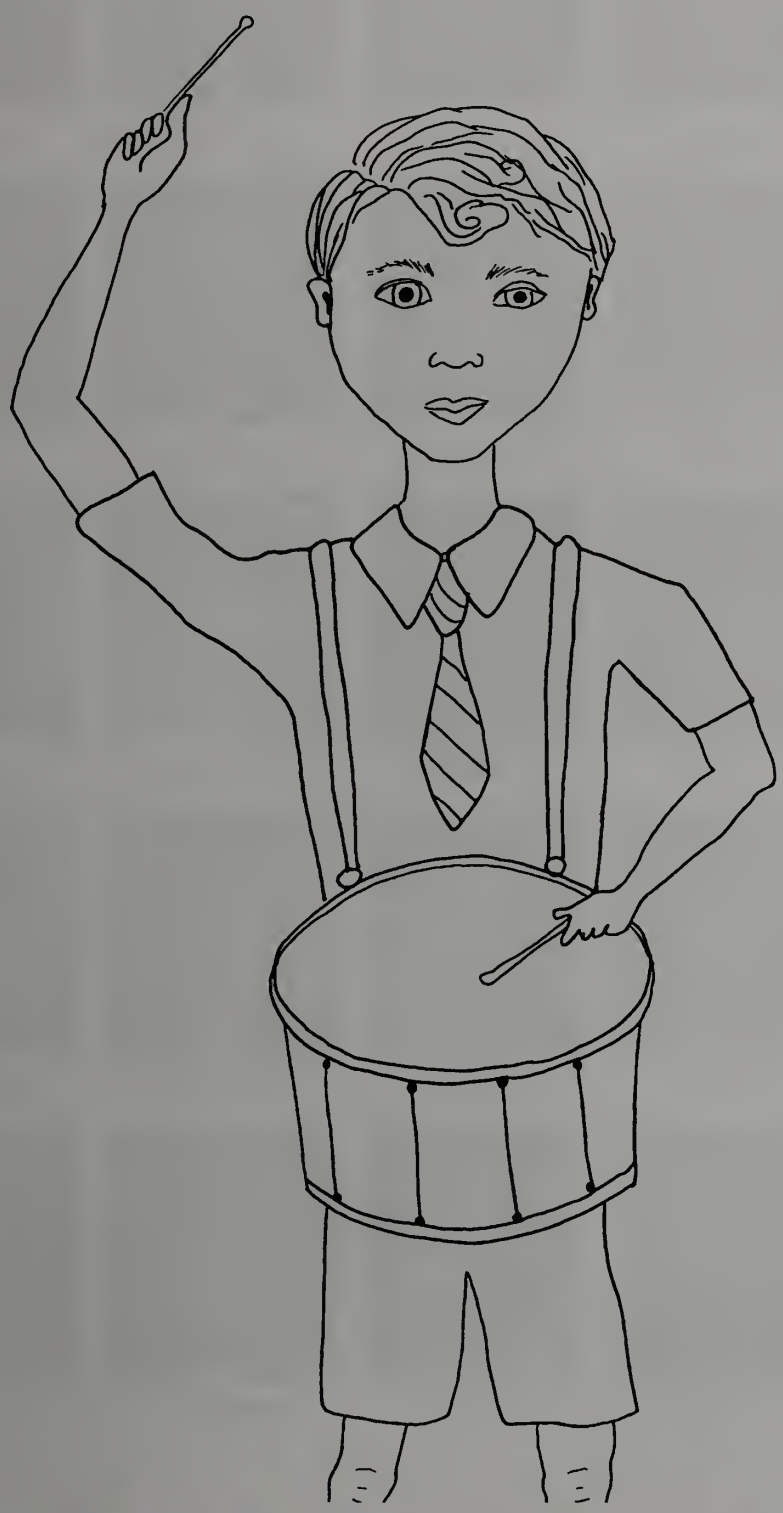
I clearly remember you as freshmen. It was my first year at Norwell High School as well. All of you have grown and matured in amazing ways. Your commitment to the classroom, co-curricular activities, and the spirit of the building as a class deserves recognition and is the best I have seen as an educator. As you complete your senior year, many have commented on your leadership by example, politeness, responsibility, and willingness to help out and take initiative. You have set a new standard for Norwell High School students and the bar has been set very high.

Thank you for working hard, taking risks, and supporting one another. Your class has made a difference, and we know you will continue to make a difference as you pursue your goals in the future.

Sincerely,

Mr. Keegan

Underclass



FRESHMEN

Isabella Abelite

Titilayo Adebanjo

Kaylyn Allahyarian

Kathryn Ayles

Dillon Bailey

Anna Barger

Matthew Barry

Peter Battinelli

Francesca Bellofatto

Emily Bernard

Lindsay Bilezikian

Robert Blakeslee

Sam Broderick

Emma Butterfield

Grant Cabell

Rachael Caldwell

Keith Callahan

Meghan Callahan

Robert Callahan

Jonathan Cannon

Paul Capuzzo

Arianna Cash

Angelica Chan

Sarah Ciardi

Emily Cipriano

FRESHMEN

Kylie Coffey

Alison Conley

Autumn Conti

Bridget Conway

Marisa Cox

Devon Croke

Connor Curley

Tiffany D'Souza

Joseph Daddio

Tyler Dakin

Aisling Dalco

Hannah Dardinski

Conor Davies

Colin Deary

Carly DeLugan

Maeve Dennigan

Wesley Dickhaut

Elizabeth Diggins

Victoria Dinger

David Dyko

Madeline Eaves

Christopher Ecclestone

Signey Eljach

Matthew Escano

Mary Ferzoco

FRESHMEN

Cassandra Fisher

John Fisher

Aeddan Flaherty

Brian Flaherty

Abigail Foucart

Holly Frattasio

Hannah Getto

Katherine Gilroy

Mary Gogarty

Zachary Good

Marissa Gratta

Brian Gunning

Gracemarie Gunning

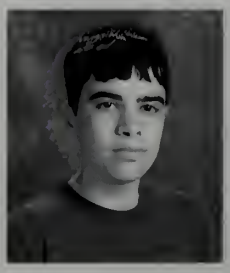
Ryan Hanlon

Conor Haraden

John Harrington

Margaret Hayes

Brian Hickey


Casey Hill

Alexis Hilson

Linnea Houde

Patrick Howe

Courtney Hudgins

Corinne Hultman

Paige Hultman

FRESHMEN

Matthew Infascelli

Thomas Jensen

Timothy Jones

Annie-Lori Joseph

Kathleen Joseph

Gabriella Joyce

Patrick Joyce

Amanda Keenan

Rachel Kelly

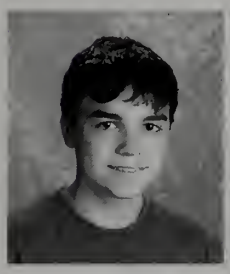
Ashley Kenney

Callahan Kent

Daniel Keohane

Julia Kirslis

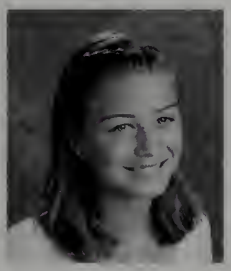
Emily Kuhn


Connor Kulka

Joseph Lamparelli

James Laubenstein

Genji Leonard


Jordan Livingston

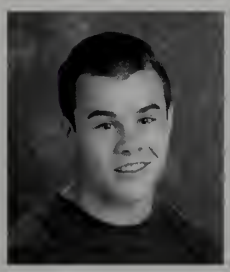
Sean Locke

Vanessa Lyle

Bethany Lynch

Joseph Lynch

Caitlin Macauley


Luke Macdonald

FRESHMEN

Madison Maduri

Jared Mahoney

Meghan Mahoney

Molly Manning

Peter Marchetti

Julianne Mariano

Reed Markham

Jake Marr

Gabrielle Marrese

Margaret Masterson

D'Anna Mayers

Alexandra Mazzulli

Madelynne McCauley

Virginia McCord

Joseph McGlinchey

Hannah McInnis

Matthew McKeen

Emily Milliken

Alexander Milne

Jake Montoya

Faith Morgan

Ryan Mudge

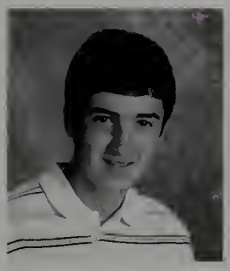
Caitlin Murphy

Kelsey Murray

Kassidy Nadeau

[FRESHMEN]

Patrick Naughton


Patrick Nestor

Emma Newby

Chimerem Nnadi

Megan O'Brien

Mary O'Connell

Kellie O'Leary

Thomas O'Toole

Michael Oberg

Isabelle Olsson

Sarah Perfetuo

Brian Peterson

Laura Peterson

Charley Petit

Courtney Pyle

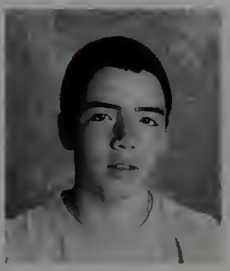
Liam Quinn

Lisa Ray

William Raymond

Neven Recchia

Noel Recchia


John Regan

Jessica Riley

Aidan Roach

Taylor Rober

Jessica Sarno

FRESHMEN

Jarrod Seavey

Mason Segall

William Sewell

Jake Sherman

Courtney Smith

Courtney Smith

Katherine Snyder

Kali Spall

Brian Spillane

John Spillane

Casey Studley

Rachel Talanian

Shirin Tehrani

Kevin Thurston

Shawn Tierney

Alice Tilles

Jamie Tobin

George Trebino

Matthew Trowbridge

Nicholas Tsekeris

Thomas Vafiades

Gabriela Vernalha

Ashley Voner

Morgan Walsh

Madeline Ward

FRESHMEN

Noah Wasserman

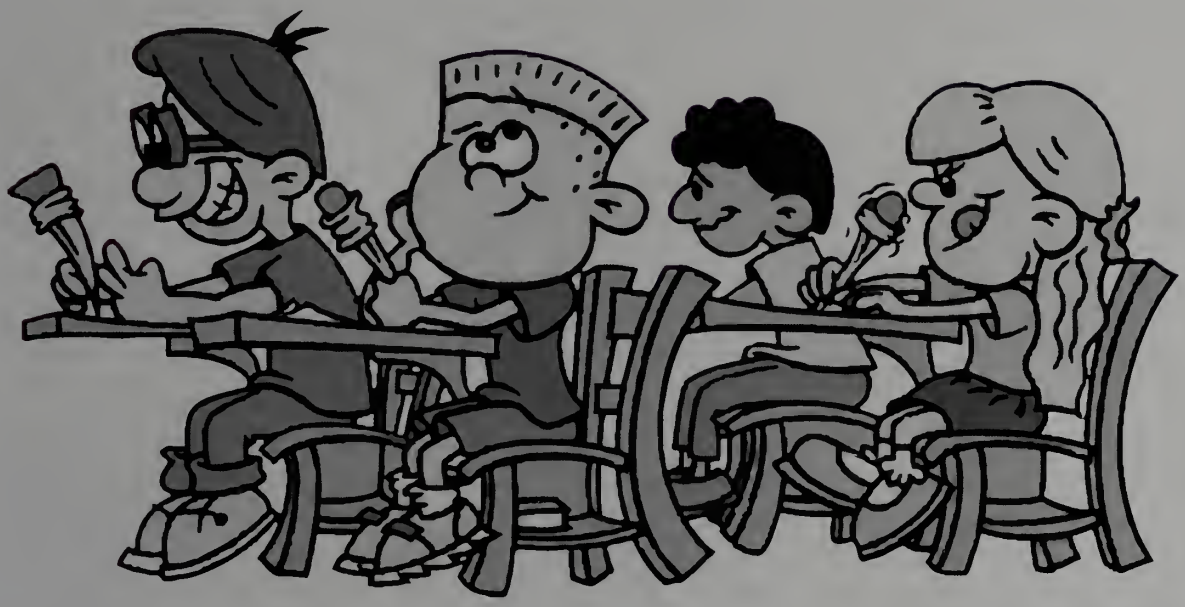
Mark Webber

Holly Weiler

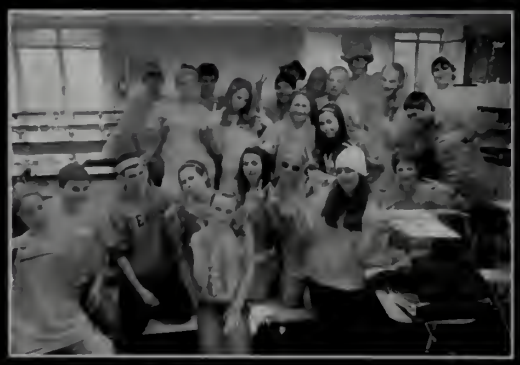
Owen Wiggins

Hannah Wolfson

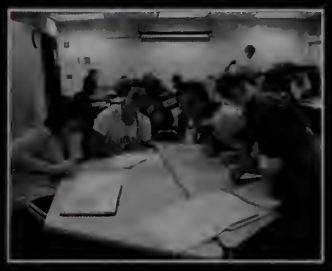
Not Pictured: *Caitlin O'Malley*
Elisabeth O'Malley



FRESHMEN



Candids



"It's your freshman year and you're gunna be here for the next four years in this town"- Taylor Swift

[SOPHOMORES]

Tolu Adebanjo

Daniel Allen

Elizabeth Allen

Ashley Allington

James Arnold

Laura Barrett

Patrick Barrett

Kiernan Beal

Patrick Birmingham

Martha Bogaty

Kevin Bougoulas

Breanne Brown

Lauren Burke

Christina Burns

Gregory Butler

Abigail Callahan

Kathleen Callahan

Brittany Cannon

Megan Carmody

Robert Carney

Benjamin Casey

Diana Chen

Julianne Chessia

Matthew Cibotti

Paxton Colby

[SOPHOMORES]

Caitlin Collins

Nicholas Comerford

Alexandria Conti

Christina Cronin

McKenzie Cunniff

Sean D'Ambrosia

Giuliana D'Esopo

Allison DeBenedictis

Joshua Delaplain-Zook

Tessa DeMarco

Nicole Dempsey

Alandar Detwiler

Brian Devilly

James DiGregorio

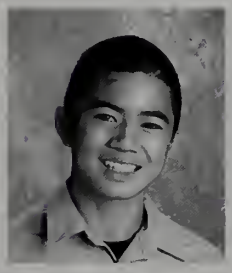
Thomas Driscoll

Brett Duche

Meaghan Dwyer

Graham Ferguson

Colleen Fitzgibbons


Ian Flesner

Gayle Foley

Kyle Freeman

Craig Frehill

Victoria Frehill

Victoria Gacicia

[SOPHOMORES]

Gretchen Gallagher

Cormac Garvey

Brianna Gentry

Benjamin Gordon

Aubrie Guertin

Amanda Harding

Lauren Harding

Kelly Harrington

Patrick Hathaway

Dennis Hearns

Hugh Hillstrand

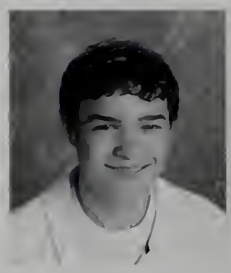
Stephanie Howard

John Jensen

Laura Kardok

John Kearney

Jessica Knudsen


Dennis Kulka

Troy Laffin

Ashley Lamoreaux

Christopher Largent

Joshua Lind

Drew Linehan

Michael Liuzzi

Daniel Lockwood

Shealyn Lonergan

[SOPHOMORES]

Brianna Luciw

Meaghan Lynch

Talia Macauley

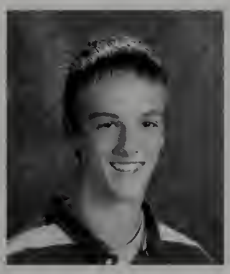
Michael MacGillivray

Katherine Mahar

Andrew Marrese

Jaclyn McBain

Steven McClelland


Peter McDonald

Brendan McGreenery

Matthew Michalkiewicz

Victoria Moore

Brett Morgan

Mary Murphy

Michael Murphy

Siobhan Murphy

Brendan O'Connor

Grace O'Hara

Ian O'Shaughnessy

Sean O'Sullivan

Sarah Orleman

Alexander Ouellet

Christian Palmariello

Paul Parys

Frank Patarino

[SOPHOMORES]

Racheal Patrolia

Matthew Pederzani

Brianna Perfetuo

Jacqueline Perron

Zachary Peterson

Emily Pickard

William Raab

Alicia Reggiannini

Joseph Ricciuti

George Robbie

Julie Roberts

George Sheehan

Katelyn Sheehan

Lawrence Sheridan

Ashley Sifflard

Ashley Silverberg

Abigail Smith

Catherine Smith

Leah Smith

James Solari

Liam Spillane

Catherine Stack

Paul Stack

Viktor Stanley

Sean Staples

[SOPHOMORES]

Alexander Titelbaum

David Tobin

Kelly Traft

Devin Uhlman

Andrew Umbrianna

Darci Vierra

Nicholas Volpe

William Waters

Allison Weiler

Eliza Westergard

Richard Westhaver

Frank White

Pearl Williams

Ryanne Williams

Madison Willis

Brian Wilson

Thomas Wilson

Emily Winn

Jeffrey Wisneski

Zachary Wooten

Not Pictured: *Drew Palmer*
Lewis Vorderer

Sophomore

THE WALL STREET JOURNAL.
Bank of America Chief Resigns Under Fire

Candids

[JUNIORS]

Brooke Alman

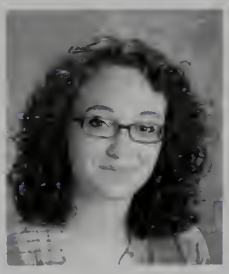
Rachel Anderson

Chandler Anthony

Kimberly Baranowski

Caroline Barry

Oliver Bates


Aria Benzaquin

Jenna Berg

Brett Bernard

Michael Bevilacqua

Myles Blakeslee

Olivia Bourque

Evan Briggs

Ryan Brown

Michaela Bucca

Brendan Byrnes

Zachary Cadman

Evan Cannata

Nicholas Cannone

Cara Capaldo

Robert Carey

Shane Carey

Rachel Carrillo

Samantha Casey

Megan Cavano

JUNIORS

Adrian Chavez

Wilton Childs

Elizabeth Cipriano

Alexander Clement

Chloe Coggins

Lauren Connaughton

Averie Cox

Molly Cox

Christian Cunniff

Nicholas Daley

Jacquelyn Daniel

Alexa Daniels

Michael Day

Brian DeLugan

Alexandra DeMarco

Ailish Dennigan

Liam Dennigan

Harrison Detwiler

Amanda Deveney

Julia DiMartinis

Elizabeth Driscoll

Julia Driscoll

Matthew Dromeshauser

Kellie Duffy

Sarah Eaves

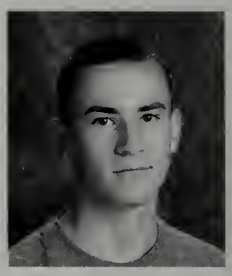
[JUNIORS]

Tristan Elliott

Catherine Erickson

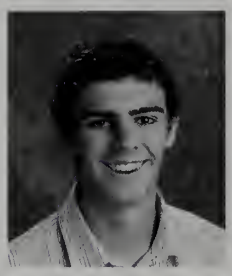
Laura Farinick

Laura Ferzoco


John Finnigan

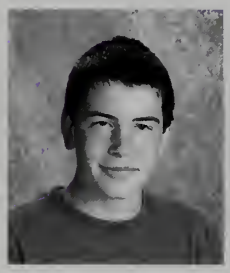
Emily Fitzgerald

Abigail Flynn


Corbin Foucart

Andrew Frehill

Morgan Gallagher


Thomas Garvey

Samantha Geary

Kristina Gilberti

Lucy Gogarty

Peter Graney

Evan Gray

Arianne Guertin

Alyssa Gunville

Chloe Hager

Nicole Harper

Allison Hatch

Allison Hatch

Hannah Hayes

Rachel Hearn

Zachary Heger

[JUNIORS]

Georgia Hegner

Alexander Henning

Christopher Henning

Patrick Hill

Tyler Hilson

Drew Himberg

MaryKate Hines

Connor Houde

Kelly Hudgins

Elizabeth Hurley

Robert Hynes

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Nathan Kingston

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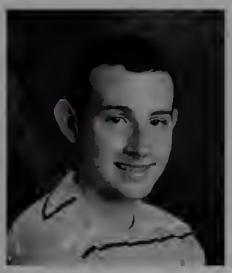
Kelly Kramer

Eric Kuehn

Erin Laffin


Brian Lahiff

Nicholette Lamparelli

Anita Larason

Matthew Lauria

[JUNIORS]

Kevin Lawrence

Bridget Lawson

Peter Leavitt

Michael Locke

Molly Lodigiani

Michael Logue

Devin Lotterhand

Rachel Lynch

Shannon Mahoney

Kathryn Malloy

Amanda Marchetti

David Marinelli

Joseph Mazzeo

Joseph McAteer

Hannah McGowan

Christopher McGrath

Hannah McKitrick

Jonathan McNamee

Benton McTigue

Kitt Miller

Grace Moore

Brandon Morrison

Theresa Morrison

Emily Mullen

Michaela Nichols

JUNIORS

Alexander Nigro

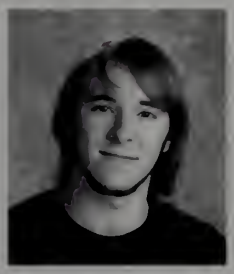
Evan O'Meara

Sheamus O'Sullivan

Mikayla Pagnini

Nicholas Papadopoulos

Kaitlyn Petit


Marshall Petty

Tyler Price

Bradford Prouty

Krista Prouty

Alexandria Psota

Emma Ray

David Regan

Paige Richards

Joseph Richardson

Melissa Riley

John Saunders

Chapman Scheller

Robert Senatore

Tyler Sheedy

Jillian Skinner

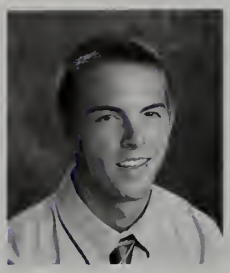
Megan Smith

Richardson Smith

Samantha Sprague

Gabriel Stern-Morales

JUNIORS


Robert Stravinsky

Katelyn Thompson

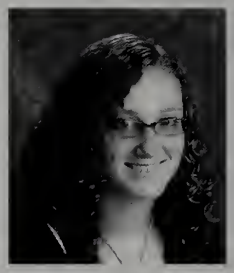
Kellie Thurston

Ryan Vaughan

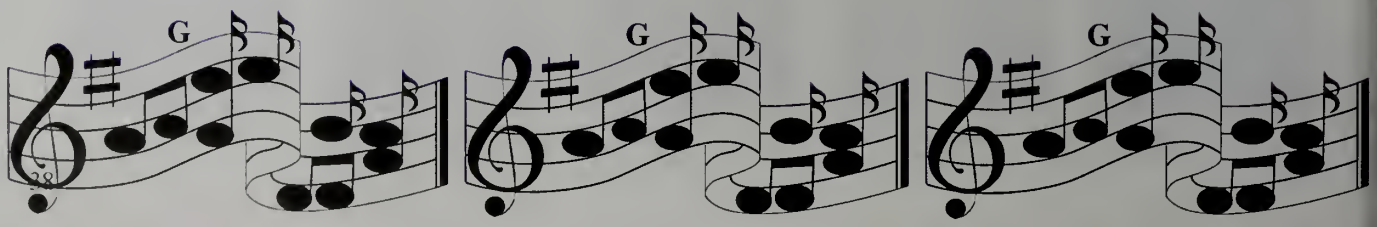
Grace Wallace

Jacob Webber

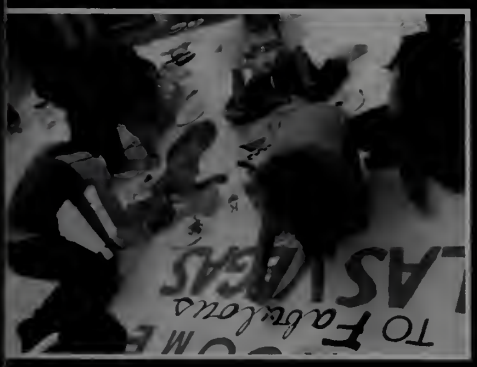
Kelsey Wheeler


Rachael Wolfson

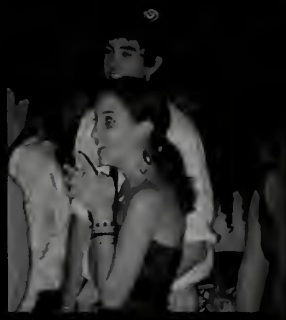
Not Pictured: *Colin Macauley*



Junior Candids



JUNIOR



Candids

Ask NHS...

Who is the most intimidating senior girl?
"Vikki Pagnini"-Brian Gunning
"Emily Hoffman"-Mary Ferzoco
"Olivia Huie"-Sean Tierney

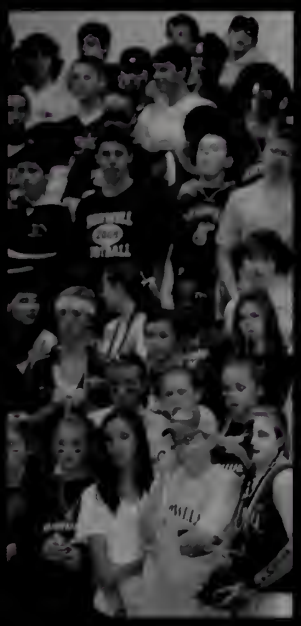
What will you miss most about the senior class?
"Welcoming"-Abby Smith
"School spirit"-Kathy Callahan
"Personality"-Colleen Fitzgibbons

Who is the most intimidating senior boy?
"Ryan Deary"-Owen Wiggins
"Pat Johnston"-Maeve Dennigan

What is the most annoying thing about the seniors?
"Barstow boys"-Mel Riley
"Senior dudezz"-Katelyn Thompson

In one word, how would you describe the senior class?
"Enthusiastic"-Meaghan Dwyer
"Unforgettable"-Eliza Westergard

SPIRIT WEEK 2009



Show your Clipper pride!

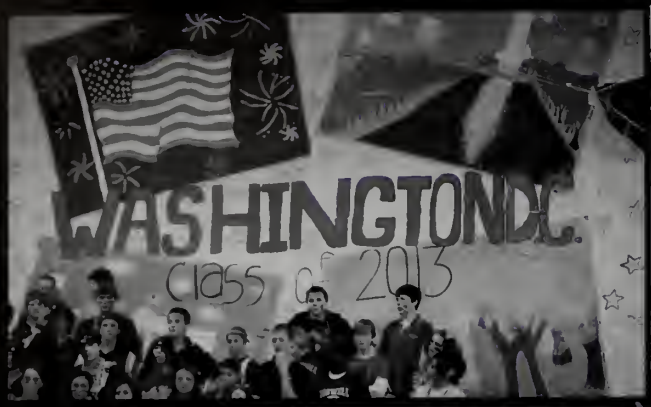
Norwell: A Great Place To Be

Homecoming Game

Homecoming

Big Cities, Big Dreams

Blue & Gold Day



Spirit Week

The class of 2010 as Babies

Evan,
Congratulations! As you make your way in the world, always bring your unique brand of humor and inventive spirit with you. And keep on making music!
With love and happiness,
Mom, Dad, and Anna

Zachary...
You are our wonderful son; you continue to fill our lives with love and happiness. We are so proud of you and don't ever change who you are.
Lots of Love,
Mom and Papa

Jeremy,
You have brains in your head
You have feet in your shoes
You can steer yourself in any direction you choose.
You're on your own. And you know what you know.
And YOU are the guy who'll decide where to go.
-Dr. Suess
Always... JJJJ

Emily-
We are so proud of you! As you begin a new chapter of your life, we will miss you. But we know you'll succeed in all you set out to do. We love you so much!
Mom, Dad, Jessie,
Joey, Ginger & Pebbles

Shane,
We are so proud of you. Work hard next year and you'll succeed. We love you always.
Mom, Dad, Pat, Ashley and Bailey

Ashley,
Your energy is so amazing. You're able to accomplish much in a single day. We'll miss that smile! We are very proud of you and love you.
Mom, Dad, Pat, Shane, and Bailey

Wes,
We have had tons of good times over the years. It's a joy to have you as a son and brother too! May you never lose your sense of wonder- you have a lot to look forward to. As you know, your future holds great promise!
We love you always,
Mum, Pup and Drew

Kaytie,
We have enjoyed watching you grow over the years and have admired your passion for your dreams and your independent spirit. We are so proud of you and can't wait to see what the future holds.
We love you,
Mom and Dad

Dear Leah.
To our beautiful Leah who has brought us so much joy and happiness to our family. We wish you success in all that you do and enjoy all life has to offer. We love you more than you'll ever know.
Love,
Mom, Dada, Chris and Lauren

Hillary:
We are so proud. You have met challenges with humor and maturity. You find good in everyone and are a loyal friend. You are truely beautiful inside and out, and we love you.
Mom, Dad, Scott and Toby

Erica.
You have filled our hearts with love, joy and pride. Follow your heart and your dreams and know we will always be there for you. Enjoy life, laugh often and be happy.
Love,
Mom, Dad and Jessica

Jane,
"You are you. Now isn't that pleasant?" -Dr. Suess
We love your smiling face. Stay happy and enjoy the next lap.
"These things are fun and fun is good." -Dr. Suess
Love you,
Mom, Dad, David, Peter

Kate,
We are so very proud of you. You have grown up into a beautiful, talented young lady. May all of your dreams come true. As you move on, you will always have our love and support.
We love you,
Dad, Mom, Mark, Luke, and Mack

Dear Emily,
Jump in every puddle, dive in all the pools, hit every meatball you can. Continue to make everyone smile around you from your embullience. Stay happy forever.
We love you- Dad, Mom and Steph

Alexa,
Congradulations to My Girl! You did it!
Love Mom, Grandma, Fran and the entire family

"May good fortune be yours. May your joys never end."
Irish Blessing

Jake,
We have always been so proud of you! We loved watching your many successes and look forward to enjoying with you, your many more accomplishments! We love you!
Mom, Dad, & Em

Lowly Worm.
Follow your heart and stay true to yourself, as you have always done, and happiness and success will continue to come your way.
We love you.
Mom, Dad, Sarah, Jack, Joe and Boo

Katie,
I can't believe its time for you to graduate! I'm so proud of you!! All the hurdles you have overcome. Never give up-- you can do anything you put your mind to! Ok baby bird, time to spread your wings and fly free!
Love always,
Mommy

John John,
We are so proud of the man you have become. May you continue to pursue your passions and find happiness. Know that we love you and are there for you always.
XXOO,
Mom, Dad and Michael

Marina-
Congratulations! You're one in a million with a heart of gold. Follow your dreams and the world is yours. We love you always.
Mom and Dad

Christopher-
Congratulations!
Continue your creative spirit, it will take you to great places. Have fun on the journey. We love you always.
Mom and Dad

Dear Derek,
You have brought much joy to our lives and exceeded our expectations.
Remember we will always be there for you as you reach for your goals!

Lilabelle-
You have grown into a beautiful, young, compassionate woman and I know that you will fulfill all your dreams. You'll always be my sweetpea.
Love always,
Mom and Kev

A.J.
We are so proud of what you have become. You have so many wonderful traits and talents. Remember to use them wisely. As you continue your journey, please remember that, "Ability is what you're capable of doing, motivation determines what you do, and attitude determines how well you do."
We love you so much,
Mom,Dad,Allie,and Sarah

Adam,
It has been a joy watching you grow into an intelligent and unique young man. Keep your curiosity alive, hold onto your sense of humor and go for it! You are our hero.
Love, Mom, Dad, Brian, Kileigh

Shanny,
We are so proud of your dedication and passion you bring to everything you do! Keep God central in your life and He will give you the dreams of your heart.
Mom & Dad

Drew:
Congratulations! You have enriched our lives more than words can say. Thanks for your strength, love, laughter- and -for always believing in each of us. We are so proud!
Love,
Mom, Dad, and Emily

Jenna,
We are so proud of you for all of your accomplishments and the best is yet to come! You are a daughter anyone would be proud to have.
Love you
Mom &Dad

Jon,
We are so proud of you. May the path you take in life bring you to great places and fulfill all your dreams. You have grown into a wonderful young man. We wish you alll the best.
Love,
Mom Dad Nick & Victoria

Chris,
Thank you for brightening our lives with your sense of adventure, curiosity, generousity of spirit, your beautiful smile and quick mind. You've been a wonderful brother and a great son.
Love, Mom, Dad, John, McCoy

Hope,
Remembering the little girl who chose to wear a dress with dainty shoes while catching toads, I realize that you have never followed the crowd but always followed your dream. We are so proud of you!
Mom, Dad, Katie, Anna

"Oh the places you'll go!"
Love,
Mom and Dad

Dearest Crystal,
I carried you nine months beneath my heart with my heart in my mouth; we watched as you struggled to breathe your first year and triumphed; never forget that life is full of miracles and you are one of them! You are astonishingly beautiful, brilliant, industrious, and compassionate and we are so very proud to call you daughter and sister.
Love Mom, Dad, and Sarah

Andrew,
We are very proud of you and wish you success and happiness in all you choose to do. Never hide your sense of humor and always remember how much we love you.
Mum, Dad, David, and Caroline

BrittBrittany "Boo Boo Kitty",
You never cease to amaze us with your strong will and self-determination – never change! You are definitely one-of-a kind, and we are so very proud of you.
Remember to always follow your dreams and be happy and "merry"! As Dad always says, "You're the Best!"
We love you Britt!
Mom, Dad, Kiki & Brian

Alexis-you have been a wonderful daughter. We are so proud of you. We know you will make us so proud and wish you the best of luck.

Maraki,
You have brought so much joy to our lives! We are so proud of all you have accomplished. This is the beginning of your life as an adult, so reach for the stars and follow your dreams.
We love you,
Mama, Nicholas, Anastasia

Dear Nick,
You have grown to be an amazing individual of deep intellect, compassion, and integrity. Persue your dreams and passions. Be kind and considerate, as you always are. But above all, be sure to enjoy yourself and the people and world around you, and always be happy.
We love you so much,
Mom, Dad, Alex, and Bella

Ryan James....
Eighteen years have come and gone way too fast. You have always been our spitfire! Watching you grow has been a great adventure. You have so many gifts. We can't wait to see what happens next. We love you very much and we're very proud of you.
Congratulations!
Love, Mom, Dad, Kevin, Shawn (and Bruin) xoxoxoxoxo

Chloe,
Cute sweet baby, charming happy little girl, and always funny, bright, talented and kind.

Congratulations Dan!
Keep working hard, be happy, have fun and live the life you dream of.
You have already accomplished so much.
We are so proud of you!

Love Always,
Mom, Dad, Tommy and Dave

Ed:
Your enthusiasm and sense of humor have been a joy to us. Your intelligence, as well as, your musical and artistic talent are gifts. Use these talents well! It's a long way to the top, if you want to Rock and Roll!
Congratulations.
Love,
Mom, Dad and Frank

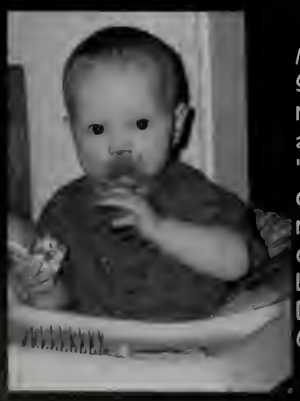
Kristine,
We are so proud of you. You have accomplished so many things. You set high goals and achieve them. Keep your head high and keep smiling.

We love you,
Mom, Dad, Julie and Nickolas

Justin-
"Little man" you are an amazing person. The way you rip down a mountain, doing your tricks is spectacular. Take this fearlessness and confidence and use it to make your life wonderful
We love you.

Eric,
You are a beautiful person with a huge warm heart. The love, fun and laughter you bring to your family and friends is unmeasurable.
We love you so much,
Dad, Mom, Josh, Pam, and Patch

Harry,
We are so proud of you! Continue to make good choices, work hard, study hard and play in moderation. Our "baby" is done!! We love you so much!
Mum, Dad, Alex, Abby and Nick



Matthew,
Son, brother, grandson, you mean the world to us. We are all very proud of you!
"Always bear in mind that your own resolution to succeed is more important than any other"- Abraham Lincoln
Love,
Dad, Mom, Sarah, Abby, and Gramps

Hannah,
I'm so proud of you, not only of your accomplishments, but also your spirit and determination. Wherever life leads, may you have great happiness, good fortune, and success. You're my pride and joy, and I love you.
Mom

Jim.
We are proud of you.
You have a great passion for family, friends, sports teams and politics. You can accomplish anything that you want to. We are always with you.
Love,
Mom, Dad, Paul,
Catherine and John

Michael,
You are a wonderful son and brother and we are very proud of you! Your kindness, thoughtfulness, even disposition and great sense of humor delight us. Happiness and success to you! Always.
Love,
Dad, Mom, Stewart and Kelsey

Ryan,
Don't ever lose your individuality, sense of humor, and spirit of adventure. And don't ever forget how proud we are of you, and how much we love you.
Love,
Mom, Dad, & Eric

Trent,
You have been a pure joy and added much to our lives. It is time to follow your heart and curiosity. Enjoy the adventure. Keep in touch. We will always welcome you home.
Love,
Mom, Dad, Sarah and Emma

Dear Cam,
Dad and I are so proud of you! You have brought us so much joy and happiness! With your kind heart, great humor, and determination you can accomplish anything you want. We love you so sweet pea! Congratulations!
All our love,
Mom, Dad, Kyle, and Courtney

"Now Voyager, sail thou forth to seek and find."
- Walt Whitman

Go get 'em Denno!
Love you like rainbows!
Mom, Dad, and Alyssa

Blair,
Congratulations Blair on your graduation from Norwell High School 2010! We are so proud of your accomplishments at NHS. Wishing you great happiness and the best of luck in your future!
Love, Mom, Dad, Brendan, Maeve

To our "Bubba Boy,"
You have been a light in our lives since the day you were born. Your positive spirit, sense of humor and sensitivity to others shines through always. We are so proud of our Boy.
Love, Mum, Dad, Caitlin, Molly, Hannah, Riley

May life's adventures take you down a path that makes you happy, fills you with success and make lifelong friends. Good luck with everything you do and know your family loves you.
Love, Mom and Dad

Doug,
You cleaned up nice! All our love and best wishes for a bright and happy future.
Love,
Mom, Dad, Liz and Millie

Dear Patrick,
We are overcome with love and pride when we see the young man you have become over the last 18 years. You are now embarking on your new life as a wonderful human being. Keep your sights on the horizon. You can and will accomplish anything you set your mind to.
With all our love,
Mom, Dad, Molly and Caroline

Katie,
It seems like overnight you have gone from our shy, quiet little angel to a beautiful confident young woman. You have learned that with hard work, dedication and belief in yourself you can accomplish all of your goals. Always follow your own path and enjoy life! Remember it's what is in your heart that is most important! We are so proud of you and we love you!
Mom, Dad, Kristyn and Steph

Dear Emily,
God gave us a gift the day you were born into our family. Your spirit, strength, character and shining personality will serve you well. Shine on sweetheart! We love you!
Always, Mom, Dad, Adam and Katherine

Stephen,
You have always brought so much joy with your infectious laugh, humor and ability to connect to people. Your integrity, intelligence, wit and ability to lead will help you to continue to achieve and reach your dreams. We are so proud of the wonderful person you are.
Love,
Mom, Dad and Ryan

Tim,
From surfs up to sun down we've watched you grow. Now you will leave the south shore to find new places to put your toes in the sand and board the waves!
Love, Mom and Dad

Rachel,
How fast it has all gone by! You have such a kind and beautiful soul and have been such a wonderful daughter and sister. What a joy and treasure you are in our lives. We will miss you next year. Congratulations and embrace your next adventure.
Love,
Dad, Mom and Jackie

Sarah,
18 years has passed so quickly and it seems like just yesterday you were this little. We are very proud of you for believing in yourself and maturing into the kind person you have become.
We love you.
Mom, Dad and Amanda

Chris,
Your ability to accept and conquer challenges has amazed us. We hope that you continue to pursue your passions with that incredible smile of yours. We are so proud of you and we love you so much!
Mom, Dad and Mikayla

Phil,
What a great 17 years this has been for us... Your sense of humor and easy going nature will serve you well in life! Your desire to travel will hopefully take you to many exciting places and create opportunities that you have yet to dream about.
All of our love,
Mom, Dad and Dylan

We love you, ever since you were little we knew you were something special.
You have always been someone who always followed her dreams. We hope your dreams do come true, and we will always be there to help you accomplish them, we are so proud of you.
Love,
Mom, Dad, Meghan and Michael

Conor,
Thinker, do-er, actor, dreamer. You are a unique, amazing young man and have the whole world open to you. We love you and can't wait to watch your life unfold!
Mom and Dad

Congratulations Monica!
You got over the first hurdle-now go out into the world and pursue the things that you enjoy.
Love,
Mum, Dad, Lawrence and the Kittens!

Dear Laura,
As our youngest, you grew up fastest. We couldn't be more proud of the young woman you've become. We'll miss your humor, quiet confidence and positive outlook. Have fun, work hard and follow your dreams. We're always here for you.
Much Love, Dad, Mom, Doug & Jeff

Happy and Handsome Then . . . Happy and Handsome Now! We Love You Son. Good Luck.
-Your Mother and Father

Tim.
A sweet and gentle little boy. Grown now to be a respectable, polite, and compassionate young man with a wonderful, outgoing personality. A great source of pride. You have a bright future ahead.
Love Mom and Dad

Dear Jayme,
You are truly AWESOME! May your dreams come true "over and over." You deserve it!
With love always,
Mom, Dad, Kristin and the whole family

Dominic,
Just wanted you to know how much I have enjoyed watching you grow...and grow...and grow. I am so amazed that the activities you were so drawn to as a little-guy still bring you such pleasure as a big guy.
Love u lots!
Mom

CJ,
We are proud of all of your achievements and we're excited about all that is ahead of you. Always believe in yourself, your decisions, and your abilities.
Love,
Mom and Dad

Mikayla,
You have always had a look about you that showed that you were very confident, self assured and ready to take on any challenge... even from a very young age!
Love always,
Daddy

Great job Chase. Don't let the door hit you on the way out !
We love you, Mom,Dad and Jake

Dear Matt,
Congratulations! We are so proud of you and your accomplishments as a student , athlete, and friend. Keep smiling and enjoy your family and friends as much as we do you. Your quiet determination will help you meet the adventures ahead.
With our love and best wishes,
Mom, Dad, Kate, Greg,
Martha, and Teddy!

Kara,
your energy and enthusiasm have been a joy to behold. Keep reaching higher – work hard and play hard. Enjoy life, learn lots, and make friends. "Ever to excel!"
Love, Mom, Dad, Rose,
Mary & Jane

Lisa,
You are a caring, compassionate young woman. We love how the simple things in life make you happy. We are proud of you and your accomplishments. You deserve the best life offers.
Love, Mom & Dad

Shayne,
Congratulations! Remember the future is what you make of it. We are very proud of you. The best is yet to come.
Love, Mom, Dad, and Courtney

Kevin,
Congratulations! We are all so proud of you and love you very much. You are the bright star in our family with your amazing personality, unique wit and good humor. Continue to work hard and all that you deserve will be yours!
Love, Mom, Dad, Meaghan, Thomas, and Liam

Bradski,
he biggest and best surprise of our lives! You continue to amaze us all with your daring wit, charm and activity level. Be safe, be careful, be loved and be happy in life. Remember a good attitude is the most important thing you need to succeed, also remember who loves you best. Mom & Dad

Drew,
We are so proud of your accomplishments. We know you will be successful in whatever you choose to do.
Love,
Mom, Dad, Chris, Sarah & Sammy

Maeve -
Last but certainly not least! You are your own person: always choosing your own path. We are so proud of who you are and know there are great things ahead!

Love Mom, Dad, Colleen & Bridgette

"Life is the sum of all your choices" Albert Camus

Choose well and reach high, Jillie; the future is yours if you believe in your dreams and pursue them with integrity. You have been a joy to us and we are so very proud of you. Congratulations on a job well done!
Love always, Mom and Dad

Elysia-
"I have spent my life
Seeking all that's still unsung
Bent my ear to hear the tune
And close my eyes to see.
When there were no strings to play
You played me."
-The Grateful Dead

Love forever, Mom

Sarah,
Your adventure has just begun!Dream big beautiful things for your life.And always remember to laugh along the way.
We're so proud of you-
Love, M&D

Pat-
Remember when you were the smallest one in the family? Me neither. We all think you turned into a great kid! We love you!
Mom, Dad, KC, Joe, Jeff, Shawn

Cory-
We have loved watching you grow from a special little girl to this amazing, beautiful young woman. Experience life to the fullest and reach high. We know you'll accomplish great things. We're so proud of you. Have fun.
Love Mom, Dad, Ali + Bridget

Amanda,
Dad, Connor and I are so proud of you. You are our sweet girl. You've always worked hard and we know you have a wonderful life ahead of you.
Love, Mom

Dear Haley,
From the bunny slopes, to the double diamonds, its been a thrill watching you grow. We are proud to be your parents.
Enjoy, live, respect and learn from life as you always have.
Love,
Mom and Dad

Beanie,
We are so proud of the strong, independent young woman you have become. You are a great friend and loving sister and daughter. Continue to work hard and follow your dreams.
Love, Mom, Dad, Alex, & Steven

Kathryn,
You made us laugh
You made us cry,
You've worked so hard
and now you'll fly
Although the world may never know
We watched you push
We watched you grow
So in our eyes you may see tears
You've shown us how to overcome
our fears
Letting go is never easy
In fact it really makes us queasy
We'll be good, we will not cry
Cause now we know...
It's your turn to ride!
Love
Mom and Dad

Tommy,
You have brought your family such happiness, and many, many laughs. As the youngest child you have tagged along with your older brothers and sisters and always making a big difference. We are so proud of you and the person that you have become. We wish you all the greatest joy that life can bring. All our Love, Mom, Dad, Meg, Mike, and Molly

Justin,
It's hard to believe our little guy has grown into such a confident, outgoing and caring young man. These qualities will take you far and make your future bright. We're very proud of you and all you have accomplished.
All our love,
Mom, Dad and Alissa

Pete,
You've covered many miles and climbed a few mountains these past four years; probably more and higher than you ever thought a possible. We aren't suprised, but we are very proud. Now it's time to find those frogs we talked about, wherever they are.

Shiandra,
The seed that we planted in our garden has blossomed to a unique flower. We are proud of the remarkable young lady you've become. We love you!
Mom, Dad, Savannah, and Kiko.
Good luck!

Dear Patrick,
From the time you were born until now you have continued to amaze us. We witnessed something very special about you, it was a unique quite determination to work hard and do well. Your determination will be the key to your success in life. You are a kind, thoughtful and caring young man, with a wonderful temperament, you've got what it takes; just go for it...
Love,
Mom, Dad, and Bill XOXO

"How did it get so late so soon?
It's night before it's afternoon.
December is here before it's June.
My goodness how the time has flewn.
How did it get so late so soon?"
-Dr. Seuss
We love you James
Mom, Dad & Tom

Matt,
It has been an awesome experience watching you grow and mature. Continue to reach for the stars and shoot for the moon as you pursue your dreams.
Love Mom and Dad

"We have all a better guide in ourselves, if we would attend to it, than any other person can be." Jane Austin
Follow your heart and keep believing in yourself. We are proud of you and admire the person you have become.
Love, Mom, Dad, Elizabeth and Patrick

Dear Elizabeth,
It seems like just yesterday you were waiting to ride the bus to kindergarten. You couldn't wait! Now you're off to another exciting ride! We are so proud of you! We love you!
Mom, Dad, Meaghan, Jack, Joe and Rosie

Claire,
We love to hear your laughter, see you smile and share in the pleasure of your company. We hope that you engage in interesting pursuits, travel widely, and maintain your many friendships. We are all so proud of you!
Love,
Mom, Dad, Matthew and Michael

Julia,
We couldn't be more proud of our little girl! It's been fun watching you grow up, and we're looking forward to all the wonderful things your future holds. Congratulations on your graduation from High School! Love always,
Dad, Mom, Rob, Tom, and Laura

Anthony:
You are my pride and joy. I love you to pieces.
-Mom

Aisling,
We are all so proud of your accomplishments during the past few years.To see the bright and creative individual you've become brings happiness to our hearts. It seems like only yesterday we were building sandcastles on the Cape. Over the years you have shown us remarkable commitment to academics and sports, amazing strength, and personal independence. You have become the beautiful woman we always knew you would be, but know to me, you'll always be my little girl.
Love, Dad and Aus

Hilary,
You have made the days brighter and my heart warmer. I have learned so much from you. Continue to have faith, learn, grow, and love. I look forward to your future with joy.
Begin!
Love Mom xo

Carefree
Open
Loud-not!
Intelligent
Nocturnal

Athletic
Nice
Deep
Runner
Extraordinary
Wowza!

Golfer
Unsung Hero
Naive
Nimble
Intelligent
Nice
Great!

Mike, you are the sunshine in our lives. From baby boy to teenager you have given us so much to be proud of. It's a wonderful life, enjoy it.
Love You Always
Mom, Dad, Kara xo

We are so proud of you! You have added so much happiness and love to our family. Experience all life has to offer you. We love you!
Dad, Mom, Meghan, Clancy & Riley

Dear Nicky,
Your infectious smile, out-going personality, caring ways and dedication to your commitments will get you everywhere in life. Never change! We love you and are proud of you.
Mom and Dad

Dear Kc,
You were then and will always be our "baby". We are so proud of the sweet and caring person that you have become. You survived the craziness of the Lewis household so you're prepared for anything. Go save the world!

We love you.
Mom, Dad, Matt, Jim, Rachel and Michele

Patrick,
You are a brilliant star in our family with wit and enthusiasm that lifts us all everyday. You're headed for success, we are so proud of you.

-Love, Mom, Dad, Cara, Bridget, Mike & Aoife

Ahmed,
We are proud to have you in our family. Follow your dreams, believe in yourself and use your talents wisely in wherever you go and whatever you do and always know that you are loved.
Love,
Mom, Dad, Leyla and Nassim

Brian,
Congratulations!
We love the person that you are and look forward to seeing the person that you will become.You have so much potential and we know that you will live up to it.
Love,
Mom, Dad, and Tori

You are a wonderful son. Your future is unbounded and we look forward to seeing you enjoy your next accomplishments. We wish you joy, happiness and fulfillment of all your desires. With Love,
Mum and Dad

Dear Nick,
We are so proud pf all that you are. We pray that you will continue to possess the strength to always believe in yourself, as we do. Follow your dreams. You can achieve any goal!
Love,
Dad, Mom, Mada, Micayla and Lexi

Joseph,
We are so proud of you and all that you have accomplished. You are a terrific son and a great big brother, thank you for you kind-heartedness. Keep smiling!
Love always,
Mom, Dad and Patrick

Andrew,
Congratulations! We wish you big dreams and all the world's happiness. You have our love and support always; keep up your great work and positive outlook! We are so proud of you!
With love,
Mom, Dad, Molly and Misty

Sydney, Your uniqueness, creativity, shine and spark continue to delight and amaze us! We wish you much success and joy as you follow
your passion and your heart.
Mom, Dad & David

Dear Charlie,
We have watched you grow from a happy, fun loving child into a mature, focused and responsible young man. Keep your dreams in sight, work hard and continue to enjoy life and you will stay on the path to success and happiness. We are so proud of you!
Love Mom, Dad, and Will

Dear Chris,
You are truly one of God's greater gifts to us. We are beaming with pride with all your academic achievements and talent. Go out into the world and be brilliant!!
Mom and Dad
"It is never too late to be what you might have been."
-George Elliot

Keep following your dreams because they do come true.

There is a whole world out there waiting for you!

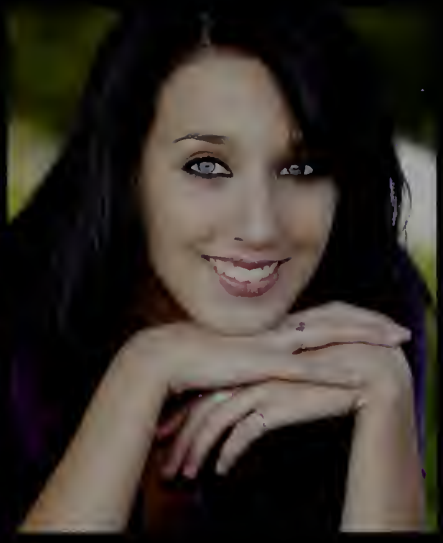
Congratulations ! We are so proud of both of you!

Love, Mom & Dad

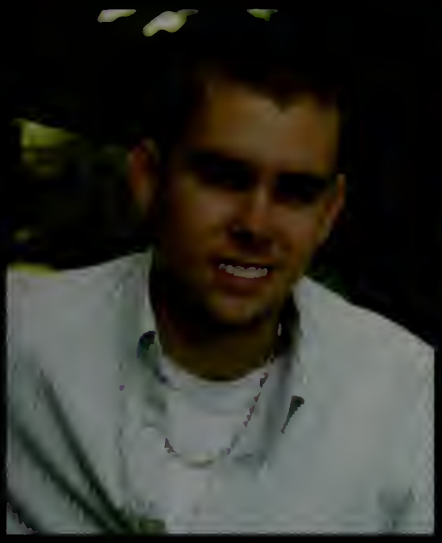
Class of 2010 ALL GROWN UP...

Tobi Adebanjo

Keegan Allahyarian



Marie Antonellis



Zachary Arena

Matthew Argiro

Nicholas Aroyan

Peter Bailey

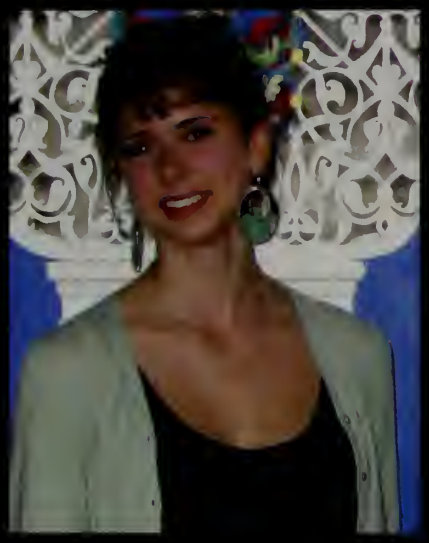
Evan Barger

Patrick Barrett

Alexis Bates

Paul Bohan

Trevor Brake



Carina Braun

Timothy Breen

Crystal Brooks

Jeremy Buckley

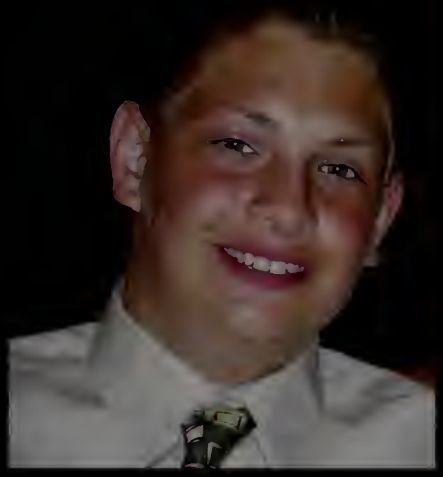
Nicholas Caira

Erin Callahan

Jacob Campbell

Shiandra Cardosa

Joseph Carroll


Michael Casey

Sarah Casey

Patrick Collins

Cory Conley

Christopher Cubellis

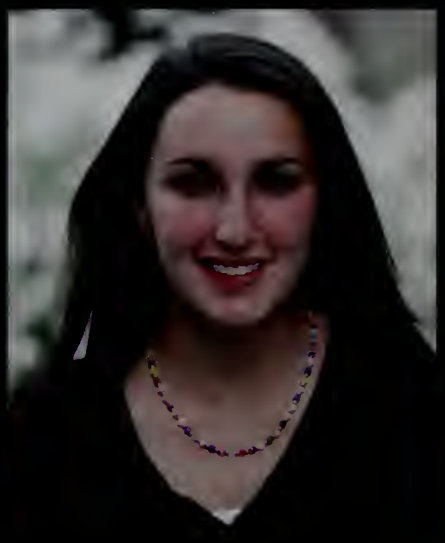
Marina Cubellis

Bradford Cunio

Amanda Curley

Derek Cyr

Lily Cyr



Laura Dargon

Chloe Davies

Emily Davies

Ryan Deary

Anthony DeBenedictis

Christopher DeLugan

Haley DeMarco

Anthony DeMatteo

Katie Dempsey

Stephen Dickey

Ashley Donlan

Shane Donlan

Adam Donoghue

Paul Donovan

Kathleen Doyle

Colin Duffney

Kathryn Duggan

Elizabeth Dwyer

Thomas Dwyer

Michael Fanning

Clay Ferguson

Shannon Ferguson

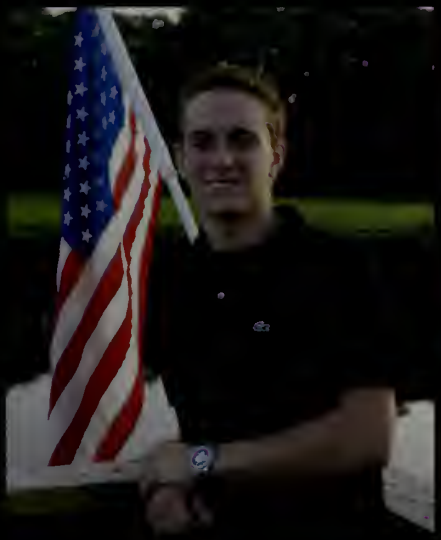
Dillon Fitzgerald

Andrew Fitzmaurice

Kelly Fleming

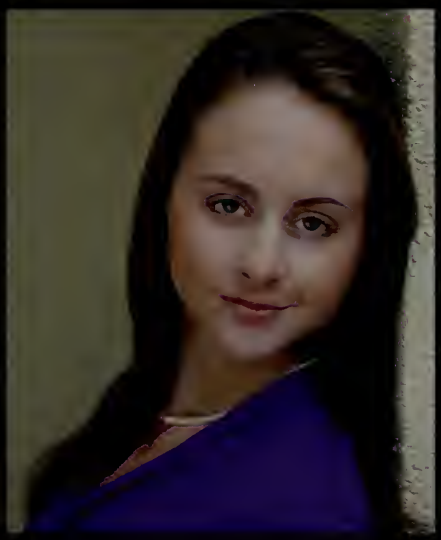
Erin Foley

Jenna Frehill


Jonathon Gacicia

Brittany Garrity

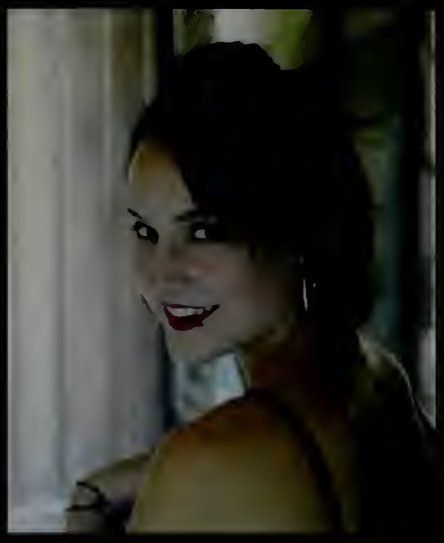
Christopher Geany


Hope Goslin

Christopher Greene

Edward Greene

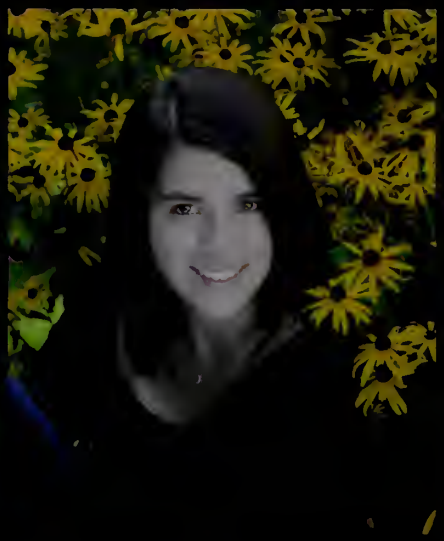
Colin Gunning



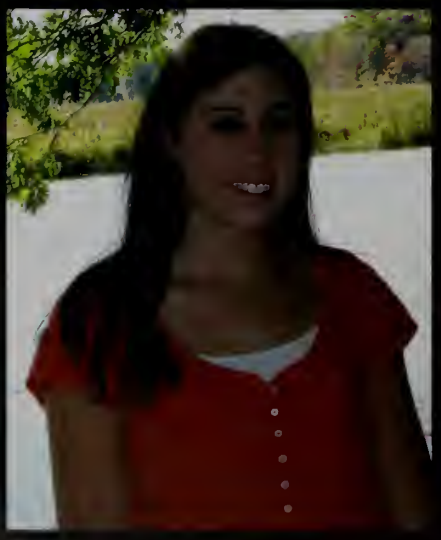
Sydney Haber-Mattie

Shane Hager

McKenzie Hagney



Monica Hanley



Ashley Hanlon

Sarah Harding

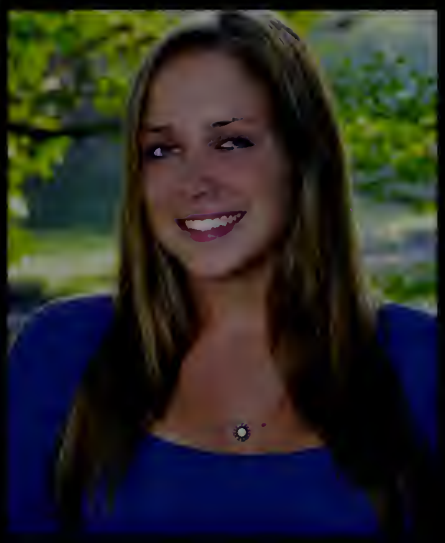
Rebecca Hathaway

Rachel Hayes

Timothy Healy

Stephen Herling

Christopher Hines



Emily Hoffman

Juilanne Holland

Kaitlyn Howard

Olivia Huie

Philip Johnson

Patrick Johnston

Conor Kane

Douglas Kauff

Nathaniel Keefe

Katherine Kellaway

Leah Kelly

Patrick Kelly

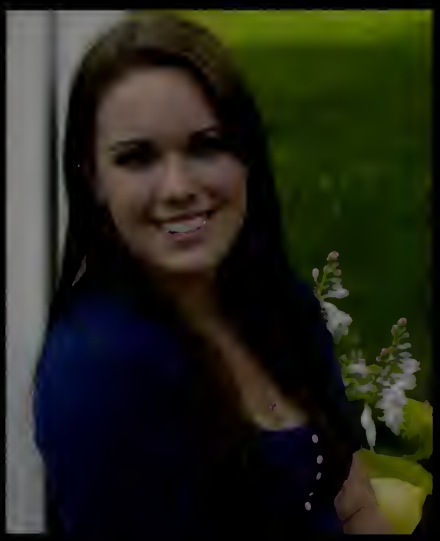
Michael Kinsherf

Hillary Kitchen

Erica Knudsen

Matthew Kwasnik

Katherine Lewis

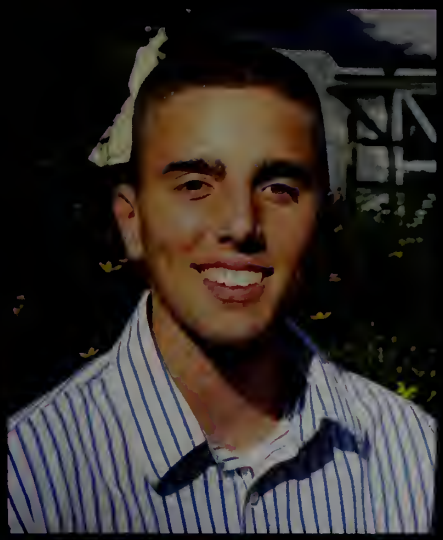


Jane Liffers

Wesley Linehan

Mikayla Luciw

Andrew Lunn



Cameron MacDonald

Connor MacDonald

Kathleen Macdonald

Emily Mandigo

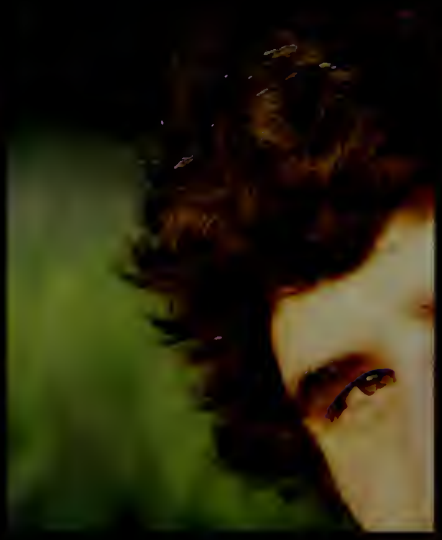
Chase Marr

F. Alexi Martel

Alexa Massey

Ashley May

Jessica McCarron



Martin McGarrigle

Blair McGreenery

Charles McKitrick

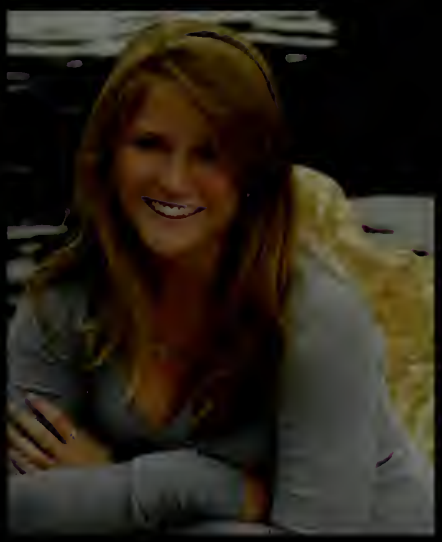
Laura McPherson

Parker Merritt

Brian Moore

Sean Murphy

Theresa Murphy



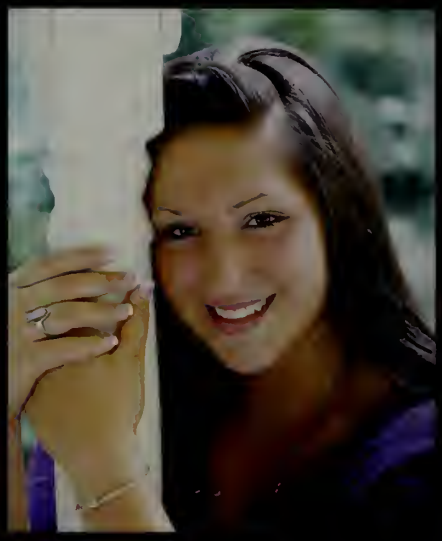
Julia Napolitano

Jillian Naughton

Lucas Nigro

Kara O'Connell

Patrick O'Connell



Victoria Pagnini

Emily Palmer

Sarah Palmer

Lisa Powers

Claire Preble

Shayne Pyle

Kevin Quinn Jr.

Sylvester Ray

Charles Raymond

Daniel Ready

Daniel Regan

Dennis Reilly

Edwin Riccio

Elysia Ridener

Kristine Roberts

Kaleb Rogers

Justin Sarno

Alexandra Saunders

Eric Scott

Harrison Scott

Silvia Seminara

Camryn Shaw

Maeve Shea

Jillian Sheeran

Jonathon Shontz

Matthew Smith

Hannah Sparks

James Stack

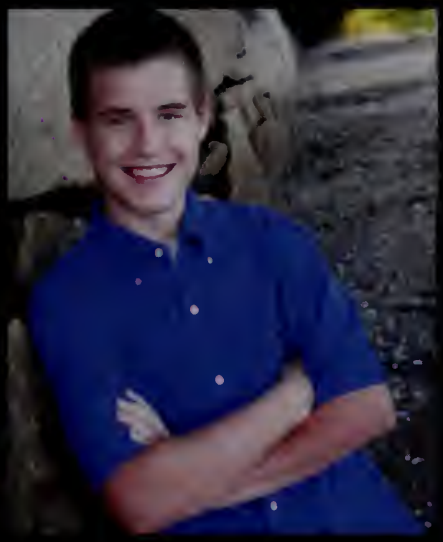
Devin Staples

Michael Steele

Ryan Taverna

Trent Taylor

Zachariah Tehrani



Andrew Thomson

Ryan Tierney

Nicholas Titelbaum

Maria Tsekeris

Kara Umbro

James Vafiades

Alexis Waitekaitis

Andrew Walsh

John Ward

Curtis Webb

Justin Weintraub

Ruth Westergard

Chadwick Whitcher

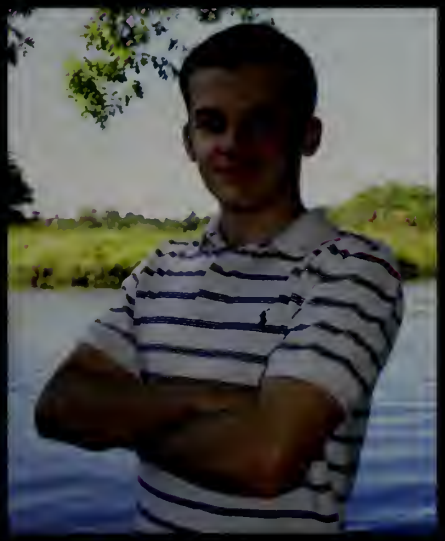
Hilary Wiggins

Aisling Williams

John Wilson

Paige Witynski

Domnic Wooten



James Wrick

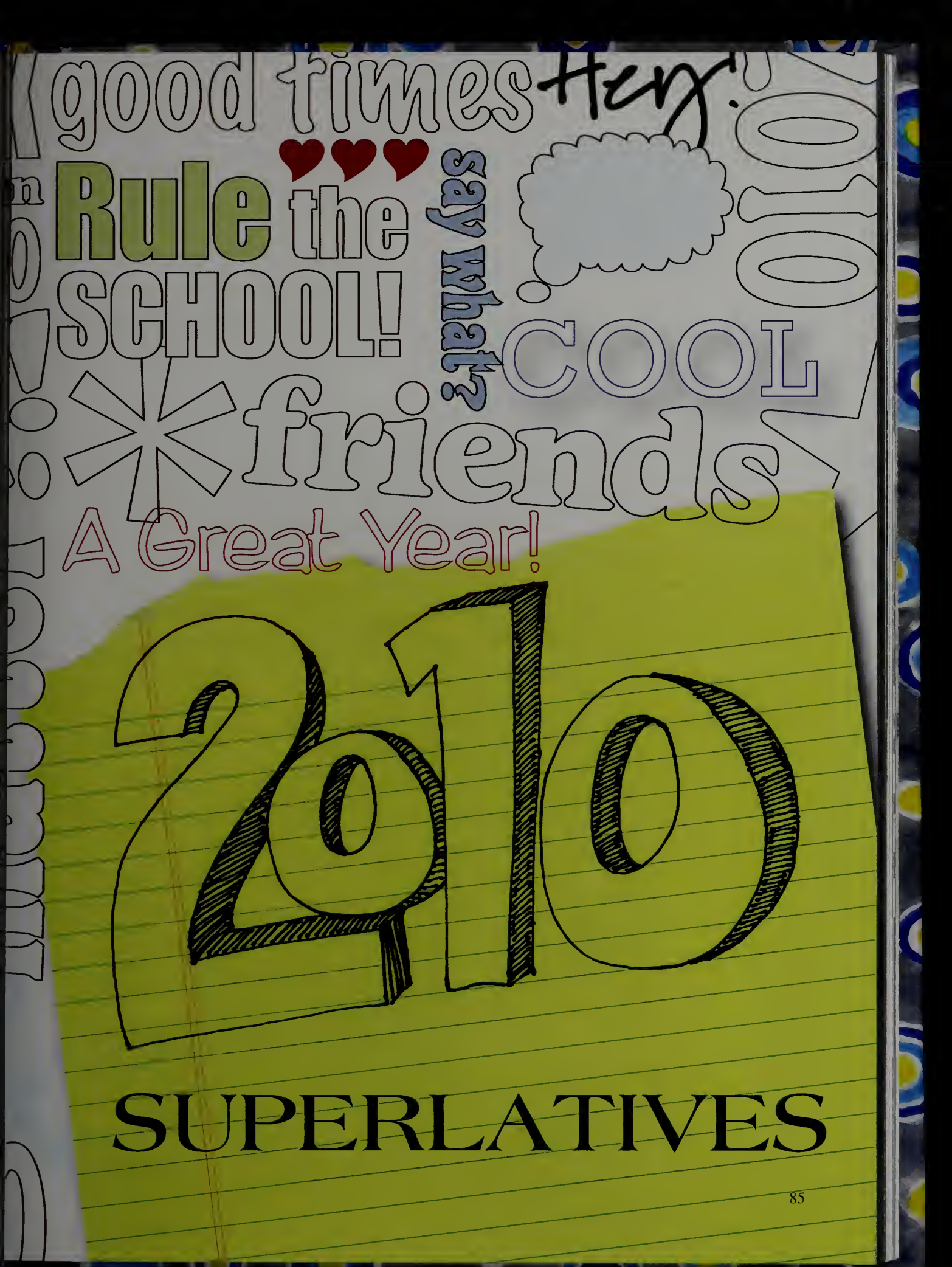
Jayme Yen

Zachary Zanengo

Ahmed Ziad

Andrew Cataldo

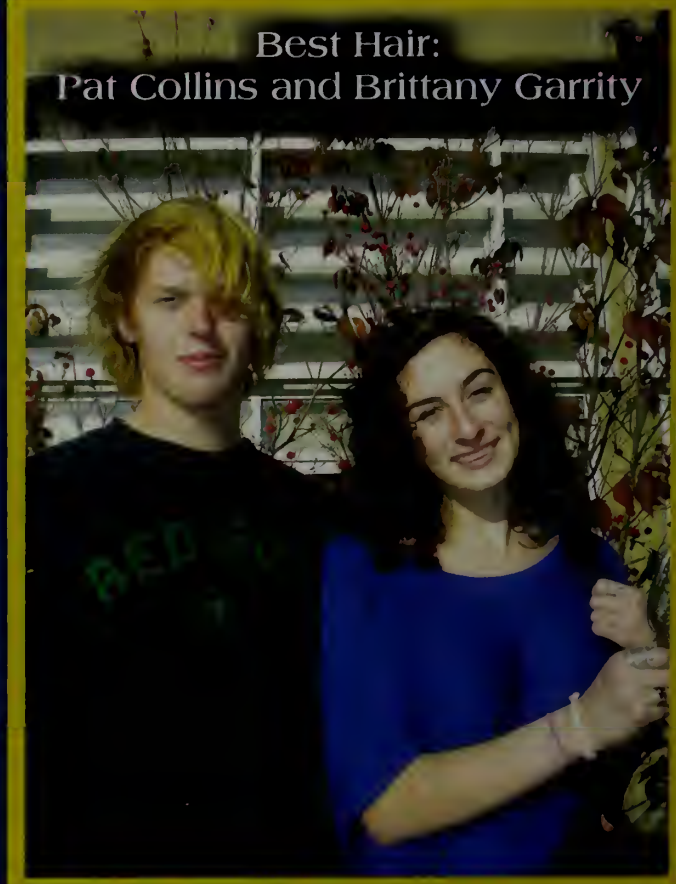
"Here's to the Nights We Felt Alive
Here's to the Tears You Knew You'd Cry
Here's to Goodbye
Tomorrow's Going to Come too Soon"
- Eve 6


good times
Hey!
Rule the SCHOOL!
say what?
COOL
friends
A Great Year!
2010
SUPERLATIVES

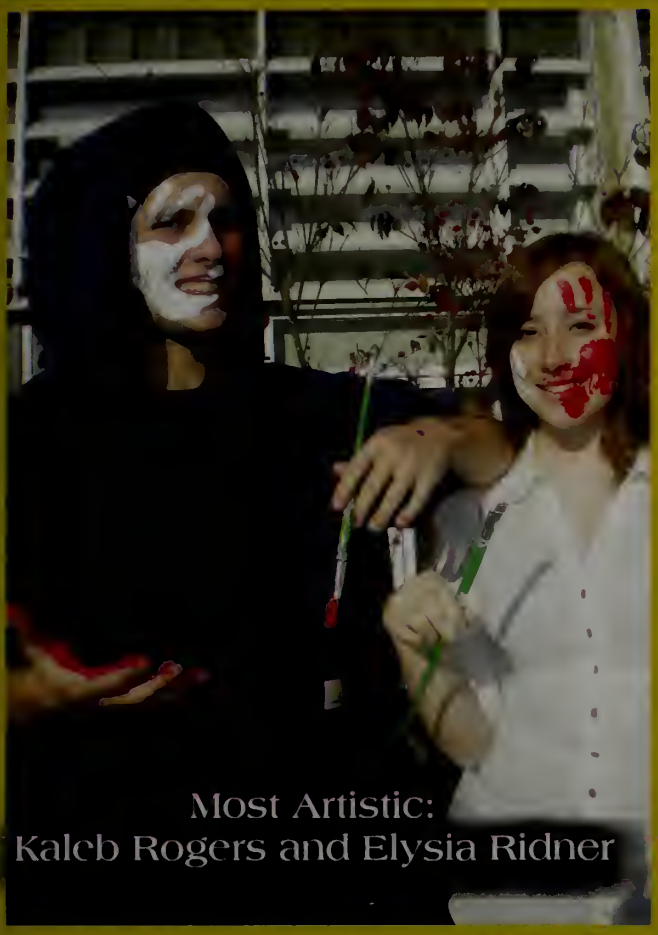
Most Unique:
Chloe Davies and Alexi Martel

Best Sense of Humor:
Clay Ferguson and
Emily Davies

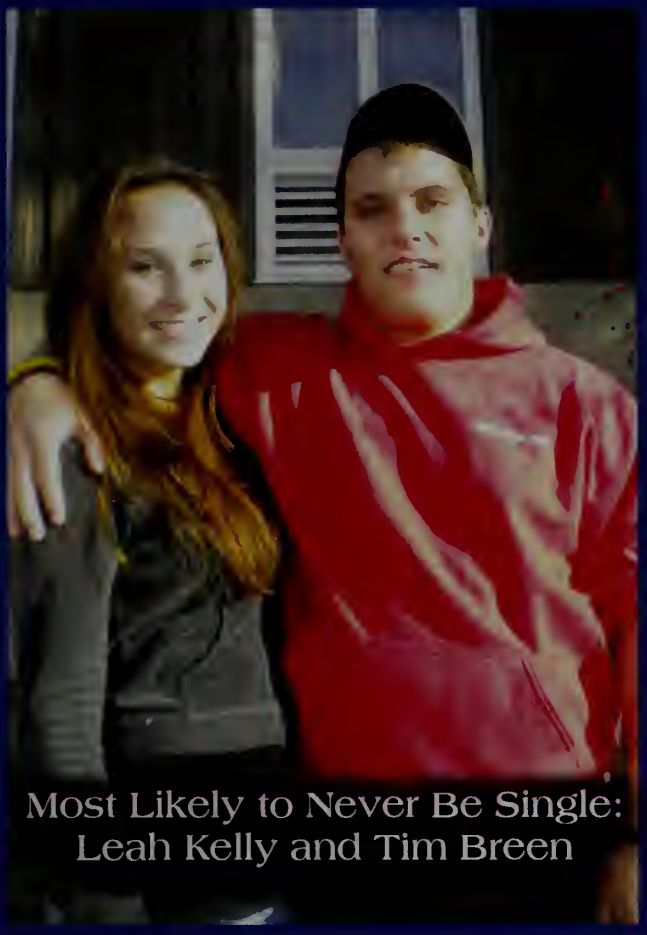
Most Likely to Succeed:
Nick Titelbaum and
Hilary Wiggins



Best Hair:
Pat Collins and Brittany Garrity



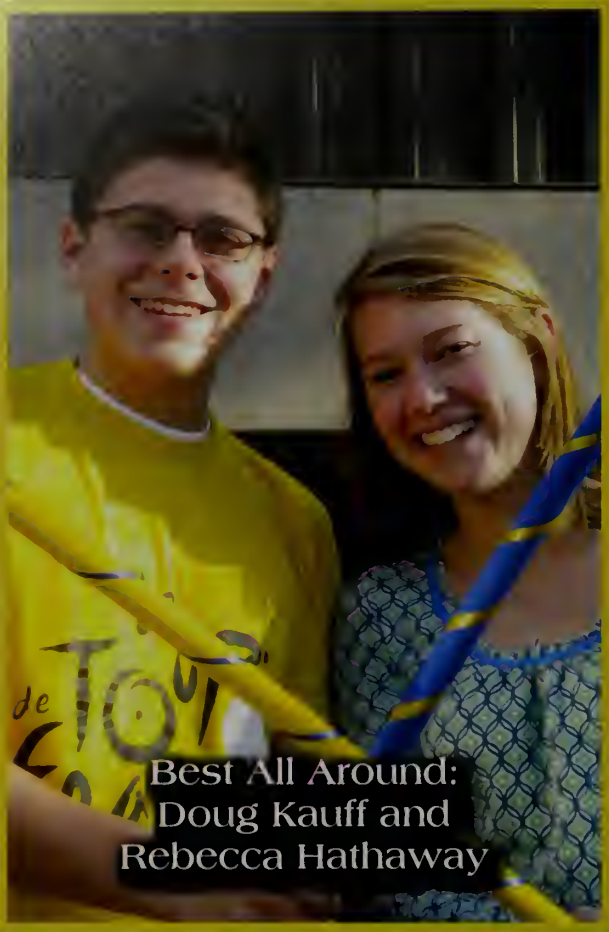
Most Artistic:
Kaleb Rogers and Elysia Ridner



Most Likely to Never Be Single:
Leah Kelly and Tim Breen

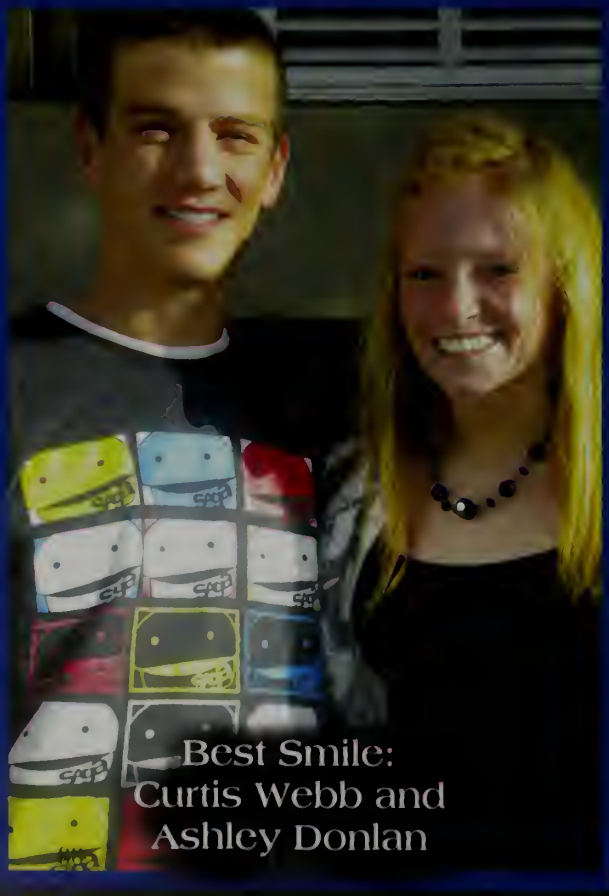
Most Likely to Brighten Your Day:
Dennis Reilly and Ashley Donlan

Most Athletic:
Paul Donovan and
Kate MacDonald



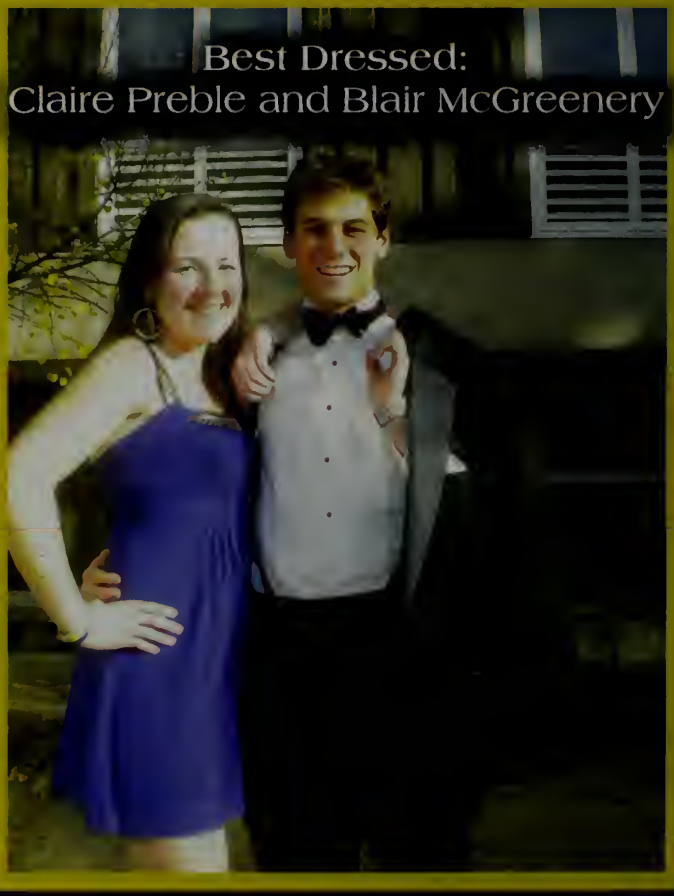
Best All Around:
Doug Kauff and
Rebecca Hathaway

The Couple That Should
Have Been...
Andrew Lunn and
Kate MacDonald



Best Smile:
Curtis Webb and
Ashley Donlan

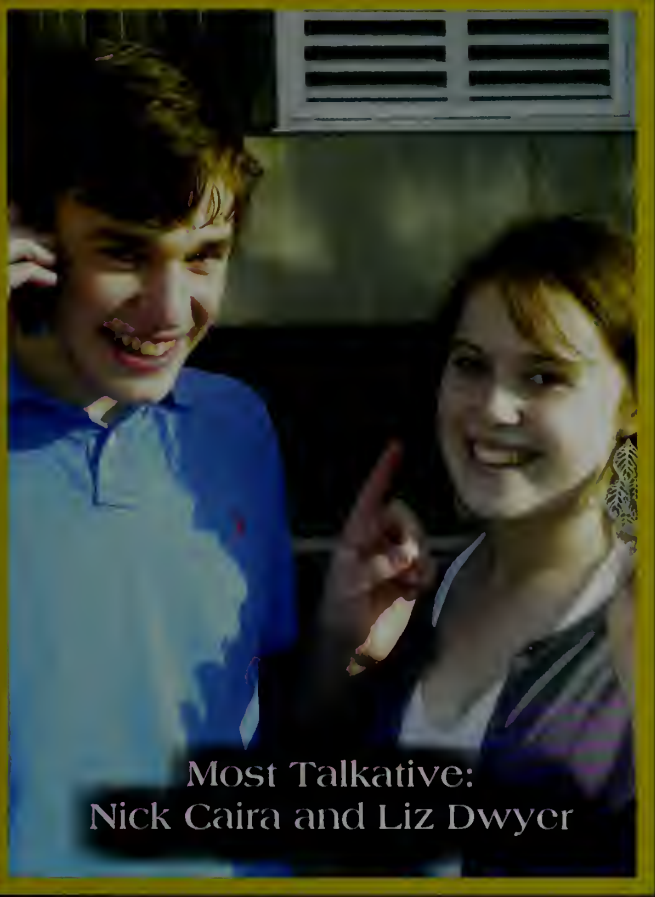
Best Dressed:
Claire Preble and Blair McGreenery



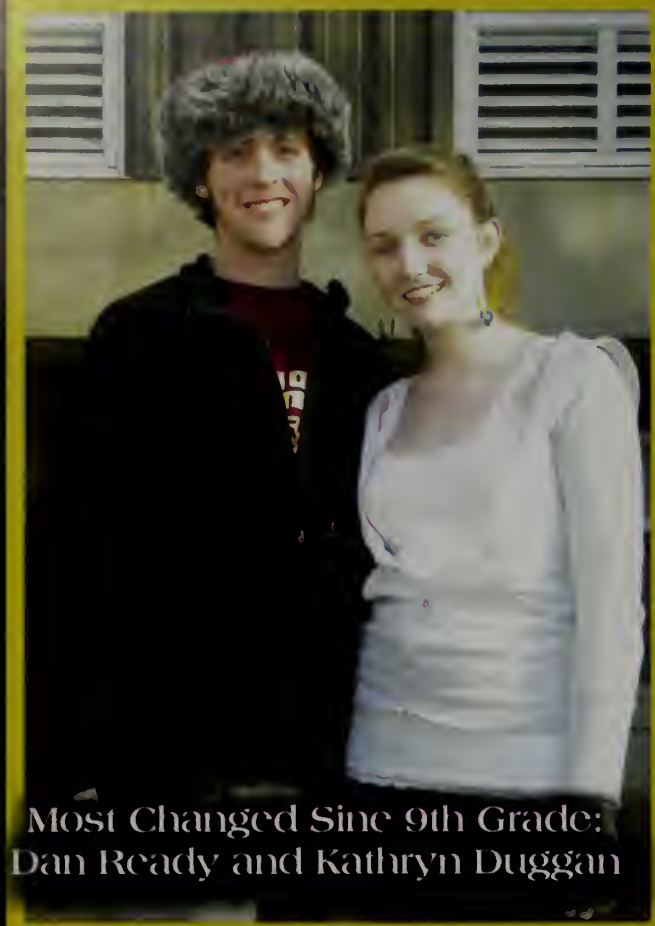
Best Date to Bring Home
to Your Parents:
Mike Steele and Hilary Wiggins

Best Nickname:
Katie Howard (KPresh) and
Brian Moore (B / BMoore)

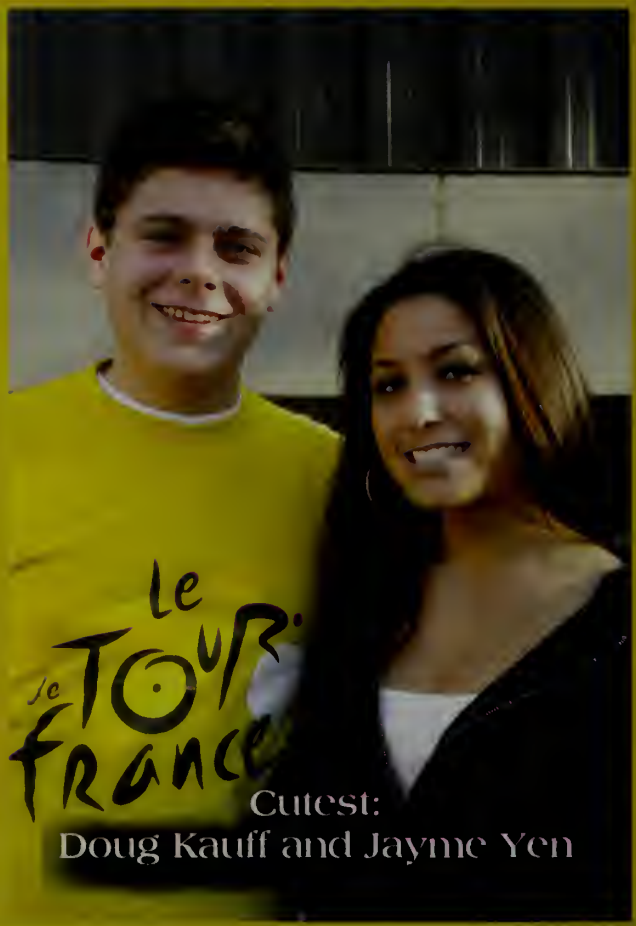
Most Musical:
Monica Hanley and Ed Riccio



Most Talkative:
Nick Caira and Liz Dwyer

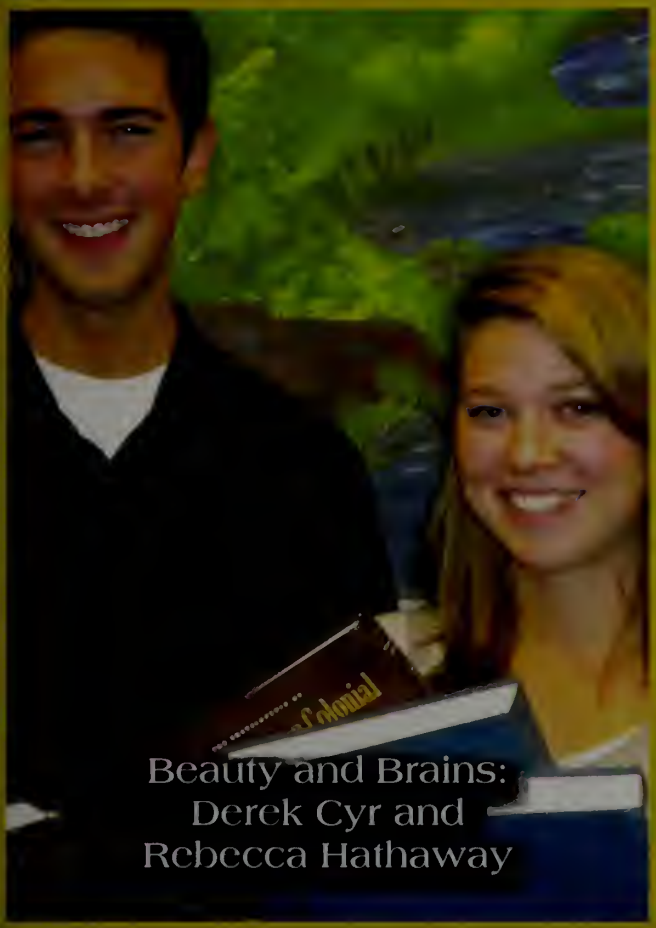


Most Changed Since 9th Grade:
Dan Ready and Kathryn Duggan



Cutest:
Doug Kauff and Jayme Yen

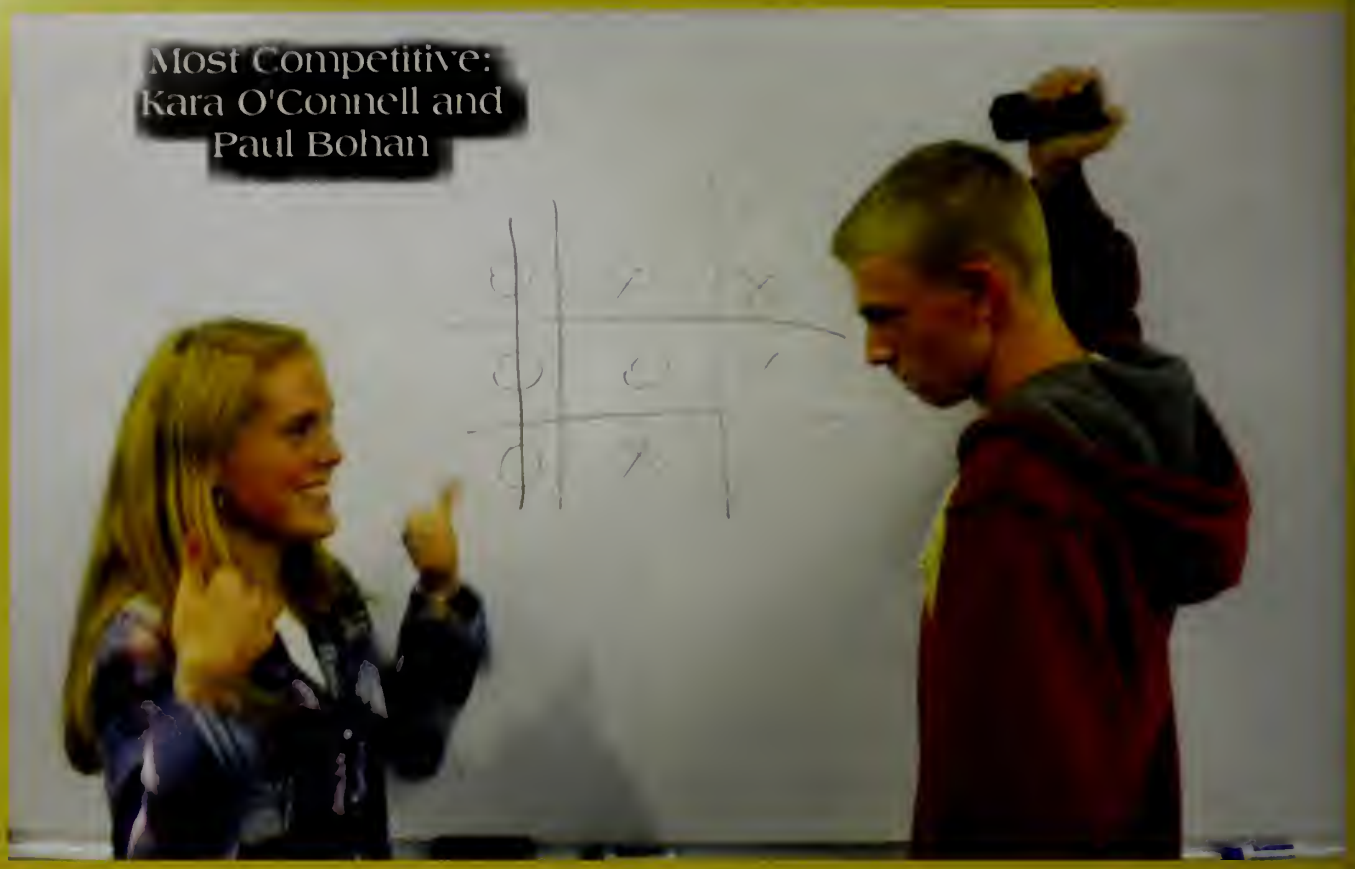
Highway Menace:
Trevor Brake and Haley DeMarco



Beauty and Brains:
Derek Cyr and
Rebecca Hathaway

Most Likely to Be a Teacher
at NHS:
CJ Whitcher and Liz Dwyer

Best Friends:
Lexi Bates & Leah Kelly and Chris Greene,
AJ DeBenedictis & Ted Greene

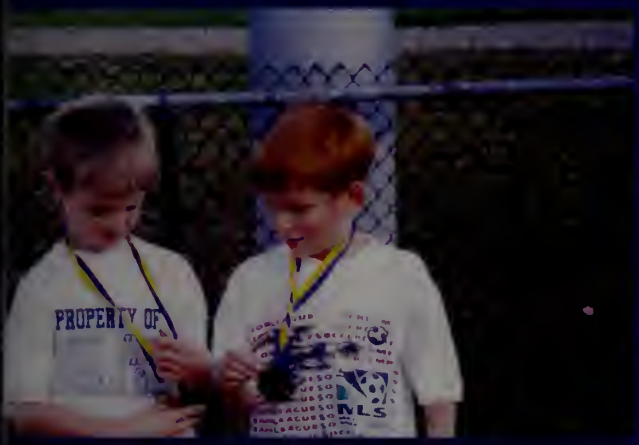


Most Competitive:
Kara O'Connell and
Paul Bohan

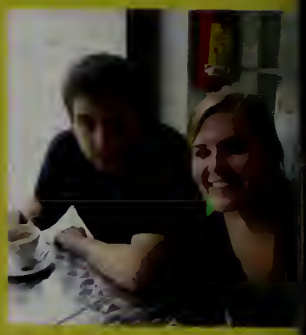
Most School Spirit:
Tim Breen and KC Lewis

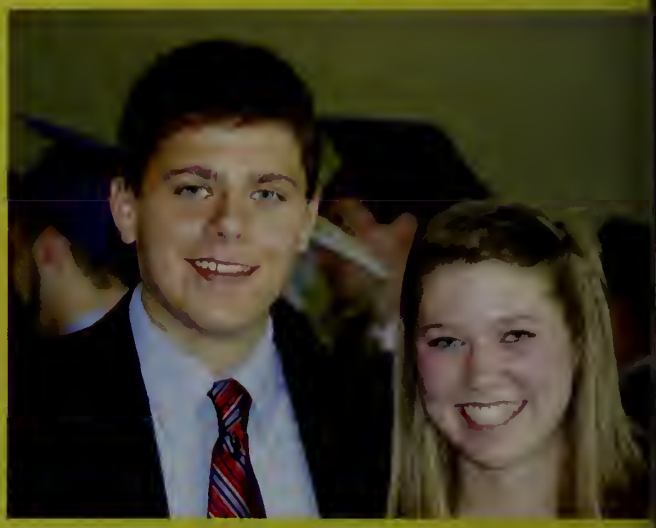
Broadway Bound:
Haley DeMarco and Connor Kane

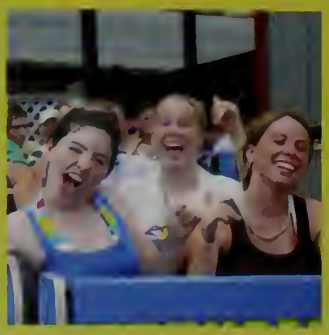
Senior Candids



Senior Candids

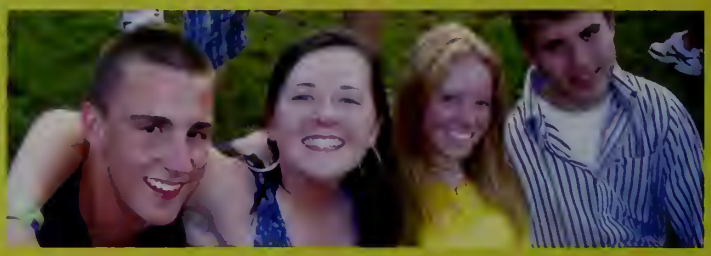


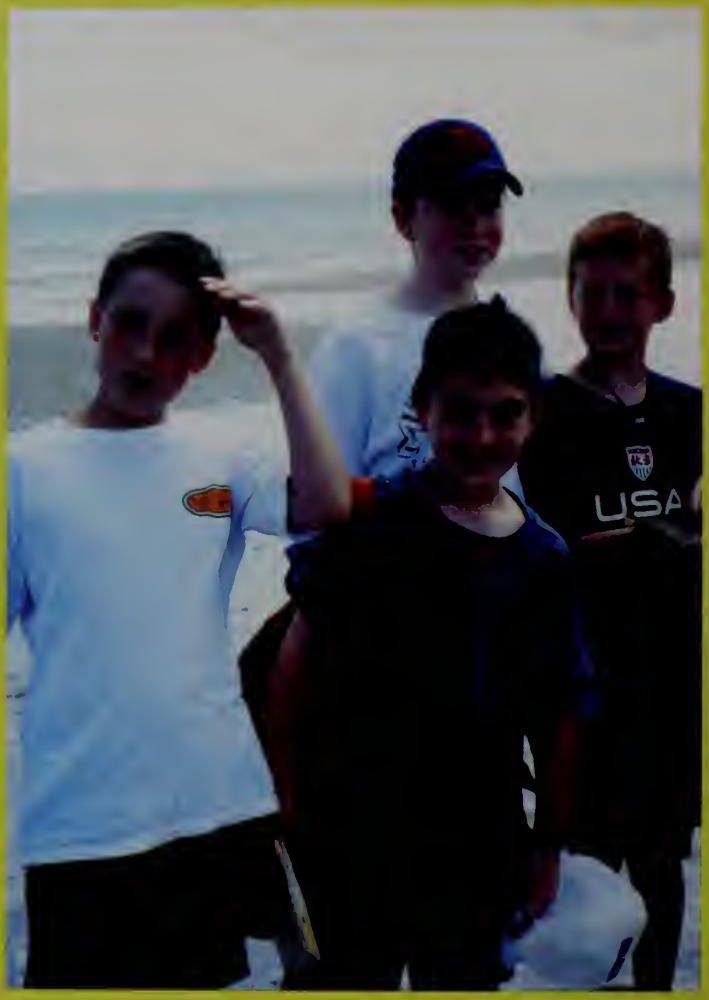




CLASS OF 2010

Senior Candids





Thank You

Maufate Istuniy Karrsa hamnida
Ashoge Hway
Mulpumesc Shukriyah
Grazie Tak Kiitos Arigato
Falemindert
Aitäh Danke Mahalo Gracias
Efharis
Hvala Alannan
Vinaka Dano
Aguije Ale Ale Achiu
Asante Jerejef Dziękuję
Mulpumesc Rek Dank Todah
Bayol Tangkyu
Barka Grasce Uninang
Yokoke Akpe Dalu
Zikomo
Musicho

Tobi Adebanjo

Football 1-2; Wresting 1-4; Spring Track 1

"*Life is too short to take seriously."*
-Jack Black

Thank you to all!

Keegan Allahyarian

Golf 1-3; Basketball 1-4; Tennis 1-4 (Capt.)

"Live Your Life." - Rihanna

I would like to thank my Mom, Dad, and Kay for everything they have done for me, I love you guys! Next, I would like to thank all of the teachers who have helped me become the student I am today. Also, I would like to thank all of the coaches who have helped me along the way. Best of luck to all of my friends. Congratulations to the graduating class of 2010!

Marie Antonellis

"Raise your glass high and let's throw out a toast to the road, where ever we go, we'll hold friends close and never let them go." -HTL

Wow, I can't believe it's finally the end of the road. I owe all my thanks to my family. Dad, thank you for all the wisdom and friendship. Mom, thank you for your love and encouragement. Thank you both fo always letting me be my own perso Hopey, good luck in the years ahea of you, you're gonna need it! Be good for mom and dad, I love you s much sissy. Lisa, Crystal, Sarah, Alexa, nothing over the years have separated us, we took every step together, you all represent a part of me and I love all you girls to death. Good luck next year Wing-gal! To my garage boys, thanks for 7 years of memories and friendship, you boys are the greatest. Thanks to Mr Lacy for your insight and understanding, I'll forever take with me the knowledge you've given me Later days NHS, good luck class of '10!

Zachary Arena

Zach

Football 1; Lacrosse 1,2,3;
Robotics 3,4;
Best Buddies 1,2,3

Nothing can stop the man with he right mental attitude from chieving his goal; nothing on arth can help the man with the rong mental attitude."
Thomas Jefferson

irst I would like to thank my amily for being there to help me hrough all those years and uiding me down the right path I ould not change one minute of . Second I would like to thank he entire class of 2010, you guys ave helped me so much over he years and I thank each one of ou for being a good friend and I ish the best of luck to all of you. know that the class of 2010 will ave a big impact on the world's ture. I will miss you guys, and ill never forget you.

Matthew Argiro

" Do, or do not. There is no 'try'. "
-Yoda

It has been a great four years at Norwell High School. I'd like to thank all my family, friends, and teachers for helping me get to this point in my life. I could not have done it without the help of every single one of them. Everyone has provided a different outlook or perspective on life that helped me through everything. To all my teammates on golf and robotics, it's been a great four years with many wins and great moments and I wish it would never end. To everyone in the class of 2010, good luck always wherever the future may take you.

Nicholas Aroyan

"When the going gets tough...the tough get going."
- John Belushi, Animal House

First and foremost, thanks to the Crew: Mike, Bradski, Justin, and SMurph. You guys are always keepin it real through thick and thin and I know we'll always be the best of buds. Another thanks to my older sister, Amanda, for helping me with my move to Norwell and taking me under her wing. I also want to thank my parents for helping me to make it to this point and providing me with everything I need...and my friend's parents for the several tons of food and soda we've consumed over the years. Lastly, I just want to make a promise to everyone that cares about me that I'll always keep my chin up, no matter what happens, and never will the day come when my determination to follow my dreams fade even the slightest bit.

Peter Bailey

Pete

XC 1-4 (Capt. 3,4);
Winter Track 1-4 (Capt. 4);
Spring Track 1-4 (Capt. 4)

"Gravity release me, and don't ever hold me down. Now my feet won't touch the ground." -Coldplay

Thank you Mom and Dad for supporting me in everything I do. I definitely couldn't have gotten this far without you. Kato and Liz- Thanks for all your advice and for paving the way for me. Thank you to my teachers, especially Miss Criss, over the years for helping me every step of the way. To all my friends- Thanks for all the good times these past years. I'll never forget you guys. Shannon- I'm so glad that you came here junior year. You're my best friend and I couldn't have made it through the year without you. Thank you Chuck for being a great coach for twelve seasons. To the XC FAMILY Past and Present- Each year's family has been extremely different, but you have all been a huge part of my life at NHS. Best of luck 2010!

Evan Barger

Johnny Thunder

Cross Country 1; Indoor Track 1,2;
Spring Track 1,2; Robotics 4

"Fourscore and seven minutes ago, we, your forefathers, were brought forth upon a most excellent adventure conceived by our new friends, Bill and Ted. These two great gentlemen are dedicated to a proposition, which was true in my time, just as it's true today. Be excellent to each other. And PARTY ON, DUDES!" - Abe Lincoln (From "Bill & Ted's Excellent Adventure")

Thanks to all who didn't annoy me throughout high school. You know who you are. What you accomplished is no easy feat! Good job!

Patrick Barrett

Pat, Pbear, Pbarrett, Pbizzle, Patrice, Bergeron,

Basketball 1-4; Baseball 1-4;
Football 1,2,4; Golf 3;
National Honor Society 3-4;
Best Buddies 1-4; Math Team 1-4

"Time you enjoy wasting, was not wasted." - John Lennon
Spanish: "A big day? Doing what?"
Frank: "Well, um, actually a pretty nice little Saturday, we're going to go to Home Depot. Yeah, buy some wallpaper, maybe get some flooring, stuff like that. Maybe Bed, Bath, & Beyond, I don't know, I don't know if we'll have time." *-Old School*

The last four years at Norwell High School have been some of the best. I'd like to thank all who have made my time here so great. Here it goes; first, thank you Mom and Dad for always being there for me and giving me advice when I needed it. You are both the reason for my success. Bill thanks for being such an awesome brother and friend, and especially for all the good times over the years. Thank you to all my teachers and coaches who have taught me so many life lessons. Lastly, to all my friends, thank you for all the good times we have had and are sure to have in the future. Good luck Class of 2010.

Alexis Bates

Master, Jello, McFlurry, Ping Pow Chicken

Cross Country 1-2; Basketball 1-4; Lacrosse 1-4; Equality 1-4

irst, I want to thank my family. Mom and Dad, thank you for upporting me, and supplying me vith the buidling blocks for my uture. Garrett, thank you for all f your brotherly gestures and dvice about life. I know I can lways look to you for guidance. o the Mediums, you will always e my best friends. You kept my eet on the ground and I don't now what I would do without ou. Leah, we've had so many nemories together. I love you, nd you will always be my best riend. Forrest, thank you for verything, I love you. Lastly I vant to thank all of my teachers nd coaches, Mr. DiTomaso and Mr. Marani especially. Good luck Class of 2010!

Paul Bohan

Bobo, Bo, Bo-money, Boh-Flex, P-Bo

Soccer 1-4, Basketball 1-4

"Admit his style isn't as bold and daring as it used to be."
-Tommy Dwyer

I would first like to thank my parents for helping me through high school and all the problems I have faced. I would also like to thank my Barstow Boys for everything. There have been so many good times over the years. I would also like to thank all my other friends that have helped me over the years, especially Curt, Chaz, Liz, Phil and Jill. Last but not least, I would like to thank Caroline for always being there for me, I will never forget you.

Trevor Brake

Trev, Travis

Winter Track 1-4; Spring Track 2-4

Thank you to all my friends, teachers, and family that have been good to me in my time in Norwell.

Carina Braun

Thank you for giving me the chance to have this wonderful experience! Thanks to everybody who welcomed me at your school! I know I will have a great year here in Norwell and I will enjoy every minute!! Also a lot of thanks to my host-family, the Knasas, I will never forget what you have done for me! Thank you so much!! I love you!
Mi piace!

Love,

Carina :)

Timothy Breen

Breen
Basketball 1; Football 1-4 (Capt. 4); Lacrosse 1-4; Best Buddies 1-4; Bowling Club 4; Invisible Children 4; GSA 4

"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.'"
-Muhammad Ali

Thanks to my family for their love and support. Thanks to my friends for countless laughs. Thanks Caroline for being a friend always. Thank you to the Scott family, DeMarco family, and the Delory family for my homes away from home. Thank you Lexi for love and support, always letting me have the clicker, and allowing me to go anywhere near photobooth. Thank you to everyone else along the way and best of luck!

Crystal Brooks

Environmental Club 1; Amnesty International 1,2

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be?"
- Marianne Williamson

I can't believe it's our turn to do this! The last 4 years have gone by so fast, I don't even know where to start with thank you's. I want start with my mom for being there for me through all the craziness thats gone on in the past few years. You have been my greatest supporter and I'm so glad you have been there to support me Mumsy! Thanks to my dad and sister, you have inspired me so much and I wouldn't be the same person I am today without you guys! I love you all. To my girls, Marie, Lisa, Sarah, Sydney, Kaleigh, and Marina, I honestly have no idea what I would have done without you guys over the years. You're all amazing and I wish you all the best of luck in the coming years. Alexa, have fun in your senior year! I'm gunna miss you. Finally, I'll thank all my teachers for helping me to stay on track. Good luck Class of 2010! Dave Peters...you're forever in our hearts and memories. We all miss you very much. Goodluck Class of 2010!

Jeremy Buckley

JBuck

Football 1,2,4; Hockey 1,2; Lacrosse 1-4

"Everything gets hotter when the sun goes down."
-Kenny Chesney

Thanks Mom and Dad.

Nicholas Caira

Nicky, Big N,
Little Caira, Cairapractor

Ski Team 1-4 (capt); Spring Track 1-4; Latin Club 1-4 (co-pres); Amnesty 1-4; Math Team 1-4; NHS 3-4; Band 1-4; Golf 1

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the winds in your sails. Explore. Dream. Discover."
-Mark Twain

Thank you to my teachers and Ms. Greene for helping me along the way. Also thank you to all my friends for making these last four years the best and most memorable. Most importantly, thank you to Mom and Dad. I really appreciate everything you've done for me. Ryan and Trevor, thank you for the motivational speeches and the guidance. I know I was hard to put up with, but you didn't give up. Looking back, it seems like only yesterday that we all looked at the banner in the spine that said "Frosh- 1,000,000 days left." Those final days are actually approaching and most of us are legally becoming adults, though we all have a lot of growing up to do. Good luck everyone! I hope to see you all in the future!

Erin Callahan

Winter Traclk 1-2, Spring Track 1-2, Environmental Club 3-4, National Honor Society 4

To my family, I love you. Dad and Mom, you've always pushed me to be my best and I appreciate everything you've done to get me here. You are my definition of success, and I'm so proud to be your daughter. Meghan, you are the strongest person I know. You're an amazing girl and I will always be here for you. Friends- Each and every one of you has influenced me. You all are incredible people and I don't know where I would be without your love and support. Julia & Katie- You've always been there, whether it's to listen to my rants or to give me a shoulder, you don't know how much that means to me. Steve-we look out for each other, I'll always be there for our 12am phone calls. Maeve- We made it through junior year. Ruth- you make me laugh. Alex- You mean the world to me. Your support, love, and care have made these past few years unbelievable, and I will forever cherish what we have. Class of 2010- WE DID IT! I LOVE YOU ALL AND WISH YOU THE BEST!

Jacob Campbell

Hockey 1-4; Soccer 1-4

As I graduate from Norwell High School I would like to thank all my teachers that have helped me through my high school career. Also I would like to thank my parents and sister who have always supported me and helped me make it through high school. Also I would like to thank my friends who are always there for me. Congrats Class of 2010!

Shiandra Cardosa

"Every story has an end. But in life, every end is just a new beginning"
-Anonymous

"Never live life with any regrets, because at one time, it was exactly what you wanted" -Anonymous

First I would like to thank my parents for all the help and support that made me who I am today. Also, for pushing me to do my best. I couldn't have made it without you guys. I love you! I also want to thank my friends for the memories that made my high school years so much more fun and worth while. (Especially Alexa, Amanda, and Oscar) I definitely wouldn't have made it through without you. I'm going to miss my second physics class :(. And lastly, thanks to my teachers who have dedicated their time to help me through all my hard work. Good luck in the future and congrats to class of 2010!

Joseph Carroll

Hockey 1-4; Golf 1-2; Lacrosse 1; Best Buddies 1-4

"*Heroes get remembered but legends never die*" *-The Sandlot*

I would like to start off by thanking my mom, dad, my grandmother, my brother, and al my cousins, aunts and uncles fo all of your support and guidance throughout my life. Also I would like to thank my cousin Sean for all your advice and being a good role model for me to follow and helping me get through high school. I also want to thank all of my teachers who I have had throughout high school. Last but not least I'd like to thank all of m friends who have made the past 4 years fun and exciting. Best of luck to you guys and good luck class of 2010.

Sarah Casey

Sarbear,Slar

Cheerleading 3;
Dance Team 3-4

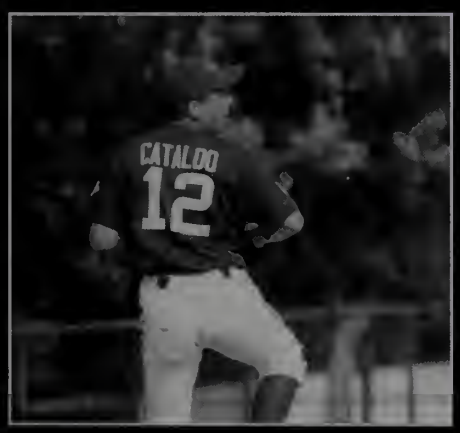
You can't improve on perfection."
-The Crew

I like to see you move with the rhythm; I like to see when you're dancing from within."
-Bob Marley

o all my guys in the crew, thank ou for making me happy and for ll the amazing times. I loved very moment together, and I love ll of you.To my ladies, you are all pectacular, we never have a dull me. Thank you for always being here for me; I love you girls. Ben, e good, have fun and good luck. 'ou're the best little brother! Mom nd Dad, I owe you so much, you ut up with everything I do. You elieve in me and inspire me to lo what makes me happy. I love ou so much. Thanks for veryone for making the past four ears unforgettable; I wouldn't hange a minute.

Andrew Cataldo

Thank you.



Patrick Collins

Pat, Paco, Collins, Pollins, Sprawlins, Big-Daddy Sprawlins, BD Sprawl, Pattycakes, William Wallace

Soccer 1-4; Lacrosse 1-4;
Wrestling 1; Indoor Track 2-4

"You can cry.Ain't no shame in it!" - Big Willy

"NO CAM! NO!"-me

"It's the freakin weekend baby I'm about to have me some fun."-R.Kelly

"senior dudes"-senior dudes

I'd like to thank my family for always being there for me as well as long time friends, Ted and Chris. Thanks to Senior Dudes, soccer, lax, winter track crew (special thanks to Mr.Lantier), and everyone else that doesn't fit into these categories.

Cory Conley

Cor, Corhor, Hardcor, Coco, Ccon, Darth

Lacrosse 1-4; Soccer 1-4; Basketball 1-2,4; Ski Team 3; Decibelles 1-4(capt.); Robotics 2-4; Dance Team 2-4; Invisible Children 3-4; Peer Ed. 3-4

"If you enter this world knowing you are loved and leave knowing the same, then everything in between can be dealt with."
-Michael Jackson

I want to thank my Mom and Dad for always being there for me and supporting me in whatever I did. I love you guys so much. Ali, thanks for always being someone I could talk to and always being my best friend. Enjoy the rest of high school. Love you! Bridget, keep doing well in school and enjoy the years you have. Love you Tubby! Britt, Kath, and Dennis, I love you guys so much; I couldn't have asked for better friends. I LOVE YOU GUYS! Squadron '09..."I've got a feeling" fball managers love you. Decibelles...remain a clique, I love you guys. Soccer and lax girls I LOVE YOU! Mr.Browne, Ms. Fox and Mr.Paine, thanks for everything. Class of 2010, good luck and thanks for all the years. PEACE.

Christopher Cubellis

"Chaos is the score upon which reality is written."
-Henry Miller

I would like to thank my family, Mom, Dad, and Marina, for always being very supportive of me. I would like to thank each of my friends; Ed for being challenged and an amazing guitarist, Ahmed for accepting himself as being the butt-end of jokes and for being a great guy to talk to, Evan for keeping it sexy, James for being a sarcastic genius, Alexi for being an odd yet insightful person, Martin for being an understanding and fun guy, and Jon for burning stuff up. Lastly, I'd like to thank Alexa for being an amazing girlfriend and for always being there for me. Anyone that was missed, thank you as well. lolnorwellrulez.

Marina Cubellis

Marmar

Amnesty, Art, Diversity

"Be who you are and say what you feel, because those who don't matte and those who matter don't mind."
-Dr.Seuss

Wow. I can't believe it's our turn to write these senior thank yous. I remember reading them when I was a freshman and having so many ideas of what I would write. Of course right now it seems impossible to put it on paper. Mom and Dad thanks for all the help. Chris thanks for listening to my random thoughts. Thanks to my friends for making these past four years the years I will never forget! The Rose family, you guys are the best. Emily, I don't think I can count all of the times I cried from laughing so hard with you. Kaleigh, Crystal and Chloe you guys are amazing friends. I'm so lucky to have you guys! To the underclassmen good luck and live it up. :-)

Bradford Cunio

Bradski

Wrestling 1-4

"...because I am a piece of halk, trying to make my mark n the blackboard of our ves." -Dave McWayne.

never thought 4 years would o by so fast! Great memories vere made with countless ights I will never forget. Sarno, Nick, Chase, Tavima, Murph, and Mike, there isn't a rew like us anywhere.

Amanda Curley

Softball 1-2; Cheerleading 2-4; Chorus 1-4; Navigator 4

"Remind us that we always have each other when everything else is gone." -Incubus

I can't believe that I have graduated. These past four years have been so memorable. I want to start off first by thanking my parents for making me the person I am today and for supporting me through everything. I love you with all my heart. Connor, even though we fight a lot you're an amazing little brother. Be good and enjoy high school. It goes by really fast! Also I would like to thank all my teachers for never giving up on me and for their guidance and help, I couldn't have done it without you. And last but certainly not least I would like to thank my friends for keeping me laughing and for always being there. Congrats Class of 2010! We did it!

Derek Cyr

D, Psycho D

Cross Country 2-4(capt.); Lacrosse 1-4; Winter Track 2; Peer Ed 3-4; Latin Club 2-4; National Honor Society 3-4

"I don't believe in Beatles.I just believe in me." -John Lennon

"How better it is to suffer whatever will be." -Horace

I want to thank first, foremost my family. Mom and Pops, I can't thank you enough for being who you are and supporting me through these four years. You've made me into the person I am today and gotten me through some of the hardest things I've ever had to do. I can't thank you enough for it. To Ryan, high school goes by faster than you could possibly imagine; just know that the best years of your life are up ahead. Thanks for sticking by me, bro. To all my friends, I want to thank you for every moment, laugh, and memory we've had together. In a few years from now, I don't know where I'll be, what I'll be doing, or who I'll be, but I'm certain that I'll always have a home and always have people here to remind me how life's supposed to be lived.

Lily Cyr

Lil

Lacrosse 1-2; Winter Track 1-2;
Invisible Children 2-4;
Peer Ed 3-4; NHS 3-4;
Decibelles 2-4

"We all have our time machines. Some take us back, they're called memories. Some take us forward, they're called dreams."
-Jeremy Irons

First off, I would like to thank my family for always being there. Mom, there aren't words to describe how amazing you really are. I love you so much! Dad and Kev, you're both crazy; thanks for always being by my side. Morgan, you're basically my sister and I love you even when you're really awkward. Decibelles, thanks for the deep talks, sleepovers, and obviously the dip. To all of my friends, thanks for all the fun times, you've all made high school worth while. And to the rest of the Class of 2010, good luck and live it up!

Laura Dargon

Dragon, Lobster, Dargon, Lowlyworm, Ldizzle, Dargs, Drags

Soccer 1-4; Track 1;
Best Buddies 3-4;
Chess Club 3-4

"You got a dream, you gotta protect it. People can't do something themselves, they wanna tell you that you can't do it. You want something? Go get it. Period."
-The Pursuit of Happyness

Sarah thanks for being such a good big sis. You're the best--so proud of you. Jack it might not show, but I'm really proud to have you as my brother, keep up the good work. Joe thanks for being the funniest person I've ever met. Boo thanks for being the best lil sis I could ever ask for. Mom and Dad thanks for putting up with me and for making me into the person I am today. I love you all to the moon and back. To all my friends, you know who you are, I love you all. Thanks to the Coggins fam for home number 2, love you guys. Chloe I could write a book on all the fun we've had, love you so much. Hugh you've become like a brother thanks for being you, love you dude. To all my juniors, underclassmen, and the class of '10 its been a blast, good luck! PEACE.

Chloe Davies

Art Club 3-4; Book Club 3-4; Navigator 3-4
Halyard 3-4; Environment Club 3; GSA 1;
Invisible Children 2; French Exchange 3;
Drama 4; Amnesty International 4

"But I don't want to go among mad people,' said Alice. 'Oh, you can't help that,' said the cat. 'We're all mad here."
~Lewis Carroll

"I may not have gone where I intended to go, but I think I have ended up where I needed to be." ~Douglas Adams

I'd like to say thank you to my family, for everything. Mum and Dad, thanks for the fun in supporting our bead habit, and for help with college. You are Pretty Funky. Conor, thanks for coming to craft shows and college visits. You are awesome. Henry, you can't read yet, but you are the cutest, happiest, little baby. Thanks for making life a lot more interesting. To all of my friends, close and far, thanks for all of the fun and weird things we have done. And will do. You know who you are. Thanks to all of my teachers, for all of that smart stuff you put into my head and all of that artsy stuff you helped me to find. I hope that everyone at college is as awesome as everyone is here!!

Emily Davies

Emma, Em, Emma Jean, Edaves, Edizzle, Angelina Jolie

Tennis 1-4; Basketball 1,2; Student Government 1,2; Invisible Children 3,4; Yearbook 4

Sometimes I wanna drop a tear but o emotions from a king." -Lil Wayne

irst off I would like to thank my family. lom and Dad, I admire both of you as arents and I know it has been hard but I m so grateful for all that you've done for ıe. Jess, I'm so glad that you're happy ı Tampa even though I miss having you round. Love you, say it back! My little oge man, you're the greatest little rother and I wish you the best, keep orking hard in school! I'll always be ere for you even after I leave, so never el alone. Nana, thanks for being a econd mother to me and always being ıy number one fan. You're the best randmother anyone could ask for and I eally appreciate all you do for our amily. Thanks to all my friends for the ood times, I would go crazy without eing able to joke around and have fun ith you guys. And thanks to all my eachers at NHS for providing me with ıe skills I need to move onto the next hase of life. Good luck Class of '10!

Ryan Deary

Big Bear, DearDog, Rusty, Ry, Brotha Deary

I've met a lot of people over the years but I still seem to have the same friends. That's the one thing that never changed, no matter what we went through, it was me and my crew. I've been happy and I've been sad, just like everyone else. Someone once told me we should stop trying to figure out where we're going and just enjoy where we are. You know who you are, thank you so much. To my mom and dad, thanks for not making me pay rent. To my teachers I'd like to say thank you. All those times I spent in the office I got to know one of the coolest people, Mr. Keegan. You helped me become who I am. And of course a special thank you to my second family, Luke, Dillon, Colin, Anthony and the rest of the crew I love you guys and thank you for never turning your backs on me.

Anthony DeBenedictis

AJ, Dabenz

Football 1-4 (Capt); Basketball 1-2; Winter Track 3-4; Baseball 1-4; NHS 3-4; Peer Ed 3-4; Young Democrats 3-4; Navigator 2

"We're going inside of 'em, we're going outside of 'em -- inside of 'em!outside of 'em! -- and when we get them on the run once, we're going to keep 'em on the run. And we're not going to pass unless their secondary comes up too close. But don't forget, men -- we're gonna get 'em on the run, we're gonna go, go, go, go! -- and we aren't going to stop until we go over that goal line! And don't forget, men -- today is the day we're gonna win. They can't lick us -- and that's how it goes ... The first platoon men -- go in there and fight, fight, fight, fight, fight! What do you say, men?"
-Knute Rockne

First I would like to thank my parents. You've helped a lot in every way possible. You've pushed and guided me into the right direction and I thank you for that. I would also like to thank all my teachers from pre-school to high school, you've made me a better student and a better person and for that. I can't thank you enough. Allie and Sarah thanks for always being there. You guys are special and you'll do just fine. Good luck and have fun without me. To all of my friends, the ones I've known since I was five till the ones I've met this year, thanks for everything you've done. All of you have made these past years some of the best of yours and my life. Good luck to everybody!

Christopher DeLugan

Delugs

""Look again at that dot. That's here. That's home. That's us. On it everyone you love, everyone you know, everyone you ever heard of, every human being who ever was, lived out their lives. The aggregate of our joy and suffering, thousands of confident religions, ideologies, and economic doctrines, every hunter and forager, every hero and coward, every creator and destroyer of civilization, every king and peasant, every young couple in love, every mother and father, hopeful child, inventor and explorer, every teacher of morals, every corrupt politician, every 'superstar,' every 'supreme leader,' every saint and sinner in the history of our species lived there-on a mote of dust suspended in a sunbeam." -Carl Sagan

I would like to thank my Mom and Dad for all the love and support they've given me over the years. I owe every bit of my success to their hard work and no words can express how grateful I am. Also, thanks to all my teachers and friends who helped get me through. High school is over, but life is only just beginning.

Haley DeMarco

Soccer 1-4; Ski Team 1-4; Spring Track 1-4; Decibelles 1-4; Best Buddies 1-4; Invisible Children 3-4; Enviromental Club 4

"Every beginning comes from some other beginning's end."-Semisonic

Thanks to my parents-You guys care so much about me succeeding and have always seen my full potential. Thanks for always giving me a big push in the right direction. You have never given up on me. Tessa, thanks for being such a great sister. You've always been able to put a smile on my face. Good luck with the rest of high school and have fun. Dani and Lexi-you guys are like sisters to me. It's weird knowing you're not always going to be two houses down the street anymore. It's been great knowing that I always have you guys to lean on. Thanks to all my friends for all the good times these past four years. I'm going to miss everyone next year, but I know we'll be able to stay in touch. Congrats guys, we made it!

Anthony DeMatteo

Guid

"You do your thing and I do mine. You are you and I am I. And if in the end we end up together, it's beautiful." -Me

"Now is the time for me to rise to my feet. Wipe your spit from my face. Wipe these tears from my eyes."
-Hatebreed

I can't believe we finally did it. After everything we've been through, we made it. Love for everyone in the crew. I wanna thank my family and friends, I don't know if I would have made it without you. Thank you Herm for always being my friend haha. Rest In Peace RBK, BC, Junior.

Peace.

Katie Dempsey

Kdemps, KTD

XC 2-3; Winter Track 1-2; Spring Track 2-3; Art Club; Enviroment Club

Maybe it's good to put things in erspective, but sometimes, I think that e only perspective is to really be there. ecause it's okay to feel things. And be ho you are about them."
– Perks of Being A Wallflower.

rst I have to thank my Mom. No mount of words or thank you's could be ough to let you know how much ou've meant to me through all these ears. You've always been there for me make sure I'm okay. You've supported e with every new dream and comforted e with every failure. To my whole mily you all mean so much to me, I ve you all. Jack- thanks for being the est brother ever- high school will be eat! Finally to my friends- Julia, Erin, ly, Morgan, Nicky, Blair and John, you uys mean the world to me. I couldn't ave made better friends over the past 4 ears. I will always remember what you ean to me and how happy you all have ade me. Class of 2010, I wish you all e best of luck with what the world has offer.

Stephen Dickey

Dickey

Football 1-3

"What the barnacle?!"
-Spongebob

To my family thank you for everything; especially you, mom and dad. Thank you for Major League Baseball and for making good hats.

Ashley Donlan

Ash, Ashbashpotatohash, Dunah

Soccer1-4; Spring Track 1-4; Basketball 1-2; Swimming 3; Best Buddies 1-4; Dance Team 1-4; NHS 3-4; Peer Ed 3-4; Student Government 1-4

"Life is nothing without friendship."
-Marcus Tullius Cicero

"Life is like a coin. You can spend it any way you wish, but you can spend it only once."
-Lillian Dickson

Thank you to everyone who made my high school experience something I'll never forget. Mom and Dad - Your unconditional love and support has gotten me through these past 4 years, I couldn't have asked for better parents! Shane- Thanks for always making me laugh and never bored around the house, good luck next year! Patrick and Rachel- You always know how to make a boring family party fun, love you guys! Thanks to all my friends who have made these past four years amazing. All the laughs, tears, endless nights, and crazy nights, and crazy times we've shared has made high school unforgettable. Ms. Criss- Not only were you a great teacher but you were also my coach and friend, I'm so thankful to have gotten so close with you. Good luck and Congratulations Class of 2010!

Shane Donlan

Shane-Saw, Shaneless Steal, Shay

XC 1-2; Hockey 1; Spring Track 1-4; Golf 3-4; Ski Team 3-4; Winter Track 2

"In this great future, you can't forget your past." - Bob Marley

"Rule #76: no excuses, play like a champion!" -Vince Vaughn

I'd like to thank my parents for always supporting me throughout the past 4 years at NHS. You two have always been there for me and I couldn't thank you enough for that. Ashley and Patrick, thanks for being the best siblings I could ask for. You guys have always been there to make me laugh and we always have fun together. To all my friends, thanks for all the good times we've shared and hopefully the road doesn't have to end here. Lastly, thank you to all of my teachers and coaches who have helped me throughout high school. Good luck class of '10. Keep it real.

Adam Donoghue

Football 1; Spring Track 1-4; Winter Track 1-2; Best Buddies (VP) 3-4; Young Democrats 3-4; Environoment Club 3-4; Invisible Children 3-4

"Have you ever thought there's more to life than being really, really...really...ridiculously good-looking?" -Zoolander

"I'd rather laugh with the *sinners, than cry with saints." -Billy Joel*

To my teachers and coaches, thank you. You have taught me more than what is in the books. Thank you to all of my friends. We always find a way to have fun no matter how simple or stupid it is. I couldn't ask for a better group. Brian and Kileigh, thank you for being my biggest role models. Mom and Dad, I can never repay you for all the love and support you have given me. Congratulations and good luck to the Class of 2010, thanks for the memories.

Paul Donovan

Donovan, Dunny, Donny, Dunbars of soap, Dondon Donosaurus van, The Don, Laxbro, PDLax, Girth, Garth, Garth Brookes, Paulwog, the mini Dude, D-man, Pooh, Popaloops, Paul

Football 1,2,4; Lacrosse 1-4; Basketball 1-4; Robotics 3,4

"The future is no place to place you better days." -DMB

I'd like to thank my Mom and Dad fo always doing everything they possibly could to help me and push me to succeed. I would like to thank Andrea for being a loving and caring sister and Pete for being one of my best friends and great mentor. Without their love I don't know wher I'd be today. Thanks to all my friend for all the great times and many nicknames, especially Dan, Pat, an Clay. To all the teachers that have helped me become a better athlete and person. Lastly, I would like to thank Kara.You have been one of my best friends and I care so much about you. I know that you will do great things. I love you. Good luck t the class of 2010.

Kathleen Doyle

Beanie, Kleen

Basketball 1-4; Soccer 2-3;
Lacrosse 1-2; Tennis 3-4;
'earbook 3-4; Peer Ed 3-4; NHS 3-4

hanks Mom and Dad for always
eing there for me. You've done so
nuch for me and I appreciate
verything. I love you both. Al and
teve- I could not ask for better
rothers. You have both influenced
ne in different ways and I know I
an always count on you. Thank you
or guiding me in the right direction
nd setting high standards to follow.
'o all my teachers and coaches,
hanks for your support and wisdom.
'hanks to all my friends. We've had
great four years and high school
vould not have been the same
vithout you guys. I will never forget
ne memories we have made
ogether. Good luck to the classes of
11, '12, and '13. Congratulations
lass of 2010! Best of luck next year!

Colin Duffney

Thank You.

Kathryn Duggan

Kduggs, Kath, DOOOGAN,
Han Solo

Swim Team 2-4,
Robotics 2-4,Yearbook 3-4

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light not our darkness that most frightens us. Your playing samll does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine as children do. It's not just in some of us it is in everyone and as we let our own lights shine we unconsciously give other people permission to do the same. As we are liberated from our own fear own fear our presence automatically liberates others." -Marianne Williamson

I want to start by thanking my parents. Thank you so much for motivating me and pushing me to my fullest potential, I love you both so much. Elizabeth, I love you and you're the best older sister I could ask for. Jenben and Evbev, you guys are practically family, thanks so much for everything and Ev enjoy senior year. Katie, I'm going to miss you so much. Thank you for everything these past 17 years. I know we will stay friends no matter what. Cory, thanks for always being there and making me laugh, love ya. Britty you've become one of my best friends thanks so much for everything especially the food runs. PL and all my other friends, thanks for making these last four years so much fun. Squadron 09...so successful. Congrats to Seniors 2010!

Elizabeth Dwyer

Liz, Dilly, Lizzy

Field Hockey 1-4(capt.); Peer Ed (3-4); Student Government 2-4; Invisible Children 3-4; Yearbook 4

Thanks Mom and Dad for everything over these past eighteen years. Dad-thanks for coaching me and keeping me in line. Mom-thanks for being my best friend along the way. I am so thankful for you and everything you have done for me. Meg-thanks for letting me steal your clothes and for being such a good sister. Good luck with the next two years and have fun, it goes by so fast. Jack and Joe-thanks for always entertaining me and making me laugh..love you guys! To all my friends-thanks for the years full of memories, laughs and good times. I am thankful for all of your friendship. Schad-thanks for being my mom away from home these past years. I am going to be so lost without you next year! Thanks for everything. Stephen-thanks for always knowing how to put a smile on my face, there's never a dull moment with you! I;m going to miss you a ton next year. Class of 2010-it's been quite a ride! Have fun and good luck!

Thomas Dwyer

Tommy, tdwy, earthtones

Lacrosse 1-4 (Capt.); Basketball 1-4; Young Democrats 3-4; Environmental Club 3-4

"They've done studies you know, sixty percent of the time, it works every time." -Brian Fantana

Class of 2010 it has been swell. I want to thank all of my teachers who helped me over the past four years. Mom thanks for everything, you cook really good food. Thanks Dad for always supporting me in whatever I did. Mike, Meg, Molly I couldn't ask for better older siblings, I love you guys. Thanks Mike Steele for just being Mike Steele. My friends, thanks for all the good times over the past twelve years. Bohan my recess soccer team was better than yours in second and third grade. Liz thanks for being a second mom. Kate and Kara K-12. Class of 2010 if you get the chance to sit it out or dance I hope you all dance. Have Fun Norwell.

Michael Fanning

Mike, Mikey, FanMail, Fanning, Clams, Mig

Football 1-4; Wrestling 1-4; Lacrosse 1-4

First off thank God it's done. Mom I'd be no where in life with out you; I put you through so much and I cant even begin to thank you for all that you've done for me. You are truly an angel. I love you. Dad you gave me everything. I appreciate everything you told me, every bit of advice goes to heart. You're the best. Kara you're the best sister, you know I love you. My friends for being there every time I needed to talk. The Crew for all the good times we have had and will have. Ryan, Anthony, Luke, Alex, Kaleb, Robbie, and Sarah, you guys are true friends. ALL the Lax Bros. Becca, I'll never forget all that you've done for me, you will always be in my heart.Thank you. Then we have Ms. Field, I don't think I'd be going to college if not for your guidance. Thank you for everything. Anyone I didn't put in you, know who you are. Thank you for everything.

Clay Ferguson

Claymation, Fergalicious, Turd Ferguson

Football 1-2;
Hockey 1-4 (capt.);
Tennis 1-4; JSA 4

lay Ferguson is the greatest man being to ever walk this Earth. e truly is Gods gift to Norwell High hool" -Anonymous

Woo Woo Woo Kenny Wu!" -Mighty Ducks

e had a great time at Norwell High hool and would like to thank my mily for helping me through these st four years. Mom, Dad, Graham, ex and Anna, you guys have been eat and I really appreciate all that u've done for me. Thank you to all e teachers at NHS for helping me y focused and out of trouble. And ostly my friends for making school joyable. Senior Dudes, it's been d. Good luck everyone and member to buckle up.

Shannon Ferguson

Shan

Cross Country 3-4;
Winter Track 3-4;
Spring Track 3-4

"I feel my time, my time has come. Let me in, unlock the door. I've never felt this way before. The wheels are turning, the drummer begins to drum, I don't know which way I'm going, I don't know which way I've come."
-Till Kingdom Comes, Coldplay

To my parents: Thanks for putting up with everything, the late nights, the stress, for being my tutors, and always cheering me on in everything. Ash and Gail I wouldn't have survived without you guys...thanks for all the advice you've given me throughout my life and listening to me when I complain on the phone. Thanks to all of my friends for making these last two years here amazing. Scavenger hunts, hide and seek, and backyard football. Thanks to both XC groups. You guys made running fun, which is nearly impossible. Volleyball, Starbucks, and the jetty!! Pete I can't imagine the past two years without you. I consider you my brother and I know we'll be friends for the rest of our lives.

Dillon Fitzgerald

Dfitz

"It was never truly about who was the hardest, rather instead who was real. At times we were disillusioned, but I can now say that we are grown, and we have learned that in order for us to become accepted, we must accept others. We never meant for it to be what it was, but what it's now become is a mutual respect. No regrets, No apologies" -Me

Wow, the end is here. To Mr. Keegan: thanks for understanding me and helping me become a better person. I need to thank my family for the support through the rough times, especially my grandparents who brought me to this town and raised me to be a good man. And to my brothers, The Crew, I don't know what to say. You guys are my 2nd Fam and you all had the biggest impact on my life. I will never forget the times we've had and the future we will have. Never divided, always united: The crew will forever live on through these friendships. Thanks for the memories everyone. R.I.P Stephen, RBK, BC, and Jr. Peace!

Andrew Fitzmaurice

Hockey 1-4; Golf 1-2;
Baseball 1

"Carpe diem"

First I want to thank my family for supporting me for the last 18 years. Thanks Mom, Dad, and Emily for always being there for me. I would also like to thank my friends Ryan, Jake, Joe, Andrew, and Mike. My high school experience was great and I would like to thank Ms. Rheault for all her help during the four years I was here. Thank you Ms. Cortright for being the best math teacher in school. Finally, I would like to thank Coach Casagrande, Coach Doyle, Coach Hurley, and Mr. Paine. GOOD LUCK CLASS OF 2010!!

Kelly Fleming

Kel, KFlem, Flemdog, Limbs, FlemingLeming, Kelly Slutsky

JSA 1-4; Mock Trial 1, 3, 4;
Basketball 1, 2;
Environmental Club 3, 4;
Young Democrats 1-4;
Invisible Children 3

"Any fool can make a rule, and any fool will mind it." -Henry David Thoreau

"Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life; define yourself."
~Harvey Fierstein

I would like to thank everyone who helped make my four years at Norwell amazing. Thanks Mom and Dad for putting up with me and helping me achieve every goal I set for myself in high school. Pat thanks for being a wicked obnoxious brother because without you I would never have pushed myself as hard as I did. Although I am insanely jealous of you, if I am just half as successful as you are I wil be extremely happy. To my friends I really don't know how I could have survived without you. Thank you for putting up with my insanity and my stupid ideas. I will always remember our dance parties, "study groups" and laughing until my stomach hurts and then laughing some more. To my teachers, thank you for your guidance over the past four years. The past four years have been crazy, fun, and dramatic but I loved every minute of it.

Erin Foley

"If ever there is tomorrow when we're not together...there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is, even if we're apart...I'll always be with you."
-Winnie the Pooh

Thank you to all of you who have helped me through my high school years. Thank you Mom and Dad for all that you have been through with me. I know I wasn't the best or the easiest at times but you two never left my side for a minute! That means so much to me I love you both so much!! Thank you Allie for being my older sister and always being there for me when I needed someone to talk to no matter what time of the day. Thank you Gayle for being my little sister and being the one to make me (and my friends) laugh so hard in the hallways and at home! It's been real kid. Thank you T.J. for being my little brother and always being there and good luck at B.C. High! I am so proud of you! Thank you Jane and Hannah for being my best friends since elementary school! You two are my best friends and I love you for that! And to Ms. Boyer. You helped me through a lot of stuff through these past four years and I just want to let you know that your advice has helped me in so many ways! And to all my friends who I have not mentioned.. Thank you all for being there for me and you guys will always be a part of my life!

Jenna Frehill

Baby J

Be who you are and say what you feel ecause those who mind don't matter nd those who matter don't mind."
-Dr. Seuss

Iom and Dad thank you for always eing there to help me through verything, you both are so important to ne. And my whole family for supporting ne in all my decisions. Without all of you wouldn't be the person I am today. Ieir, I want to thank you especially ecause you are the person who really elped me find my true person, thanks or always helping me. Thank you to all ny friends who have been there to help ne through everything, love you all! Mr. Browne, I don't know what I would do vithout your advice, you are, and always vill be, my favorite teacher and coach. Connell, thank you for always being here when I need someone to talk to. Thank you to everyone for standing by ne.

Brittany Garrity

Curly Freak, Britt, Bert, Brittany, Booboo Kitty

Life's tough, get a helmet." -Boy Meets World

"I'll never rely on common knowledge. Or common denominators. Or even common sense, for that matter." -Josh Kilmer-Purcell

Writing this is abnormally difficult. Most importantly, Mom & Dad- thank you for supporting all my dreams and for having more faith in me than humanly possible. Kendra and Brian, you have all the time in the world, so enjoy it! As for my friends, I can't possibly say all I have to in this little space. Cory- I couldn't ask for a better friend. Dennis- I don't even know what to say except thanks for always brightening my days. Kath- Thanks for all the food runs and for always listening! Reb/Mike/Charlie, you've never failed to make me laugh or eat my pizza. Squadron '09- "I've got a feelin'". To all the PL's and all my other friends- nothing would have been the same without you, I love you all. Stay brilliant and remember: "You are braver than you believe, stronger than you seem, and smarter than you think" -Winnie the Pooh.

Peace out NHS and good luck to everyone!

Christopher Geany

Gean Train, nnnngeeeeaaany, Dan Burke, Geanstopher

Cross Country 1-4;
Ski Team 1-4(C);
Spring Track 1-4; Band 1-4

Gabriella: "Well, hold on a sec. Did you really throw that vanilla shake in Val's face?"
Brink: "Chocolate"
Peter: "How did it feel?"
Brink: "It was cool and it was SWEET!"
-Brink

Congratulations class of 2010! Good luck to you, as well as all the rest of Norwell High School. This has been a wonderful environment to learn, as well as grow up in. Thank you so much to all the faculty that ever had to put up with me in class, for preparing me for whatever future lies ahead. Thank you as well to the students, who made my entire life what it is now. Without the great break from work that my friends are, I never could have made it, thank you all. And most importantly thank you to my parents for making me do all the things along the way that I didn't want to do. You were right, it was all in my best interest. Senior dudz, it's been fun.

Hope Goslin

Hopey G

Track 1; Latin Club 1-2; Band 1-4;
Peer Ed 3-4; NHS 3-4

"When you get the choice to sit it out or dance…I hope you dance"
~ Lee Ann Womack

Mom, Dad, Katie, and Anna, thank you for everything you have done for me- you're truly the best! The house is always filled with laughs and love. Aunt Carole, David, Grammy, Papa, Aunt Sara, Uncle Bruce, Liam, Aubrey, and Nana, you don't know how wonderful your support and love has been! Your doors have always been open for me. To all my friends, I will miss you so much! We have had so many great times and laughs. To the band, I don't know what you'll do without your key players- Maria and I! I wish the best of luck to the class of 2010, and to the other students and faculty at NHS. It has been wicked awesome!

Christopher Greene

Chris, Greene

Football 1-4; Basketball 1;
Winter Track 2-4; Lacrosse 1;
Spring Track 2-4

I would first like to thank my parents for always being there for me and for shaping me into who I am today. I also want to thank my brothers, Ted and Dan, for helping me with whatever I needed. I would like to thank my teachers for getting me through these last four years and my coaches for making me the athlete I am today. Lastly, I would like to thank my friends for making these past years exciting and enjoyable. Good Luck Class of 2010!

Edward Greene

Lacrosse 1; Basketball 1;
ndoor Track 2-4; Outdoor Track 2-4;
Football 1-4

'Every step is a new adventure."
-Pat Collins

Thanks everyone. Good luck next year!

Colin Gunning

Gunning, C2Gunns32

"That's life"-Dad
"Let's just meet at the center."-Me

Thanks to all my friends and family. Thanks for the support and all the laughs.

Sydney Haber-Mattie

Syd, Skeeter, Seeeeed

JV Field Hockey 1-2;
Softball 2

"*Be who you* are and say what you *feel because those who mind don't matter and those who matter don't mind." -Dr. Seuss*

My four years at Norwell High School have been far from easy but my parents have been there for me, encouraging me to never give up. And my friends, well, they are probably the most special people in my life; so thank you. I also want my teachers to know that I appreciate all the hard work they have done to make my time at Norwell worthwhile. The path I've walked has been quite interesting, and I would have never gotten to this chapter in my life without any of these people. Thank you again everyone for helping me finish this chapter of my life. I cannot wait for the next!

Shane Hager

Symphonic Band 1-4;
Pep Band 1-4; Jazz Band 4

"Don't believe in the you who believes in me. Don't believe in the me who believes in you. Believe in the you who believes in yourself."
-Kamina, Tengen Toppa Gurren Lagann

"If I had a world of my own, everything would be nonsense. Nothing would be what it is, because everything would be what it isn't. And contrary wise, what is, it wouldn't be. And what it wouldn't be, it would. You see?"
-Alice, Alice's Adventures in Wonderland

"A child of five would understand this. Send someone to fetch a child of five."
-Groucho Marx

"I'm an idealist. I don't know where I'm going, but I'm on my way."
-Carl Sandburg

I've got a good many people whom I'd like to thank for helping me get this far in life. So many, in fact, that I don't believe I can remember all of them. Thus, the first group of people I wish to thank are those whom I should thank, but didn't. Except that I am, because I wanted to, but couldn't, so I did. Yes.

To both of my parents, my older brother, Cole, my little sister, Chloe, and all my good friends, I owe you all more words of gratitude than I have thank-you space for. Seriously.

McKenzie Hagney

Mac hag, Mac hagglesworth, mother goose

"What I want and what I need will always be free" -Brandon Boyd

"What lies behind you and what lies in front of you, pales in comparison to what lies inside of you." -Ralph Waldo Emerson

I want to thank my family, I know I can be a handful at times so thank you for putting up with me. Dad, you're my best friend. I wish I could be more specific, but friends you are everything I am and you're all a part of my family. You're all blessings in my life. My girls it's been a wild ride, I wouldn't change a minute. My list of brothers, thank you for keeping an eye on me, I'm always here. A big thank you to all my buddies that never grew up, thanks for sticking around and lending your wisdom. What I am trying to say is it's been interesting to say the least and I owe all of you surrounding me a sincere thank you for that. Peace

Monica Hanley

"Try to realize it's all within yourself, no one else can make you change, and to see you're really only very small and life flows on within you and without you."
-George Harrison

I would like to thank my family, especially Lawrence, for being so supportive and pushing me in every direction to be the person that I am today. I would also like to thank my teachers, especially my music teachers, for inspiring me and never letting me give up. Lastly to my friends-thank you all so much for helping me with everything along the way and for putting up with me. Good luck with everything!

Ashley Hanlon

Thank you to my family, my friends, and my teachers for helping and supporting me through these four years of high school.

Sarah Harding

Gymnastics 1-4; Cheerleading 2-4; Softball 1; Basketball Manager 1; Soccer Manager 1

"As people grow up, they realize it's less important to have more friends and more important to have real ones." -Lauren Conrad

Thank you mom and dad for all the love and support you have given me over the past 18 years. You have inspired me to do things I never thought were possible. Amanda, good luck with everything- I love you. Rheault and Nursie-I love you both. I appreciate the support you have given me for the past 4 years. Cheer girls- good luck next year! To all my friends-thank you for all the memories and laughs. I love you all. Vanessa Durgan, my best friend always-thank you for always being there for me, I love you! Congratulations class of 2010 and good luck!

Rebecca Hathaway

Reb

Best Buddies 1-4; Student Gov 1-4; Ski Team 2-4; Cross Country 4; Spring Track 2-4; Soccer 1-3

"What we do for ourselves dies with us. What we do for others and the world remains and is immortal." -Albert Pine

Thank you to the coaches and teachers who have helped me these past four years, especially Ms. Criss, you've become more than a teacher but a friend. To all my friends- thank you for making the past twelve or so years so much fun and for always being there for me- good luck with everything you do! Tim- thanks for all the fun we've had, you're the best! Patrick- I'm going to miss you next year, I don't know what I'm going to do without my singing partner! Good luck & have fun the rest of high school. Elizabeth thanks not just for being the best sister but for being a great friend I love you! Lastly thank you Mom and Dad for always being there for support AND for fun. I love you both!

Rachel Hayes

"Don't be afraid of death Winnie. Be afraid of an unlived life." -Tuck Everlasting

"All the world's a stage, and all the men and women merely players: they have their exits and their entrances; and one man in his time plays many parts, his acts being seven ages." -Shakespeare

I would like to thank my Mom, Dad and sister, Jackie. Mom and Jackie, you are my best friends, you can always make me laugh and I can confide in you like no one else. Dad-you have taught me that "there is no substitution for hard work," and I will always keep that with me! Thank you guys for being so loving and supportive, I wouldn't have been able to survive my high school years without you! To my close and long-time friends, it's been really fun and I hope to see you all in the future! Ms. Cortright, you are the most interesting teacher I know, I now know trig, calculus and how to cook ganache. Thank you Mr. Gonaitis for being so involved with JSA and for teaching AP Gov! Now onto the next adventure. Here's to looking at you class of 2010, we did it!!

Timothy Healy

Tim

Surf Culture 1-4; Soccer 1-4; Tennis 1-4

I want to thank my family for all their support and encouragement, and Rebecca for her friendship.

Stephen Herling

Steve, Sherling, Captain Steve, Steve-o, Stevebomb

Cross Country 1-2; Swimming 1-4 (capt.); Track 1-2; Environment Club; Young Democrats; Invisible Children; Vietnam

"It was the best of times, it was the worst of times."-Charles Dickens

"Hold your glass high, hold it in. Never betray the way you've always known it is."-The Shins

I'd like to thank anyone that I've hung out with in the past four years. Thank you Mom and Dad for putting up with me and supporting me no matter what. Ryan- thanks for the help you've given me when I needed it. Erin- you're my best friend. I don't know where I would be without you. Liz-you're the best, I have to thank you for putting up with me as well. Nam '08- thanks for the great time. Lozan and Schad- thanks for being there. Last but not least I'd like to thank the Barstow Boys. It's been a great four years; it's a shame to have this coming to an end. To the underclass- carpe diem. Peace.
PS- Thanks for the Audi, Kauff.

Christopher Hines

Hinesy

Robotics 1-4; Math Team 1-4;
National Honor Society 3-4;
Hockey 1,2,4

"Anyone who has never made a mistake has never tried anything new." – Albert Einstein

I would like to thank my parents, my sister Mikayla, and all of my teachers for making my high school years a great experience. Thank you Mom and Dad for always being there for me and helping me out when I needed it, and thank you Mikayla for being a great sister. I would especially like to thank Herm and Kwol and the entire Robotics Team for giving me so many memories. I had some of the most fun times of my life with Robotics. Thank you guys and good luck to the rest of the team in the upcoming years. Good luck to the class of 2010!

Emily Hoffman

Ehoff, Em

Soccer 1-3; Softball 1-2;
Basketball Manager 1-2;
Hockey Manager 3

"All that we are is the result of what we have thought: it is founded on our thoughts, it is made up of our thoughts. If a person speaks or acts with an evil thought, pain follows him. If a person speaks or acts with a pure thought, happiness follows him, like a shadow that never leaves him." –Budda

"Choose the day and choose the sign of your day, the days divinity."-The Doors

First, I would like to thank my parents. You have been there for me through everything; you guys will always be my inspiration. I love you guys so much. Katherine, enjoy the rest of middle school and high school, get good grades and be yourself, love you. Adam, I've always looked up to you bro, you're the best! Thanks, I love you. Victoria Rose, you will always remain my best friend, we've been through everything and I love you to death. My girls-and everyone else, love you and good luck next year, I wish you the best! Kyla, Leah, Meech and Leanne, love you guys, and everyone else of '09, you made high school so fun, I'll never forget you! To all my teachers, you have helped me so much, thanks! Ms. Rheault, you kept me organized through these past 4 years, couldn't thank you enough. Mr. Keegan, thanks for being so supportive! Good luck class of 2010, WE DID IT!!

Julianne Holland

I want to thank my parents for always supporting me and my crazy ideas. I also want to thank my amazing grandparents for always being there for me. Thank you to all my friends and especially my best friends Krissie, Jess, Erin, Mike, and Chase for being with me through thick and thin. To my cousin and my other half Ashly, from cribs to beds, water shoes to heels, from Dr. Seuss to Cosmo, scraped knees to broken hearts, first steps to first kiss you've been by my side through it all, love you babe! Congratulations class of 2010! Good luck!

Kaitlyn Howard

Katie, Kpresh, Kane

Cross Country 1-4 (capt.); Spring Track 3, 4

"One day your life will flash before your eyes. Make sure it's worth watching."-Anonymous

To my family-thank you so much for everything you've done for me. Mom, thanks for being my best friend and always being there for me. Dad, thanks for the support and putting a smile on my face. I love you both. Krint-thanks for giving me someone to look up to. Daff-thanks for being the funniest person I've ever met. I love you both, you're my best friends in the whole world, I'll miss you! Kath, you're the best. Thanks for everything, I love you. V- I love you, thanks for being a sister to me. Thanks to my awesome friends. I'll never forget all the laughs and good times we've had. My memories of growing up with all of you are countless. PL's- love all of you, thanks for the best times of my life. XC-thanks for the memories. Keep up the title. Squadron '09..hahaha. [Howard+Mahoney=LOVE] To all of my teachers, thank you so much for everything you've taught me. And to Class of 2010, there's never been a dull moment, I'll miss you. Good Luck!

Olivia Huie

Lacrosse 1-4; Cross Country 1-2; Indoor Track 3; Basketball 1-2

"Maybe the best thing is to stop figuring out where you're going and just enjoy where you are."
–One Tree Hill

Wherever I go and whatever I decide to do I know my family will be there to support me. Mom and Dad, I want to thank you for everything, you've given me so much. Lex-you have been like a sister to me, we have so many good memories that are unforgettable. I would also like to thank all my teachers who have helped me through high school, especially Ms. Field for never giving up on me and pushing me to do my best. To all of my friends who made the unforgettable memories during my high school years. Class of 2010- we did it!

Philip Johnson

Phil, Phillmatic, Philly cheese steak, Phillipe

Soccer 1-4 (capt.); Track 1-3

"I think 'it's' done."
-Phil Johnson

Thank you mom and dad for all your support. You've helped me out immensely through the last 12 years of school and I couldn't have asked for more. Good luck Dylan with the rest of the years of school and stay out of trouble. Thank you to all my teachers and coaches who have helped me to have a good high school experience. And I want to especially thank the senior dudez for a great 4 years.

Patrick Johnston

Pat, PJ, Patty J, Tippy Dangler

Football 4; Hockey 1,2,4;
Lacrosse 1-4 (capt.)

'Imma do just what I want, lookin` ahead no urnin` back. If I fall, if I die, know I lived it to he fullest. If I fall, if I die, I live and missed some bullets." -Kid Cudi

To all my family on the east and west coasts, hanks, you have always been there to support me through the good and the bad. Mom-you have been the most reliable person n my life, I can always turn to you for advice and comfort, and for that I can never thank you enough. Dad-thanks for always pushing me to be the best I can be and always work to my potential, without you all my success could not be possible, I could never put a limit on how much I am grateful for the sacrifices you have made for me. Molly and Caroline, thanks or the love and humor you have always provided me through the years, I love you wo. "Senior Duudeess" you know who you are, you guys have made high school a blast or me. To all the football, hockey and acrosse guys, thanks for a great senior year. Lastly, I'd like to thank the NHS faculty, staff and coaches.Thanks to everyone I left out, good luck to y'all in the future, and congrats on making it through high school.

Conor Kane

CK, Coke

Drama 1-4; Latin Club 1-4;
Math Team 2-4; Navigator 2-4

"Being natural is simply a pose, and the most irritating pose I know." -Oscar Wilde

"My method is uncertain, it's a mess but it's workin'." -Fiona Apple

First, the family. Ryan, thank you for being a great older brother and for pulling our family out of New England. Quinn, thanks for dinner, and for putting up with all this college crap, twice now. Good luck with the next five years, not that you'll need it. Mom and Dad, thanks for perfectly knowing everything necessary, and for not necessarily knowing everything perfectly. Thanks for all your support and understanding. Ms. Lozan, thanks for being such a great friend and for embracing the lasers. Mr. Whelton, thank you for helping me see how amazing Latin is. Thank you, Lacy, for making these years so much more than what they otherwise would have been. Molly—thanks for being the best possible scene partner, prom date, and friend. Hope you have a great time in France—we'll miss you here, but you definitely made the right decision. And to everyone else that will never read this, but deserve more than just this mentioning, thank you.

Douglas Kauff

Doug, DJ Scribblah, Dougie Fresh, Kauffing, Todd, Doug the Bug

Golf 1-4; Track 1-4; Peer Ed 3, 4;
Band 1-4; NHS 3-4

"I bought a seven-dollar pen because I always lose pens and I'm sick of not caring." -Mitch Hedberg

First off, I would like to thank all the senior dudes who made this trip through high school as enjoyable as possible. Also thanks to the Barstow Boys for the plethora of good laughs throughout the years. Thank you so much to all of my teachers over the years who have provided loads of support and encouragement; Ms. Provenzano, Mr. Nycz, Papa Gonaitis, and all of my other teachers. Sam and Liz, thank you for paving a smooth passage through high school and for teaching me all the tips of life. Thank you Mom and Dad for the constant encouragement and for pointing me in the right direction through my life. It's been a fantastical four years.

Leah Kelly

Lee, Rit, Ritty, Ris

Cross Country 1;
Basketball 1-4

"There's nothing you can know that isn't known. Nothing you can see that isn't shown. Nowhere you can be that isn't where you're meant to be. It's easy. All you need is love."
- The Beatles

"I am not afraid of tomorrow, for I have seen yesterday and I love today."
- William Aleen White

First I want to thank my family for loving and supporting me. Mom and Dad, thank you for everything and for always being my biggest fans. Christopher, I've learned so much from you and I couldn't have asked for a better big brother. Lauren, thanks for always being there for me. I know you'll be a famous New Yorker some day. Also, thanks to my friends for the memories we have made. I love you all! Lexi, I really don't know what I'd do without you. You will always be my best friend no matter what and I love you so much! Mike, thanks for always believing in me. These past few years have been so special to me and brought memories that I will never forget. Finally, I would like to thank my teachers and coaches especially Dito and Marani, for always pushing me to strive for the best and preparing me for my future. Good luck to the class of 2010!

Patrick Kelly

The Hawk, Nitro- Hawk, Nitro, PK

Winter Track 1-2; Spring Track 1;
Drama Club 3-4; Peer Ed 4;
Student Governemnt 4;
Environmental Club 4

suppose if we couldn't laugh at things
hat don't make sense, we couldn't react
a lot of life." -Calvin & Hobbes

/hat a ride. These four years have
own by... I would like to thank my
onderful parents and radical siblings:
ara, Bridget, Michael, and Aofie. You
uys make life worth living. I would also
ke to thank all my friends, especially
latt, Jack, Eric, Chris, Shane, Charlie
nd Pete. Without you guys my life
ould be dull and zestless. Thank you to
ls. Provenzano for pushing me through
o and teaching me the value of hard
ork. Thanks to Mr. Lacy, the lessons I
ave learned on stage will carry through
e rest of my life. Good luck to the class
'11! Class of '10, I know that you all
ave wonderful things ahead of you. Our
ture's so bright, we gotta wear shades.

Hillary Kitchen

Kitch, Killary, Bus

"You've got to trust your instinct and let go of regret." -311

I would like to thank my family, friends, and everyone else who have helped to make high school such a great experience. To my family: I can't thank you enough. I love you guys. Mom- you are my best friend and an awesome mother. You are always able to make me smile no matter what circumstances. Dad- even though our arguments do get a little heated, you have been a great dad, coach, and friend. Scott- I want to thank you for always having my back and being there to talk and to make me laugh. To my girls- I don't know what I would do without you guys. You have made these past couple years so much fun, no matter what we are doing it's always a good time. I can't wait to continue living it up with you guys for the rest of my life. Kenz- you have always been there for me, as my best friend. I don't know what I would do without you, love ya girl! Kace- since kindergarden you have always been there to talk and laugh with, thanks for always being a friend to me. Dave- You have made me the happiest I have ever been and I can't wait to see what's to come. I love you. Congratulation Class of 2010, Good luck!

Erica Knudsen

"Today you are you that is truer than true, there is no one alive who is youer than you." -Dr. Suess

"I lean on you, you lean on me and we'll be okay." -DMB

Mom and Dad thank you for all your love and support, you have given me everything a girl could ask for. I love you both more than the world. Jess you have been my best friend and sister. Even though we fight I still love you. Thanks for being there at two in the morning to talk when no one else was awake. To my grandparents thank you for all your wisdom. Papa Gabriel, thank you for yelling at me when I was wrong and loving me when I was right. You helped me become the person I am today. I will always be your pumpkin. Auntie and Uncle you're the best ever. I love you. Friends thank you for helping me out through the years. You're the best. Good Luck class of 2010.

Matthew Kwasnik

"Courage is rightly esteemed the first of human qualities... because it is the quality which guarantees all others."
-Winston Churchill

First I'd like to thank my parents for, well, being my parents. It seems like the glory days of 5th were just yesterday, and now I'm graduating somehow, thank you. To my brother and sisters, thanks for looking out for me and being great examples of how to succeed. To my family, thanks for supporting me no matter what I do, I'm going to need it. I want to thank my football coaches for teaching me the value of pride and hard work, and all the guys who shared the wins and losses with me, I wouldn't trade that for anything. Mr. Lantier, your lessons of self-motivation will stay with me for a lifetime, as will your crazy workouts. The crew, it's been a rollercoaster ride, thanks for the great times. Teachers, there are too many to thank, thanks for the joys of education. Class of '10, it's been real, can't wait to do work.

Katherine Lewis

Kc, Kace, Klew, Big Lew, Skywalke

Basketball 1-4 (Capt); Lacrosse 1, 2;
Robotics 1-4; Best Buddies 1-4;
Boys Soccer Manager 3, 4;
Football Manager 4;
World Challenge 2-3;
Invisible Children 3

"It is our choices, Harry, that show what we truly are, far more than our abilities."
-Albus Dumbledore

"Blessed are the peace makers for they sha be called the children of God"-Matthew 5:9

First, thank you to my mom and dad for all t support and love throughout the years. Matt thanks for being such a great brother, coach and my number one fan. Jim-thanks for all t laughs and encouragement. Mich & Rach- I couldn't imagine my life without the two of you, thank you so much for all the amazing memories we've had together. You guys wil always be my best friends. Thank you to all my teachers and coaches especially, Mr. Browne, Mr. Sullivan, and Mr. Marani. Hillar 14 years of friendship and more to come, thanks for always being there. Jill- thanks fo all the crazy times, you're the best, love you Dennis- thank you for always supporting me and always brightening up my day, I love yo Basketball girls, especially Brooke, I'll miss you guys and Good Luck! Nam 08 - thanks the memories. Football managers-love you girls! Squadron 09..."I've got a feeling". PL's Best friends I could ask for, thanks for the amazing times, you always kept me laughin And finally to the class of 2010, Good Luck!

Jane Liffers

Janey, Janebell, Jiffers, Jiffymom

"But I don't want to go among mad people," said Alice. "Oh, you can't help that," said the cat. "We're all mad here."
-Lewis Carroll

"Just keep swimming. Just keep swimming. Just keep swimming, swimming, swimming. What do we do? We swim, swim, swim."
-Finding Nemo

Thanks to my family for putting up with me every day. Thank you to my friends who live at my house, you're awesome. To all my friends and all the great times, the beach, car rides, running around, everything. To everyone I've swam with, especially Heidi, Bridget and Kim every season with you was amazing! To my brothers, Peter, you make me laugh, David, you're pretty cool. Good luck class of 2010!

Wesley Linehan

Wes

Football 1, 3, 4; Tennis 1-3

Thanks to everyone who I went through this with. They know who they are.

Mikayla Luciw

Mik, Looch, Mom

Hockey 2-4; Lacrosse 2; Mock Trial 1-4 (Capt.); JSA 3-4; Yearbook 3-4; Peer Ed. 3-4

"Your past is a reflection of how you made it to your future…Don't forget it, but accept it and keep moving forward." – Anonymous

I'd like to start off by thanking God for His guidance, love and many blessings. To my family – Dad and Mom thank you for always standing by me and giving me support and encouragement in everything that I do. I love you. Brianna, know that I will always be there for you no matter what. Remember to always give 110% at everything you do! Alexa, high school will be here before you know it! Keep working hard and having fun. To the Baker family – There aren't enough words to thank you all for all of your love, support and guidance that you have given myself and my family throughout all of the good times and the bad. I love you guys! To all of my closest friends - You have all left memories with me that I will treasure forever. Aisling, we've been through it all together and I don't know how I would've made it without you! Love you babe! To all of my teammates over the years, and to all of those who the game of hockey has privileged me to know, thank you for all of the lasting memories. Finally, I'd like to thank all of my family, friends, teachers, and coaches who have helped to make me into the person I have become today. Congratulations Class of 2010!

Andrew Lunn

Lunn, The Lunn, Big Andy

Robotics 1-4; Tennis 2-4;
Golf 1-4

I would like to start off by thanking my Mom, Dad, and Sister. Mom, your strength inspires me and you're always the one to encourage me to do my work. Dad, you always find a way to make me work hard and still have fun. Molly, I can always ask you what you think about any topic. As for my friends, you guys have made my high school years unforgettable. Good Luck Class of '10!

Cameron MacDonald

Cam, The Kid That Plays Baseball,
The Austrian, Mac,
The Cleveland Indian

Baseball 1-4, Winter Track 3,4,

"If you didn't have fun today, you should be in a meadow, playing the violin, and eating
-Coach Jacobs

"It's so hot..., milk was a bad choice." -Ron Burgandy

Mom and Dad, thanks for everything and putting up with me all these years. Thanks to Coach Jacobs for all those hours spent out on the diamond. Thanks O'Dizzle. Thanks Mr. Lantier, good times in Lifetime and at the Reggie Lewis Center. 4x4 Qualify. Thanks to all my friends for always being there for me. Thanks Ms. Lozan for awesome advisory days. Thanks Senior Dudes. NHS it's been fun.

Connor MacDonald

"Nothing great was ever achieve without enthusiasm."
– Ralph Waldo Emerson

My excellent teachers and advisors, I would like to thank you for your efforts beyond the call of duty. In addition, I would like to thank my loving parents for supporting my education and talents. Where would I be without people who can say, "I love you," day after day? My friends, I thank you for always being there; we have had a lot of good times. The school has grown on me, and it will feel odd leaving. Do not let anyone fool you: Norwell is an excellent community and I am thankful to have grown up here. Days can be long at NHS, but they are truly short, because college is around the corner. Carpe diem: nihil de nihilo fit!

Kathleen MacDonald

Kate, KMAC, Mac Attack

Soccer 1-4 (capt); Basketball 1-3; Lacrosse 1-4 (capt)

First I want to thank my family for their endless support. Dad- thanks for being my #1 fan since kindergarten soccer, for always believing in me and never allowing me to give up. Mom- for being my best friend and role model, you're always there for me and I can't thank you enough. Mark- for the heart to hearts and making every family dinner as interesting as possible. Luke- for always being there to make me laugh, couldn't ask for a better little brother or friend, run the show the next three years. Mack-holla. Kara-for being a sister to me for the past 13 years and for the countless laughs and memories. Okies-for accepting me as the fifth daughter. Tom-for reppin the jersey soph year and always being there to make me smile from then on, you're the best. LAX-state champs oh nine, live it love it. Soccer girls-for being the most power hungry group since frosh year, keep it just as fresh next season. Jen Kent- for the endless help and support, thanks for everything. T-Pain-for the golf cart rides and being our grandpa. Kara and Tommy-nature fort, never forget it. To the entire senior class who have made these last four years unforgettable, best of luck!

Emily Mandigo

JV Softball 1;
Varsity Swimming 2-4;
Varsity Softball 2-4

"It is not in the stars to hold our destiny but in ourselves."
-Willliam Shakespeare

I want to thank my mom, my dad, and my sister for all their support. I also want to thank Ms. Fox who has always been there for me. Last but not least my friend who's raised me up when I was down.
M.L.E.M.

Chase Marr

Chaser, Dr. Dreidel,
Big Guy, Big Red

Golf 1-3; Wrestling 2-4;
Track 1-4; Football 4;
Best Buddies 1; JSA 2-4;
Ultimate Frisbee 1-3

"The greatest pleasure in life is doing what people say you cannot do."
–Phyllis "Grandma" Novak

Mom, you kept pushing even when I pushed back. Grandma, thanks for never mixing the colors with the whites. Dad, I need another 20. Ms. Schad, everything I needed and more.

Francois Alexi Martel

The Original Dirtbag,
The Bagel Monger King

Cross Country 1-2; Track 1-2; JSA 1-4; Student Government 3-4; Philosophy Club 4

"I do dream you into my life. Gift me your love if you please." -Donovan

"I stay behind, I walk ahead. Apart yet a part of everything." -Donovan "The Way"

"Wall of sleep is cool and bright. Wall of sleep is lying broken. Sun shines in, you have awoken." -Black Sabbath

"Lookin through a Glass Onion" -John Lennon

"Here Comes the Sun" -The Beatles

"JONSHONTZ!!!!" -The Misfits

First I want to thank Mom, Dad and Mark. Thanks for helping me throughout my life so far. It's been a real roller coaster ride but because of you three, I've never really flown off the tracks (for too long that is). I love you. Second, I want to thank my friends. You guys keep it funny, keep it fresh, and keep it real. Finally, I want to thank everyone else. All you guys and gals at Norwell are fantastic, whether you realize it or not. I'd like to end with some simple advice that has helped me all my life. Keep an open mind. Never close yourself off to learning or living. Also, everything's a balance, nothing is just black or white. Don't be be too critical of other people, because believe it or not everyone's human. Just remember, we're all in this yellow submarine together.

Alexa Massey

Alexa E, Lex, Lexi, Pocahontas

"Today is gonna be the day
That they're gonna throw it back to you
By now you should've somehow
Realized what you gotta do."
-Oasis

I can't believe it's finally time to graduate. :) It came too quick! I just want to start off by saying thanks to all my friends and family, Mom, G-ma, Dom and Fran. I couldn't do it without all your love and support. You guys rock!! And to all my amazing friends and our good times we've had throughout these past school years, especially Shiandra, Amanda, Colin, Connor, Riley, Twan, Smiley, Luke and my new home girl Paige, thanks guys! I also want to thank Norwell High School for welcoming me into this school my junior year and thank you to all my teachers for teaching me and helping me to get where I am now. I'm going to miss the good times during period 5 physics class with Bradshaw--ha-ha. Thanks Norwell High. I just want to give a shout out: Congrats class of 2010... We made it!

Ashley May

Ash

"Let them eat cake."
-Marie Antoinette

Thanks to all my friends for making high school so great! I'm thankful to have so many great memories. Best of luck in the future class of 2010!

Jessica McCarron

Jess, Jessie, Jay-Jay

Dance

"I believe in pink. I believe that laughing s the best calorie burner. I believe in kissing; kissing a lot. I believe in being strong, when everything seems to be going wrong. I believe that happy girls are the prettiest girls. I believe that tomorrow is another day & I believe in miracles."
-Audrey Hepburn

"Good Friends will bail you out of jail. Best Friends will help you bury the body."
-Mom

would like to thank my friends and amily. Between the great times, funny moments, and comforting tears, it's been a great childhood journey. My friends, Julianne, Ashly, Ryan, Sarah, Paige, and Erin, and my family, Mom, Dad, and my three amazing aunts, you all have been extremely supportive through everything! 'd also like to thank my teachers that have been a great support through all of high school. Thanks to Ms. Holland for all the great lunch times and fun memories! Good luck to class of 2010. Congratulations!

Martin McGarrigle

Thanks to all my buddies who made these years the best.

Blair McGreenery

Marky Ricky Danny Terry Mikey Davey Timmy Tommy Joey Robby Johnny and Brad

Golf, Ice Hockey, Lax, Jazz, Student Government

"There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered" -Nelson Mandela

I'd like to thank God for always listening. My mother and father for all they have given me, all their patience and their time, and especially all their love. My brother and my sister for keeping a smile on my face. As well as everyone else in my family I love you all. All my friends that have been through the good times and bad times with me; thanks guys, they were fun. On a personal note, I'd like to thank Jay-Z, The Game, Tupac Biggie, Snoop, and Dr. Dre. I would also like to thank my teammates of both the puck team and the lax team; thanks bros. Thanks to all my coaches and teachers. Thanks to all for the opportunities, memories and love. Finally, for all those that have made me stronger in this lifetime...I thank you.

Charles McKitrick

Charlie, Chaz, NBA ChazTime, Slam Dunk McKitrick, Slippery Sleez Man

Football 1; Boys' Spring Track 1-3; Winter Track 1-2; Swim Team 3-4; Latin Club 1-4; Snowboard Club 1-4; Environment Club 3-4; NHS (Publicist, 3-4); Young Democrats

"A man is a success if he gets up in the morning and gets to bed at night and in between does what he wants to do." -Bob Dylan

"Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment." -Buddha

Thank you Mom, Dad, Caitlin, Molly, and Hannah for supporting me my whole life and making me the person I am today. I love you. Thanks to all the bros who helped me to learn what's really up. Thanks to all my teachers for the valuable knowledge. All the characters in our grade, thanks for making my high school experience enjoyable. Great times, great memories. Good luck class of '10, peace.

Laura McPherson

Lou, McFierce, Mac

Softball 1-4; Cross Country 1-3; Winter Track 1; Chorus 1-2

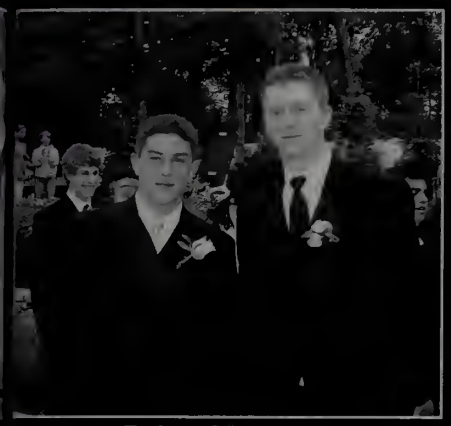
"Even in the midst of tragedy, life goes on, love can flower, and the one thing you can always change is yourself." -Unknown

These past four years have gone by amazingly fast. Thank you to all my teachers who helped me grow and learn. Mr. Browne, thank you for always having faith in me. My friends, Molly, Liz, Sarah and Emily, you guys have been awesome. Thanks for everything. Dennis, you've helped me grow so much as a person and I can't thank you enough for that. I love you guys. My family, thanks for putting up with me. Mom, thanks for always being there to give me hugs and for the support in everything I do. Dad, I don't think I could name all the times you've helped me out, it really means a lot. Doug, you have been an inspiration and you never fail in making me smile. Jeff, thanks for all the math help and laughing at my stupid jokes. I know both of you have great futures ahead of you. I love you all. To the class of '10, best of luck!

Parker Merrit

"Goodbye gravel road, Thanks for the ride, For watching over me… you were there, When I woke up. You walked me home Yeah you led me home…"- Jason Aldean. "Fast." Wide Open. 2009.

Thank you to Mom and Dad for helping me through school. There's no way I could have made it to here without you. I know I could be a pain but I know you had trust in me and let me do the things I wanted to. Thank you everyone- Mark, Trevor, Kristian, Peirson, Rob, Bobby and everyone else for the greatest summer at the beach, on the boat, and hangin out. Thank you NHS Teachers for helping me when I needed it. I appreciate everything.



Brian Moore

BMOORE, B, B-Eazy, Scal

Football 1-2; Basketball 1-4;
Lacrosse 1-4;
Best Buddies 1-4; Peer Ed 4

"Larry's not white, Larry's clear."
- Space Jam

Thank you! First of all I would like to thank my family; Mom, Dad, Tori, for being supportive and helping me through these four years. I would also like to thank all my friends for making high school a time I will never forget. Pollins, Cam, Tommy, Dan, Clay, Dunny, Trevor, Zak, Patty B and everyone else I forgot to mention, good luck to everyone in college and in everything else. Also I would like to thank Molly and Amanda, don't worry I won't forget about you and good luck in your senior year. I would also like to thank all my teachers and coaches for helping me through everything these past years. It's been a great four years and Good luck to the Class of 2010!

Sean Murphy

Murph, Smurph, Paps

Golf 1-4; Hockey 1-2

Thank you friends, teachers, and of course my parents for guiding me through high school. Thanks to "the crew," Mike, Justin, Brad, and Nick. I'm happy I found the right group of kids to make my last two years a wonderful experience.

Theresa Murphy

Tree Bag

"If you knew me yesterday, please do not think that I am the same person that you are meeting today. I have experienced more of life, I have encountered new depths in those I I I ove, I have suffered and prayed, and I am different." - Anonymous

Where to begin... Oh yes my family who I would like to thank. You guys have been there for me always especially Meg. Patrick, Babriel the love of my life, I thank you for making me go to school when I wouldn't feel like it. Suzie B. because without her I never would have accomplished the last four years!! My little nugget (Blue) I love you and Vera... You guys keep me in line. Mom & Dad love you guys always, thank you for everything. Finally, I've accomplished everything I've needed to; giving up once and going back. Very proud of myself and my decisions. Thank you to everyone again, I'm out, I'm gone! Peace out NHS.

Julia Napolitano

Field Hockey 1-4(capt.);
Swim Team 1-4;
Spring Track 1-2;
Dance Team 1-4;
Environment Club 3-4

"There are no such things as shoulds and woulds in the universe... There are only things that could have turned out differently"
-It's Kind of a Funny Store

When I reflect on my time at NHS, I can't help but smile. I owe every experience to the people in my life. Mom & Dad, you have helped me in every way possible and I will never be able to repay you. Thank you for devoting so much of your lives for my well being. Laura, thank you for being the best role model I could ask for. Rob and Tom, you guys were so much fun to grow up with. As for my friends, I love all of you and can't imagine cooler people to spend 12 years of school with. Katie and Erin, you are honestly like sisters to me. Chris, thank you for the memories that will last my entire life. Class of '10, it's been real.

Lucas Nigro

Wizard

Track 1, Wrestling 3-4, Art Club 4, Philosophy Club 4

"It's only as good as the people who are there"
"There is one law, the law of karma. Know who you are."

Thank you to all of my family who always knew I could do it. Especially "Mother Nigro" who tirelessly took care of me and "The Crew" at "The Garage." Thank you to all my friends that have always been there for me. Thank you to all the teachers that I have had the pleasure of meeting over the course of my high school career. And thank you all whom I can't remember to name -- you know who you are!

Kara O'Connell

Okie, Ginger, K-Con, Savage, Caveman Kara, #1 Angel

Soccer 1-4, Capt., Basketball 1-4, Lacrosse (1-4, Capt.) Class President (1-4) National Honor Society (3,4) Latin Club (1-4) Invisible Children (3,4)

I live to love another day." – Keith Urban
I hope you never look back, but ya never orget, all the ones who love you, in the place ou left." – Rascal Flatts

Mom & Dad, thank you for your unconditional upport and love. You have made me the erson I am today. Rose, thanks for being an mazing sister and friend - bunk buddies orever. Mary, thanks for always making me augh. Enjoy the next 3 years because they'll y by. Jane, make the most of the rest of your me here in the Well. I love you and I'll miss ou so much. Kate, never change. But onestly, we've been best friends for 13 years nd you've been the best friend I could ever sk for. Love you! Auntie Jane & Uncle Wally, hanks for always treating me as one of your wn. I'll miss being able to hang with the Macs. Paul , thanks for always being there for ne. You've been a huge part of my life and I'll niss you so much. I love you! To my soccer als–these past 4 years have been amazing. ll miss lurking and Don't Stop Believin. To ny laxahs, STATE CHAMPS 09! I can't elieve we did it! Thanks to all my teachers, oaches & Mr. Paine for teaching me so much hese past 4 years. Thank you to all my riends who have made these past 4 years nforgettable. There are so many memories I vill never forget. Good luck to all of you. Congrats 2010, we finally made it!

Victoria Pagnini

Vikki, Vic

Activities

"Expose yourself to your deepest fear; after that, fear has no power, and the fear of freedom shrinks and vanishes. You are free." -Jim Morrison

I never thought 2010 would come so quick! Thanks to everyone that made these last 4 years unforgettable. To my girls Emily, Jayme, Kenz, Kaytie, Camryn, Hillary, Syd & Olivia! Thanks for making the first chapter in my life absolutely incredible. I'll never forget the fun we had these past years. Jayme - we go way back from the banana split club to neighbors to being inseparable best friends. Not having you by my side through everything would have been impossible. Emily - I don't even know where to start, you're my sister. I wouldn't have had half my unforgettable times without you! Anthony - You'll always be my brother no matter what, and I'll always be ur sped gRill! Maeve - Thanks for teaching me things no one else could. Mom and Paul - Thank you for giving me the push I needed to get through these years. Daddyo - You're hilarious and if you taught me one thing it was to appreciate my youth. Mikayla and Matt - Stick in there you're almost done! Shout out to CRAZIEST/BEST lunch '08! I love you all and I will never forget all the laughs we had at that lunch table! Peace out!

Emily Palmer

Palm Pilot

Cross Country 1-4; Winter Track 1-4; Spring Track 1-4

"As we seek so shall we find."
-Run Around-Blues Traveler

"All our dreams can come true, if we have the courage to pursue them."
-Walt Disney

Thank you to all my teachers over the past four years, you have taught me so much academically and personally and I will be forever grateful for that. To my parents, thank you for your constant love and support, I don't know what I would do without you. And Sarah, thanks for being the greatest best friend and twin anyone could ask for! Next year may take us in separate directions, but at heart we will truly not be apart. To my friends, it has been a lot of fun these past four years; I will never forget all of the good times we have shared. And to the class of 2010, the recent four years and those before which we have spent together have been amazing, good luck to everyone; I wish you all the best in the future! Congratulations class of 2010 we made it!

Sarah Palmer

"SP"

Cross Country 1-4;
Winter Track 1, 2;
Spring Track 1, 3 & 4

"Dream the impossible dream, Fight the unbeatable foe, Strive with your last ounce of courage, To reach the unreachable star."
~Man of La Mancha

Throughout these past four years, I have had many great experiences that I will always remember. I want to thank all of my friends for making high school as fun and exciting as it was. Also my parents for making sure I continually strived to do my best in everything. Lastly, I want to thank my sister for being able to make me laugh all the time and for always being there for me. Good luck to all the future Cross Country and Track runners at NHS! And good luck to the Class of 2010; I wish you all the best in the years to come.

Lisa Powers

Liser, Lisey, Lee

Cross Country 1-3;
Softball 1 & 2;
Winter Cheerleading 1,
Track 3

Wow, I can't believe how fast these past four years have gone by. They say time flies by when you are having fun and I've definitely had a lot of fun. I want to start off by thanking all my teachers for helping me every step of the way. Ms. Boyer- without your help and support I wouldn't have made it this far. Mr. Schelvan- thanks for putting up with my complaining every morning in homeroom LOL. I would also like to thank my mom and dad for supporting me and keeping me in line and thank you Laura for being the best sister I could ever ask for and always looking out for me. Joe, all I have to say is behave and do good in school or else you will regret it. Most of all I would like to thank my friends, you have been my biggest supporters. Lex- Have fun next year! Keep in touch! Mickey, work hard, stay out of trouble and most importantly have fun! Love you all! Congratulations class of 2010! It is time to move on. This is not the end, it is only the beginning.

Claire Preble

Claire Bear, Cler Ber, Cler, Sassy C, CMPrebs

Tennis 1-4(captain); Winter Track 1; JSA 2; Invisible Children 3 & 4; Yearbook 4; Peer Ed 3 & 4; NHS 3 & 4

Closing time, time for you to go out to the laces you will be from...Closing time, every ew beginning comes from some other eginning's end."
-Semisonic

May your heart always be joyful and may our song always be sung, may you stay orever young"
-Bob Dylan

would like to thank my family and friends or supporting and helping me. Mom, thank ou for everything that you do for me. I don't now how you manage to do it all and never t me down. I love you, I really do. Dad, hank you for never giving up on me despite ow much we click and clash. I am glad that have inherited your love for the city and our steadfast nature. I love you. Matt, ou're the funniest person I know and no hatter how I feel you can always make me ugh. I hope we keep in touch. Mike, thank ou for being the kind and caring individual hat you are, I know that you are always here for me. I love you, broseph. To all my iends, thank you for the memories and nforgettable times we have had together. hank you to all my teachers for helping me hroughout the years. Good luck Girls ennis! And best of luck class of 2010!

Shayne Pyle

Weezy Baby, Double P, Big Man On Campus, Pyle

Basketball 1; Track 1-2; Ultimate 1-2; Lacrosse 3-4

"No matter where you go, you are what you are playa." - Jay-Z

"And in the end it's not the years in your life that count. It's the life in your years."
-Abraham Lincoln

Thank you Mom and Dad for always being there for me and helping me with school and teaching me about life and without you two I would not be the person I am today. Thank you Courtney for alwyays being there for me even though we got into fights and stuff I always loved you, good luck and enjoy high school, it flies by. Thank you Ms. Schad, you really made high school an awesome place for me and without you I probably wouldn't have graduated. I appreciate everything you ever did for me. And last I would like to thank all my friends and bros for being there for me and making high school awesome for me, we had great times guys. Thanks for all the great memories; good luck everybody.

Kevin Quinn Jr.

QBall, QMoney, Rich Boi Rappa, Quick, Golden Boy, Brown Suga

Football 1-2; Golf 3-4; Basketball 1-2; Ski Team 3-4; Spring Track 1; Jazz Band 1

"You used to be so amused at napolean in rags and the language that he used, go to him now he calls you ya can't refuse, when you ain't got nuthin, ya got nuthin to lose."
-Bob Dylan

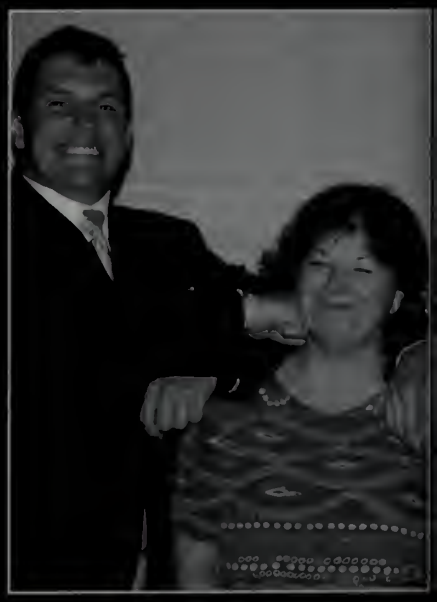
I would like to thank my parents for guiding me through these tumultuous years and for paying the overwhelming majority of my living expenses. I would like to thank the coaches and teachers I have had over the years especially Ms. Criss, Mr. Jacobs, Ms. Gilmore, Ms. Clair, and Madame Mifdal. I want to thank my brothers Liam and Tom for always being supportive and my sister Meaghan for giving me advice and treating me with respect. Thanks Cheech for all the hours we spent at Trattoria's over the past couple years. Thanks Tim Healy for puffins cereal and surfing. Thanks Shane for being so generic all the time. Thanks Clay for the many jokes cracked. Good luck to the underclassmen in finishing the quest for a diploma. I LOVE NHS!!!! YEAH!!!! NORWELL!!!! THE CLIPPERS SAIL ON!!!

Charles Raymond

Charlie, Chaz

Cross Country 1; Track 1;
Robotics 1-4; Golf 3

First off I would like to thank my family, Mom, Dad and Will. You all have always been there for me and I am very grateful for it. Next, thanks to all my friends for all the good times we have had. I'll remember you guys forever. Last I would like to thank my teachers for everything they have taught me and all the help they have given me.



Daniel Regan

Dan, Reegs, Reeg-$, Dan Brady, QB, Rogue Waves

Football 1-4 (capt.);
Basketball 1-4 (capt.);
Baseball 1-4 (capt.), NHS; Peer Ed

You've got one tiny moment in ime for life to shine, to shine."
-Matisyahu

First of all, I would like to thank ny family- Mom, Dad, Tommy, David- for all their love and uidance throughout my life. You have always been there to encourage and support me no natter the circumstance and I m truly grateful for everything ou've done. I would also like to hank all my teachers and coaches for pushing me and naking me a better person. And lastly, I want to thank all ny friends for all the good imes and for making high chool such a great experience.

Dennis Reilly

Den, Denny, Den-Den, D-rei, Dmoney

Cross Country 1-2;
Invisible Children 3-4 (vp)

"I am responsible. Although I may not be able to prevent the worst from happening, I am responsible for my attitude toward the inevitable misfortunes that darken life. Bad things do happen; how I respond to them defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain treasure the most precious gift I have-life itself."
-Walter Anderson

I would first like to start off by thanking my parents who have loved and supported me over the past couple of years. I don't know what I would've done without you helping me grow up. Next, I'll thank Alyssa. You're a freak, but I love you with all of my heart. Good luck over the next four years! I would like to thank my friends for constantly loving me and making me feel like I belong. This space right here isn't big enough to describe what you all mean to me, so I'm just going to leave it at that! Thanks to all my teachers at NHS, you're all great. I'd especially like to thank Ms. Fox, I'm going to miss your daily doses of humor and optimism! And finally to the class of 2010, Congrats guys! Good Luck!

Elysia Ridener

Ellie, E-Baby

Navigator 3-4; Drama 3-4; Amnesty International 1-4; Art Club 1-2, 4; GSA 3-4

"I can't go back to yesterday- because I was a different person then." -Lewis Carol

Thank you, mom for everything that you have given me. You are my pillar upon which I stand. We truly are the "Gilmore Girls". Thank you to my good friends for being the amazing people they are and for making everyday new and unusual. Tyler, you make me the happiest girl on earth. I love you all so much. To the class of '10, thank you for making high school so marvelous; may you find happiness and joy in all of your pursuits.

Kristine Roberts

Krissie, Bumble

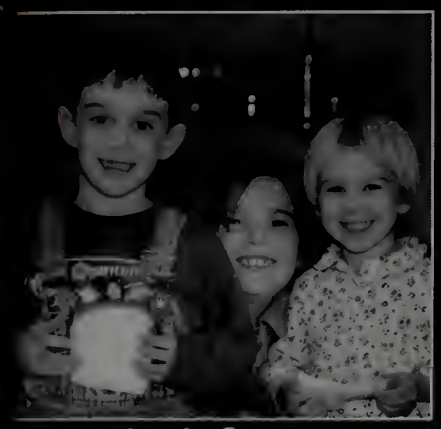
"In the end it's not the years in your life that count. It's the life in your years."
-Abraham Lincoln

First of all, I want to thank my parents for always believing in me and always helping me to achieve my goals, even if I didn't realize they were helping me at the time, I love you guys so much. Mark, you have completely transformed my life and I am a better person because of you. Thank you for always being there for me and making these four years of high school that much easier, I love you more than anything. Julianne, you're my best friend ever and I'll never forget that; I've had some of the best times with you. I dont know where I'd be without you. To Nick: high school flies by bud. Always work hard and never forget to value your friends above all, you're a great kid, remember that I wont ever be far. Thanks to my teachers for always pushing me and giving me help whenever I needed it. And thank you to all my friends, I hope you all succeed in whatever you do, and I'll never forget the experiences you've given to me and all the fun we've had. We're done! Congrats class of '10!

Kaleb Rogers

Baseball 1; Swimming 2

Mom, Dad, Robbie, Alex, Luke, RYAN, Gweedo, Jman, Dillon, Haskins, Sarah, Marie Houde, Private O'Connell, Fanning, The head banging crew, the extended crew, the immediate crew, Erin, Julia, any friends I missed, my teachers (mostly), Dunkies, The Marshfield Fair, Skateboarding, my grandparents, Mike, Max, The Garage, The basement, Fletcher, Brian Holbrook, Pokemon, Magic Cards, XBOX, so much more.



Justin Sarno

Golf 1-2; Art Club 4

'hank you to my parents, Mark and Deb, and my sisters illian and Jessica, for upporting me through these igh school years. I appreciate ll the fun times we've had ogether. I love you and I'll lways be your "little man." To ny friends, thanks for all the angin' out together, chillin' in ne basement, snowboarding n VT, and for simply being my riends. Once a bro always a ro. Love you guys.

Alexandra Saunders

Alex

Dance Team 1-4; Softball 1-4

I really want to thank my parents for everything that they have done for me, not just throughout my high school career, but throughout my entire life. If it wasn't for them, I don't know where I would be. To all of my friends, those who live in this town, other towns, and other states, thanks for being there for me as long as you have. I'm so excited and nervous for next year and I don't know what I will do without all of you. I am going to miss so many things about this town and this school in the next couple of years. John, good luck next year, but I hope that you won't need it. I can't believe that high school is over, but I know that this is really just the beginning.

Eric Scott

Scott, Skaht, Scotty, Scotty Baby, Escott, Elk

Golf 1-4; Winter Track 1-4; Baseball 1-2; Spring Track 3-4

"But he didn't seem to be getting anywhere on the long straight path, so he left the path"
-Harold and the Purple Crayon

"Living loving, loving living, it's all good" -Big Willie

I'll start it off with thanking my family. Mom, Dad, Pam, Josh, thanks for the support over the years. You're the best. I'd also like to thank all of Norwell High School. To all the teachers that helped me through the years, Nurse, and obviously Lantier, thank you. Have to give a shout out to the senior dudes. And yeah.. that's pretty much it so... good four years, everyone have fun in college...and most importantly, keep it classy.

Harrison Scott

Harry, Scott

Lacrosse 1-4; Football 1;
Winter Track 2

"We're so busy watching out for what's just ahead of us that we don't take the time to enjoy where we are."
-Calvin and Hobbes

Thank you Mum and Dad for everything you have done for me throughout high school and putting up with me. Alex, Abby, and Nick thank you for trying to show me the right way. Thank you to all my friends: We have had some great times in the past four years. I hope you all do well after high school and good luck to the class of 2010!

Silvia Seminara

Hello! I let some pictures of me in your, our 2009-2010 yearbook be a sign of my short but -at least for me- unforgettable passage at Norwell High School. Thank you to everybody –students, teachers and every single person at NHS- for welcoming me and for making me feel like one of you. School has never been so amazing, every single day has never been so different and full of surprises and new things to learn. Thanks for making this the most significant experience of my life until now. I am hoping that it will be an enjoyable experience also for you all. Even though we live geographically so far from each other, we had the chance to meet each other and to share one important year of our lives…which I am sure will be wonderful! Good luck to all the grades, and especially to the Seniors!

-Your Italian schoolmate Silvia

Camryn Shaw

Cam ,Shawzy,Cami

"What I want is what I've not got, and what I need i all around me." -Dave Mathews Band

"Did you hear I finally graduated?"
"Yeah, and just a shade under a decade too, all right. "
"You know a lot of people go to college for seven years."
"I know, they're called doctors."
-Tommy Boy

First off, thank you to all my teachers for being so patient with me, I know I'm a handful. To my mom- Thank you for caring and worrying about me so much, I love you. Daddy-You're the coolest guy I've ever known love you and thank you for helping me make it through these four years. Courtney-Even though I fight with you the majority of the time, you know I love you, thanks for all the advice. Kyle- Thanks for being such a good role model, you're th best brother I could ever ask for love you man. Als Kate-Thanks for making the family complete! Jay, Kaytie, Kenz-You three know me better then I know myself and you've been there for me through thick and thin. Thanks for everything, love you forever. Rest of the LaDieZ, Ehoff, Seed, Vikki,Jilly,Hill-I ca thank you enough for all the crazy adventures and laughs we've had since we were little ones. To the bOiZ, Shayney, Drew, Devin, Walshie, Jon, Fitz, Cduff-Thank you for ALWAYS being a good time n matter what the situation is! Anthony-Thanks for standing by my side all these years. Grace, Erin,Alexa-Thanks for coming into my life last year. I'll miss you have fun! And last but not least, "the cousins"-I'm so lucky to have all of you not only as family members but as best friends. I wish the class of 2010 all the best... now it's time to PEACE!

Maeve Shea

Mauve Avenger, Maevey

Cheerleading 1-4; Spring Track 2-4;
Peer Ed 3-4; Best Buddies 1-4;
NHS 3-4; Dance Team 3-4; Latin Club 1-4

feel like it was just yesterday when we all ere getting screamed at for terrorizing the chool store. All we could say to each other as, "wait...we have a school store?" Our lass hasn't had the smoothest four years, but like it that way. We've brought in personality, chool spirit, and a bit of obnoxiousness. I eally couldn't have asked for a better class to row up with. I want to personally thank every eacher that has put up with my non-stop hatter. You have all taught me so much, and ave truly helped me grow as a student, and s a person. To my friends, you've all brought e to tears with laughter, and are always here to support me. You are all incredible, nd I'm so lucky to have found such an mazing group of friends. Seniors, Norwell as been my home my whole life. You all ave made this small town worth my while. Good luck, I know you will all excel! To my ncredible family: thank you for all the help long the way, regardless of how difficult I've een!

Jillian Sheeran

Jill, Jillie Bean, J-WAAYDE, Jilly Woowoo, "Shee"

Soccer 1-4; Lacrosse 2-4; Winter Track 3;
Basketball 1; Softball 1; Dance Team 3-4;
Invisible Children 3-4; Robotics 3-4

"Time goes by so fast, people go in and out of your life. You must never miss the opportunity to tell these people how much they mean to you." -Cheers

To the rents: thank you for ALWAYS being there for me throughout any sitch and supporting me with whatever choices I make. I love you guys so much! Next up ALL MUH SINGLE LADIEZ!! PL's- I'm so lucky to have met you girls; you've been the best friends I could ever ask for. Thanks to all my other friends esp Seed and Paul, I've had the funniest/best times with you and you've been like family to me. Love you guys! Wifey-so redic we finally made it. I literally would've NEVER survived without you. You'll never be replaced; always & forever babe. Mr Browne, you've been like a second father to me, thanks for helping me inch by inch through high school. I'll miss you so much, words can't even begin to describe. ENOUGH OF THAT. SOCCAHLADIEZ: probs my best memories, you girls are amazing. Keep on being the sexiest team at NHS. ZAGGAZA! Lax- state champs, EATDAT. Love you! Crew09. Emo- best coach I could ask for, thank you! S3Nii0rZ deiz- good luck, I'll miss you all SO much.

Jonathan Shontz

Shontzy

Wrestling 1-4; Robotics 1-4;
Paintball Club 1-3

"Some say he isn't machine washable, and all his potted plants are called Steve...all we know is he's called the Stig."
-Top Gear

I would like to thank all my friends and my family for being there when I needed you. Thanks for all the advice that you have given me when I needed it most. I would also like to thank my teachers for teaching me all they have and putting me on the path that I am now following. My years in Norwell have defined me as a person and I can't even imagine what it would be like anywhere else. I have had an awesome time in Norwell and I hope everyone else has too.

Matthew Smith

Matt, Matty, Smithers, Birdman

Golf 1-2; Spring Track and Field 1-4; Best Buddies 1-4; Chess Club 3-4; Latin Club 3-4

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."
-Albert Einstein

"All life is an experiment. The more experiments you make the better."
-Ralph Waldo Emerson

"In three words I can sum up everything I've learned about life: it goes on."
-Robert Frost

Class of 2010, it has been a great four years! Thanks to my parents for supporting me throughout my high school career. Sarah, thank you for all the help you have given me and I hope you have a great time continuing college. Abby you're going to have a lot of fun these next few years, so make them count. To all my teachers I really appreciate what you have done for me, and you definitely prepared me for college. Thanks again.

Hannah Sparks

Navigator 1-4; Mock Trial 1-4; Tennis 1

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."
-Dr. Seuss

"In between goals is a thing called life that has to be lived and enjoyed."
-Sid Caesar

I just want to thank all the wonderful people who have been there for me throughout the past four years. First of all, Mom, you're my rock. Thanks for putting up with me for all these years; I don't know what I would have done without your constant love and support. To my friends (you know who you are), thanks for all the fun times, whether we were on an adventure or just being bored together; I'm going to miss your ridiculous, hysterical selves so much! Finally, best wishes to everyone in the class of 2010; I hope all of us find our own happiness and success in life, wherever it is life takes us.

James Stack

Jim, Jimbo

Football 1-2; Cross Country 4; Winter and Spring Track 1-4; Best Buddies 2-4; JSA 3-4; Navigator 3-4

First I would like to thank my family for being there for me through the good times and the bad. Mom and Dad you've been there for me and always supported me and put up with me through the good times and the bad. Catherine, you are not only a great sister but a great friend. You always are there to talk to (and never fail to tell me when you think I am wrong). Paul, we may not have always seen eye to eye on things bu when push comes to shove you've always got my back and always will. John, you are a crazy kid and have always kept us laughing keep it up but stay out of trouble! Grandma, at 91 you left us too soon. You were ar inspirational person and nobody can ever replace you! And to my friends you all know who you are thanks for making high school such a thrilling experience. Good luck class of 2010!!

Devin Staples

Chunk, Dstapes, Stapes

Wrestling 3-4; Football 4

'Only God can judge me"
-2Pac

I would deeply like to thank my family for watching over this benevolent soul pushing me to the limits and showing me the best possible way for me to go. Without you I would not be here today as well rounded as I am now. Thank you to all the NHS students and faculty that have helped me through my tough times. Best of luck to my extended family, class of 2010.

Michael Steele

The Deceiver

Football 1-2; Basketball 1; Baseball 1-4;
Peer Ed 3-4; NHS (President) 3-4;
Latin Club 1-4; Vietnam '08

"Even though you can't expect to defeat the absurdity of the world, you must make that attempt. That's morality, that's religion. That's art. That's life. " - Phil Ochs

"I say we paint ourselves with tiger stripes and go free all the animals in the zoo!" - Curly

Thanks to all the people I've hung out with, you guys made my time here pretty entertaining. I'll miss all those nights spent in basements watching movies with you guys. Tommy, you really should be thanking me, but still we've had some good times. Nam '08, definitely the most fun summer ever. My family, you guys are cool, too. Thanks Mom and Dad for always giving me everything I need and for working so hard to make me happy. Stew and Kelsey, thanks for always being there to hang out with and for setting an example. To everyone, I've enjoyed all your company these 12 years, it's been a lot of fun. Congratulations on making it this far, and good luck with whatever you may do next.

Ryan Taverna

Tavima, R-tav, Tavy, Littlefoot

Wrestling 1-4 (capt.); XC 1-2;
Spring Track 2-4

"The brick walls are not there to keep us out, the brick walls are there to give us a chance to show how badly we want something."
-The Last Lecture

" Some say he only knows two facts about ducks and both are wrong"
-Top Gear

Thanks to all my teachers and friends you made going to NHS awesome. Good luck to Jack, Jon, Justin, Brad, Nick, Mike, Marty, Smurf, Chase, Jane, Ben, Heidi, DanDan, Ed, Chris, James, Evan, and my brother Eric. Also Thanks to everyone else I did not say there are just way too many. Mom and Dad, much love without you guys I would not be where I am.

Trent Taylor

Trent, Trenticles, T'babes

Football 1-2;
Winter Track 1-4 (capt.);
Spring Track 1-4 (capt.)

"Man is the sum of his actions, of what he has done, of what he can do; nothing else."
-Mahatma Gandhi

I want to start off by thanking my parents for everything; always putting up with me and being there to support whatever I was doing. And Sarah you're the best sister anyone could want. And I want to thank my friends for always being there for me and for each other; for the Great Trek, tacos on the beach, The Tracks, Scituate and all the other good times-thanks. Good luck 2010.

Zachariah Tehrani

Swimming 3-4; Football 1-3; Track 2;
Boxing; Robotics

"It's only after you've lost everything that you're free to do anything." -Tyler Durden

Thank you to my family, my mom, my dad, my sisters and my aunt. Thank you to my friends Shane, Steve, Nick, Ms. Schad, Herm, and everyone else.

Andrew Thomson

Thompy, A-Thom, Thomson, A-Ta

Lacrosse 1; Band 1-4;
Boy Scouts 1-4;
Snowboard Club 1,2,4

"Losers make Excuses, Winners make it happen."
-Bubba Sparxxx

Well first off I want to thank my mom and brother; I would not be who I am without you. Mom, thanks for all the times of making me do my homework when I would procrastinate more than anything. Nick, whether if we have our heads under the hood of one of our cars or just sitting doing nothing playing Xbox, I knew you were always there for me. Throughout all the tough times my mom, brother and I have pushed through and stayed on track moving on in life. I could not have done this without either of you. I'd also like to thank my grandparents for being there every step of the way; thank you. Last but not least, I'd like to thank all my friends too for all the good nights and good times we have had with each other. Thank you everyone and as for the class of 2010 good luck!

Ryan Tierney

Lacrosse 1-4; Hockey 1-4

"You do what you have to do, so you can do what you want to do."
-The Great Debaters

I would like to thank my friends and family. My friends Mike, Drew, Joe, Jake, and Jess, for your support and all the good times we had. I'm sure there will be a lot more to come. My Mom for supporting me through school and going to all my games. Thanks Dad for always bringing me to my games and being my coach, but most of all, buying my equipment throughout the years. Kevin, you have achieved more than I ever thought you would and I am very proud to call you one of my role models. Shawn, you're a great athlete and it will take you far. It was always fun to have a little brotherly competition to practice. It's been a great four years with a lot of memories. Good luck class of 2010.

Nicholas Titelbaum

Nick, Nicky T, T-Bolt

Track 1; Navigator 2-4; Math Team 1-4; Drama 1-3; Amnesty International 3; NHS 3-4; Latin Club 1-4; Chess Club 3-4

"A good head and a good heart are always a formidable combination."
-Nelson Mandela

"Freedom is not worth having if it does not include the freedom to make mistakes."
-Mahatma Ghandhi

Thank you Mom and Dad for being so supportive and loving. You have been great role models and I appreciate everything you have done and all the wonderful vacations we have taken. Alex, you are a fantastic brother, even though we may fight. If it weren't for you, life around the house would be very boring. Thanks to the rest of my family for being so supportive of me. To my friends, you guys have been great and I will miss you. Ken Pauley, thank you for sparking my interest in Africa. Zikomo kwambiri to the people of Malawi for your friendliness. Your ever-positive attitudes are truly inspiring. Lastly, I'd like to thank all my teachers for providing me with an excellent education. Best of luck Class of 2010!

Maria Tsekeris

Robotics 3-4; Pep Band 4

"Think like a queen. A queen is not afraid to fail. Failure is another steppingstone to greatness"
-Oprah Winfrey

Congratulations Class of 2010! Thank you for the past 12 years and good luck in the future! To my friends, thank you for supporting me and being there through everything. I do not know what I would do without you! 143! Thank you especially to my family. Regardless of all my complaining and difficultness you have always been there and loved me. Mom, you have been the best support and inspiration I could ever ask for in life. Anastasia and Nick good luck in the school years to come and of course always remember I'm only a phone call away and that I love you! Thank you everyone!

Kara Umbro

"It'll be fine, act confident."
-Anomymous

Thank you to the teachers, I've learned a lot. Thanks to guidance for helping us all get our college stuff orginized. And finally thanks to my friends and family for helping me through the past four years.

James Vafiades

Thanks to everyone, except for the people I don't like. You know who you are.

Alexis Waitekaitis

I would like to thank my mom and dad first. Thank you for always being there when I needed something and for always supporting me even if you didn't always agree. I would also like to thank all of my friends for making these past four years of high school so fun. It wouldn't have been the same without all of you. Good luck class of 2010.

Andrew Walsh

Golf Team 2; Mock Trial 2,4

Life is too important to be taken seriously."
– Oscar Wilde

t's been a long road to this point but we're inally here. I'd like to thank my friends for always being there and not leaving (even when you probably should have). Drew- You've been a great friend and I'll never forget hat. David, you've always stuck by my side and I hope our future has many more good imes ahead. Caroline, you always put me in a better mood and make me laugh with your okes… no matter how corny. And Shawna, hank you for believing in me through all the s. Most importantly, I'd like to thank my parents for never giving up on me and pushing me in the right direction. Thanks Mum for the constant support, and always trying your hardest to show you care. Dad, You probably won't believe it's me saying this but thanks for keeping me on the straight and narrow, and giving me advice I can share with my kids. Good luck to the class of 2010 and don't forget where you came from.

John Ward

Wardie, Johnward

Soccer 2-3; Robotics 1-4;
Spring Track 2

"The bravest are surely those who have the clearest vision of what is before them, glory and danger alike, and yet not withstanding, go out and meet it."
-Thucydides

"What you have to do and the way you have to do it is incredibly simple. Whether you are willing to do it is another matter."
-Peter F. Drucker

I'd like to say thank you to all my teachers past and present. They have all helped me get where I am today. I'd especially like to thank Herm for being such an awesome teacher and for writing me a recommendation for the USCG Academy summer program. Also, thank you to Mr. Goniatis and Ms. Gilmore for writing college recommendations for me. I'd also like to thank my family, especially my mom, for helping me throughout my life and especially during my high school years. You helped change my life in ways that there are no words to thank you enough. Thank you to my friends for making my high school years some of the best!

Curtis Webb

Curt, Lurt, Mcgurt, Lurtopotomous

Soccer 1-4; Ski Team 3-4;
Spring Track 1-4;
Invisible Children 3-4

"Life passes most people by while they're busy making grand plans for it."
–George Jung

Thank you to everyone who has helped me in the past 4 years, I couldn't have done it without you. Thanks to the bros (senior dudes) for all the good times, many more to come. Mom and Dad, you always knew what was right for me and it paid off. You were always there to support me at games and in school. Words can't express how grateful I am. Thanks Gretch for always being there for me. Heather, you always listened to me, even if I wouldn't listen to you. I couldn't have asked for a better big sister. Thanks to Pedro and Roxie for being great dogs. Good luck to you and the rest of the class of '11 next year. And last but not least, good luck and thanks to the class of 2010, it's been fun.

Justin Weintraub

J-Wein, Jwein, J-Wheezy

Football 1-4; Robotics Team 2-4; Student Government 3

I want to thank my family, Mom and Dad and Alissa for all of the support and help though the years. I also want to thank the football team and robotics team for everything they've done. Thanks guys.

Ruth Westergard

Ruthless

Diving 3-4

"Remember who you are."
-Mufasa, Lion King

Thank you. Two words that say so much. Dad, Mom, and Riley you've always been there for me. Eliza you're the best sister I could ever have. Jessie, take advantage of every opportunity and don't let anything pass you by. Catherine, stay strong girl. Julia, you make me laugh. Erin, I don't know what I would do without you. Ms. Criss, thanks for listening. To all my friends, I wouldn't choose to go through high school with anyone else. Congratulations class of 2010.

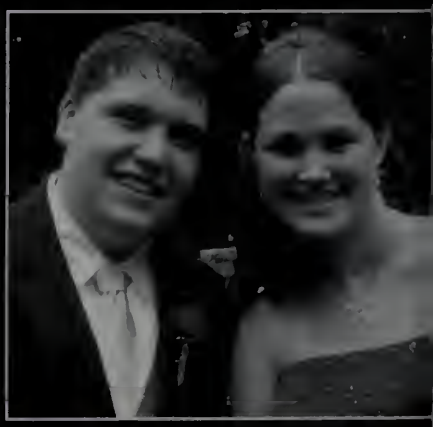
Chadwick Whitcher

Ceej, C-Whitch, Whitchcraft

Football 1-4; Robotics 1-4; NHS 3-4

"We will be perfect in every aspect of the game. You drop a pass, you run a mile. You miss a blocking assignment, you run a mile. You fumble the football, and I will break my foot off in your John Brown hind parts and then you will run a mile. Perfection."
-Coach Boone, Remember the Titans

I know everyone says it and I promised myse I wouldn't say it, but these four years really d fly by. As fast as it may seem, I can't say I have any regrets or anything I wish I could have changed. Mom and Dad, thank you so much for pushing through everything. I know wasn't easy but I think we can all agree that i was worth it in the long run. To all of my teachers, especially Herm, Kwol, Ms. Plassmann, Mr. Sullivan and Mr. Nycz, thank you for being there to help me with anything from homework to fixing my car. To all of my friends, thank you all for making these past four years some of the best of my life. I know this isn't the end of the road for any of us and I can't wait until our paths cross again. Thank you again to everybody who helped me get to where I am today, you all definitely made high school an easier experience for me. Congratulations, Class of 2010, I can't wait to see you all again later on!



Hilary Wiggins

Tennis 1-4 (Capt.); NHS (VP); Student Government 1-4 (VP); Invisible Children 2-4 (Treasurer); Yearbook 4

"We are what we think. All that we are arises with our thoughts. What we think, we become."
-Fortune Cookie

There are so many people that I want to thank for making my four years at Norwell High School unforgettable. I can't believe how fast the time has flown by. First and foremost, Mom-I'd like to thank you for always being such a constant source of guidance, support and encouragement for me; I love you so much and I wouldn't have been able to make it this far without you! Dad-I am so blessed to have you in my life and I love you very much; thank you for being there for me. Bob-I'm so happy that you married my mom and I'm very grateful to have you in my life. Owen-you're a great little brother, I love you and I'm so proud of you: keep up the good work and cherish every moment of your time here in Norwell! Trust me, it will be over before you know it. Finally, to all my amazing friends-you know who you are-thank you so much for always being there for me. We've shared so many great times throughout our lives together; I love you all and I know we will still be friends long after high school! I'd also like to thank all of the wonderful faculty members at NHS; especially Ms. Provenzano, Ms. Ward, Ms. Field, and Mr. Lantier; you all have inspired me and taught me so much and I sincerely appreciate your help. I have so many happy memories from these past four years and I will never forget the time I've spent, or the people I've spent that time with here at NHS. Congratulations Class of 2010, our lives have just begun! I hope that you all find happiness in all that you do!

Aisling Williams

Ling, ling-ling, lang

Field Hockey 1-2; Tennis 1-4; JSA 3-4; Invisible Children 3-4; Yearbook 4

"Our lives are not determined by what happens to us, but by how we react to what happens, not by what life brings to us, but by the attitude we bring to life."
-Anonymous

I would just like to thank everyone who has proved to me that life is truly worth living. Dad-your strength, wisdom, and endless creativity have inspired me from the beginning, just remember I will always be your little girl. Mom-words cannot describe how thankful I am of all that you taught me. You believed in me when I didn't believe in myself, pushed me when I felt like giving up, picked me up when I had fallen down, and most importantly encouraged me to become a better person. I only hope to be half the mom you were. Aus-Mom always used to say "He's the only brother you have." You have no idea how blessed I feel to have gotten you as my big brother. Thank you for always making me laugh, giving me such great advice, and watching out for me. I truly have huge footsteps to follow in. To my friends-all I can say is great times follow great people, I have unforgettable memories. Mik and Kelly-thank you for the endless car rides and endless laughs, we seem to have been through it all. To my teachers and coaches, thank you for always challenging, teaching, and supporting me, I am so appreciative. Lastly to the class of 2010, congratulations! we finally made it.

John Wilson

Jack

Winter Track 2-4; Spring Track 1-4

"Command translate"
-Tony Stark
"Every choice you make has an end result."
-Zig Ziglar

I would like to thank everyone who has helped me in the past, especially the last four years. My parents for always being there and helping me. My sisters even though they were away from home. All of my close friends for help, or for just being someone to hang out with. And the Norwell Faculty, all the teachers I have had over the years did a great job.

Dominic Wooten

Dommy Woots,
The Real Deal, Woots,
Wooty Tang

Basketball 1-4; Football 1-4

I would first like to thank my mom and dad. Mom, you've helped me everyday to become a better person. Dad, thank you for helping me become a man. Zach and Brianna, I hope you both have a great time while I'm away at college. I know the house won't be as entertaining without me. Thank you to all of my friends. I hope you all have a fun, safe, and successful time wherever you go. Mr. Willis and Mr. Sullivan, you two have helped me become a better person on and off the field. Thank you Mr. Willis for the long chats and helping me out. Mr. Sullivan, thank you for showing me what Norwell Football is all about. Lauren, thank you for everything. Ever since I met you, you've been there for me. You are a great person and an even better friend. Thank you all and God bless.

James Wrick

"It's all good baby baby."
-Biggie

I would like to thank all of my friends, The Crew. Thank you Ms. Gilmore for supporting me during my junior year. Thank you to Ms. Fox and the Norwell High School swim team, thank you Danny C. for inspiring me and believing in me throughout my first season on swim team. Thank you Mr. Marani for putting up with me two years in a row. I wish everyone luck in the future and I hope to remain in touch with you all.

Jayme Yen

Decibelles 1-4;
Varsity Cheer 1, 2 & 4

"Look for the rainbow in every storm, find out for certain, loves gonna be there for you- you'll always be someone's baby"
-Spice Girls

If I listed all the names of people I'd like to thank, the names would be flowing off the page! I have to thank everyone for making these four years EPIC. First and foremost, more than thank you to my wonderful family (you all know who you are!) Victoria Pagnini, Thank you for being my sister and my second home. Seriously, I don't know what I'd do without you or your kitchen. Camryn Shaw, Thank you for letting me stalk you throughout high school. Thank you for stalking other people with me and I hope we continue to stalk together. All my friends, seriously, I can't even count the amount of crazy adventures we've been on, how many times we've cried to each other, or made each other laugh. You guys are my family and I love you guys more than life…I know you all know who you are. I'll get emotional to you guys in a separate letter because there's way too much to say about all of you here! Thanks so much to the class of 2010! You're all amazing individuals. And last but not least, Thank you to the NHS faculty, for none of this would be possible without them! Can't wait to see where everyone's at in 10 years! P.S. Camryn Shaw...checks.

Zachary Zanengo

Zanangs, Zanangi, ZZ Top, Dub Z, Double Z, Rex Grossman, Ichiro

Winter Track 1-4;
Spring Track; 1-4; Golf 1-2;
Football 4

"I want to be a professional trombonist, I don't know how to play trombone, but that's my dream occupation"
- Chris Geany

I just want to say thanks to all of my friends, family and teachers. Thanks Gabi and Healy for setting good examples and being good friends. Thanks Dad for always being there and fully supporting me in everything I've ever had even a minor interest in. Most of all, thanks Mom for everything you've ever done, and I can't wait for you to make me quesadillas when I come home from college. Thanks to all my teachers for always pushing me to do my best. And of course thanks to all the bros, you've all been great friends, and we've had some really great times, and I can't wait until summer '10.

Rent-A-Senior Day

Friday March 19th

"And here we go, Life's waiting to begin"- Angels and Airwaves

Throughout the Halls

"I want to run through the halls of my high school, I want to scream at the top of my lungs.." -John Mayer

The Hypnotist

March 11th

VARIETY SHOW

Friday, March 5th

Senior Favorites

2010

Song: Party in the USA
Band/artist: Lady Gaga
Restraunt: Blue Moon
Movie: The Hangover
Actress: Megan Fox
Actor: Seth Rogan
Tv show: Jersey Shore
Book: Harry Potter Series
NHS common phrase: "Sick"
Girl trend item: So-lows
Boy trend item: Beards

Class of 2010, where do you see yourself in 10 years?

"Wicked successful and owning a Range Rover."
-Claire Preble

"In Hawaii :)"
-Lily Cyr

"Deciding whether or not I actually want to go to the reunion. Probably in Switzerland."
-Nicky Caira

"Living la vida loca."
-Tommy Dwyer

"Married to a wicked hott rich guy, living in a huge house, coaching lax, with gorgeous children and two dogs."
-Kate Macdonald

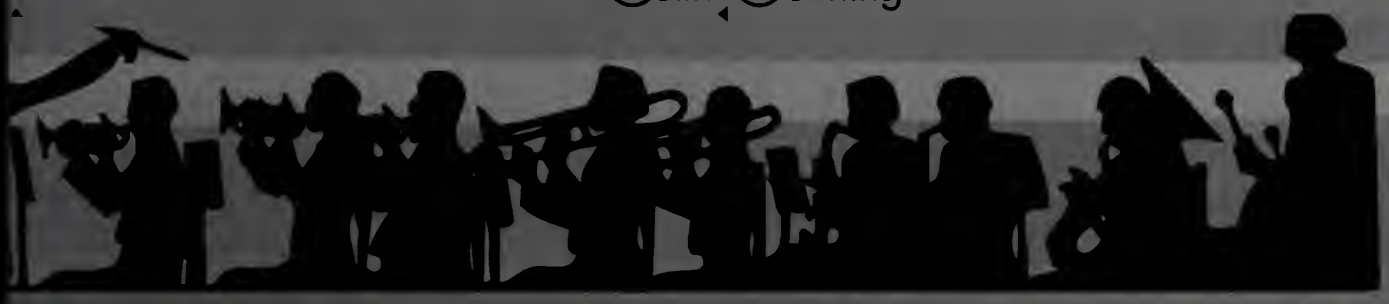
"Making lots o' money in engineering."
-CJ Whitcher

"Married to a super hott wife."
-Ryan Deary

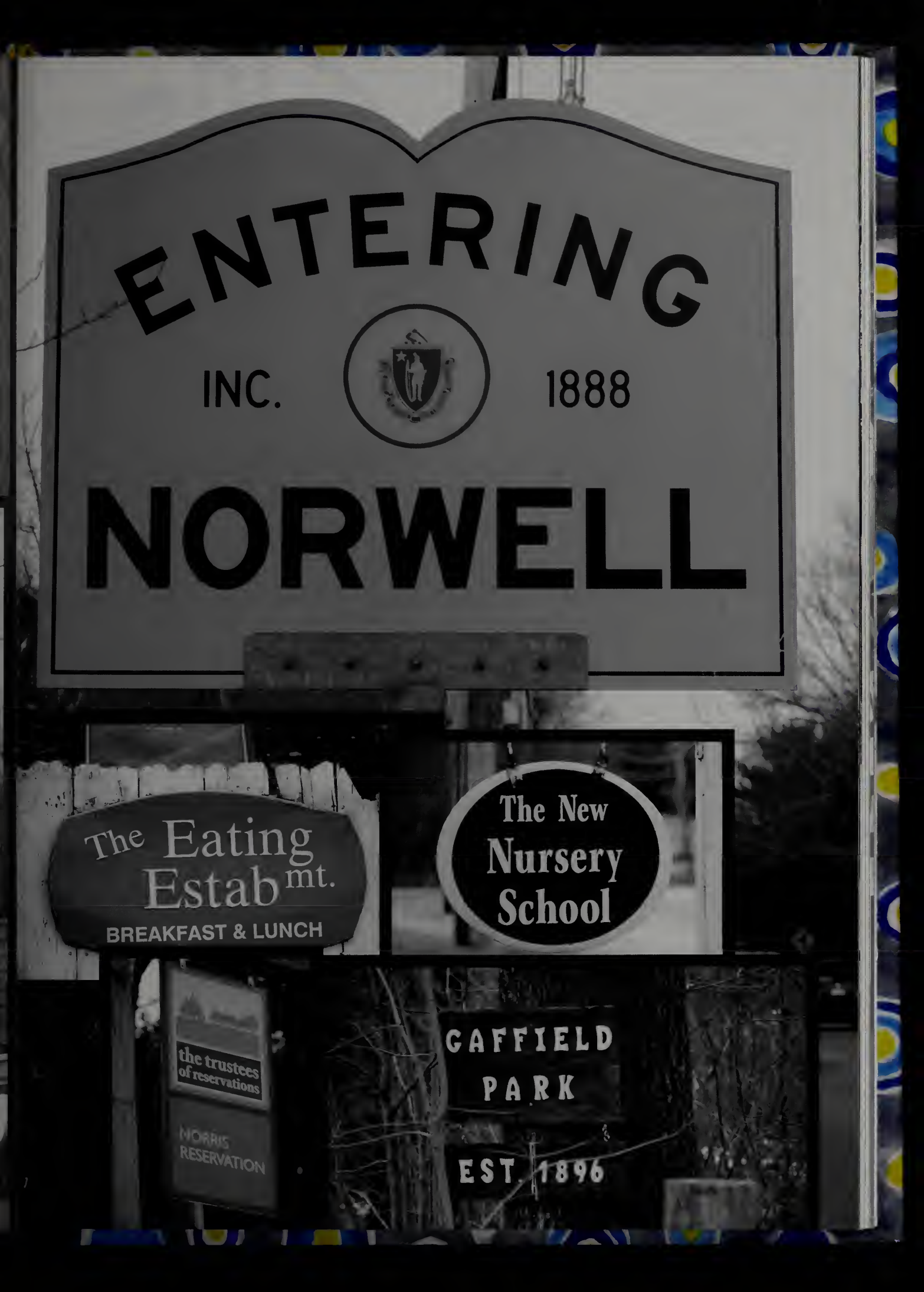
"Married with children."
-Lucas Nigro

"I want to be suprised. as long as I am doing something I love with people I care about then I will be happy"
~Amanda Curley

"As far away as possible."
-Colin Gunning



"MEET ME AT THE CENTER"


ENTERING
INC. 1888
NORWELL
The Eating Estab mt.
BREAKFAST & LUNCH
The New Nursery School
the trustees of reservations
NORRIS RESERVATION
GAFFIELD PARK
EST 1896

The Yearbook Bunch

Back Row Advisors: Mr. Schelvan and Ms. Schad;
Front Row: Aisling Williams, Claire Preble, Liz Dwyer, Hilary Wiggins, Kathryn Duggan, and Kathleen Doyle
Solo Picture: Emily Davies

The Yearbook Committee logged hundreds of LONG hours to make this yearbook possible.

CLUBS

a NUMBERS game

The math team competes in division four of the Southeastern Massachusetts Mathematics League. Other schools in our division are Cohasset, Hingham, Notre Dame, Scituate, and Weymouth. This year Norwell won three of the four division meets and placed first overall, earning an invitation to the playoffs. Coach Mary-Ellen Connor said, "A highlight of the season was scoring over 100 points, including a perfect 24 points in the team round, at meet 3. The students worked really hard at practice, especially for the trig and team rounds and it paid off." The mathletes earned their third consecutive Division Four Champions trophy.

There are several other opportunities for math students to challenge themselves. In October, seven students took part in the Olympiad. High scorers were Alex Henning and Pete MacDonald. Each month students have the chance to participate in NEML and in February there is the American Mathematics Competition, which is given at two levels AMC10 and AMC12. In 2010 thirty-four students participated.

National Honor Society

The National Honor Society, or NHS, is a nationwide organization in the United States. Selection is based on four criteria: service, leadership, scholarship and character. The members of NHS actively contribute to society by participation in numerous community service events. This year NHS organized a car wash over the summer that raised over $600 They also ran a school-wide food drive that raised over $1000 worth of food and household items that were donated to the Norwell Food Pantry. NHS is led by President Mike Steele, Vice President Hilary Wiggins, Treasurer Kathleen Doyle, Publicity Coordinater Charlie McKitrick, and Secretary Matt Kwasnik. The teacher advisor for the club is Ms. Lozan.

Order in the Court

Mock Trial

Back row: Mr. Thomas, Isabella Abelit, Pat Hill, Jim Stack, Corbin Foucart, Nathan Kingston, Hannah Sparks, Mr. Goniatis;Front Row: Siobhan Murphy, Catherine Stack, Madison Willis, Steven McClelland, Ahmed Ziad, Dillion Fitzgerald, Kristina Gilberti, Mikayla Luciw .

Mock Trial is a club that selects realisitic cases and puts them on trial, where each member is a participant in some way. This seasons case involved proving investment fraud and the recovery of damages related to the investment. The Mock Trial team's season ended with a 3-1 record after an extremely close 102-101 loss to Hull. The team was led by captains Mikayla Luciw and Hannah Sparks and coached by John Goniatis and Norwell attorney Gary Thomas.

ART CLUB

Back row:
Katie Gilroy,
Tristan Elliot,
Carina Braun,
Emily Mullen,
Victoria Pagnini,
Alexa Kourafous,
Chris Cubellis;
Front row:
Madison Maduri,
Georgia Hegner,
Chloe Davies,
Elysia Rydner,
Rachel Lynch

TRISTAN ELLIOTT

The Navigator

Back Row: Julia Kr is, Connor MacDonald, Nick Titlebaum, Mr. H nke; **Fro Row:** Tiffany D Sousa Elysia Ridner

The Norwell Navigator publishes five issues per year of the high school newspaper. We are always looking for photographers, writers, reporters, and people to learn how to lay the pages.

Chess Club

The 2009-2010 Norw High School Champio is Corbin Foucart. Nathan Kingston was 2nd and Alex Titlebaum was 3rd.

Best Buddies

Back Row: Patrick Brimingham, Jim Stack, Frank Patarino, Adam Donoghue, Joe Carroll;
Front Row: Arianna Cash, Alexanderia Psota, Rachel Carrillo, Rebecca Hathaway, and Grace O'Hara

Student Government

Student Government is one of Norwell High School's largest and most productive clubs. Student Government runs many social and academic events and fundraisers throughout the year. Student Government successfully promotes school spirit by organizing Spirit Week and the Clipper Cup Pep Rally. Student Government meets monthly as a whole and each grade holds seperate class meetings. Mrs. Plassmann and Mrs. Whiting are the teacher advisors.

Freshmen Class Officers
Luke Macdonald, Owen Wiggins, Isabella Abelite and Annie Joseph

Sophomore Class Officers
Allie Weiler, Patrick Birmingham, Greg Butler and Leah Smith

Junior Class Officers
Nick Daly, Julia DiMartinis, Marykate Hines, Liam Dennigan and Matt Kelley

Senior Class Officers
Hilary Wiggins, Matt Kwasnik, Ashley Donlan, Rebecca Hathaway and Kara O'Connell

The Great Debate: Junior Statesmen of America

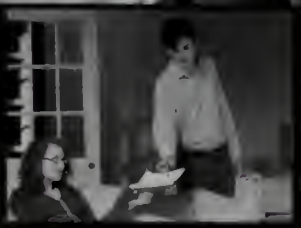
Junior Statesmen of America is a club where students debate and discuss current controversial topics chosen by the group each week. The club also travels to the Fall,Winter, and Spring State Conventions in different parts of New England. JSA is led by President Jon Gacicia, Vice President Aisling Williams, Treasurer Ahmed Ziad,Secretary Matt Kwasnik,and Publicist Kelly Fleming. Mr. Goniatis is the advisor.

Brett Bernard,Brian[illegible] Gentry, Jess Knudsen,Ahmed Ziad, Myles Blakeslee,Abby Smith,Kaitlyn Petit,Jackie Daniels, Jim Stack,Rachel Hayes,Steven McClelland,Alexa Pasada,Devin Lotterhand,Matt Kwasnik, Not Pictured:Jon Gacicia,Aisling Williams,Kelly Fleming

FOURTH WALL

The Fourth Wall Players began the school year with Neil Simon's Brighton Beach Memiors: the story of a Depression-era family in Brooklyn. For the winter season, the Fourth Wall Players produced three plays: The Shallow End, A Coupla Bimbos Sittin' Around Talkin', and Rabbit Hole. Their entry into the Massachusetts High School Drama Guild competition, David Lindsay-Abaire's Rabbit Hole deals with various ways of coping with loss. The Fourth Wall Players moved on to the semifinal round, marking director Chris Lacy's eighth year doing so. With the help of many new members, most of whom were drawn from the new Acting/Public Speaking class, the Fourth Wall Players had another great year!

PLAYERS



DRAMA

THE WORLD IS A STAGE...

"We're All In This Together" - High School Musical

GSA and Diversity

Back Row: Chandler Anthony, Meaghan Lynch, Lauren Connaughton, Kim Baranowski, Kelsey Wheeler; Front Row: Aria Benzaquin, VyVy Larason, Emma Ray, Jill Skinner, and Michaela Bucca

The Gay-Straight Alliance club meet to discuss the rights of all minorities. Every year they hold Day of Silence when people do not speak all day to raise awareness of social issues. They also try and go to as many rallies for equal rights as possible to show their support. The work they have put into this club has brought attention to important social issues of our time.

PEER EDUCATION

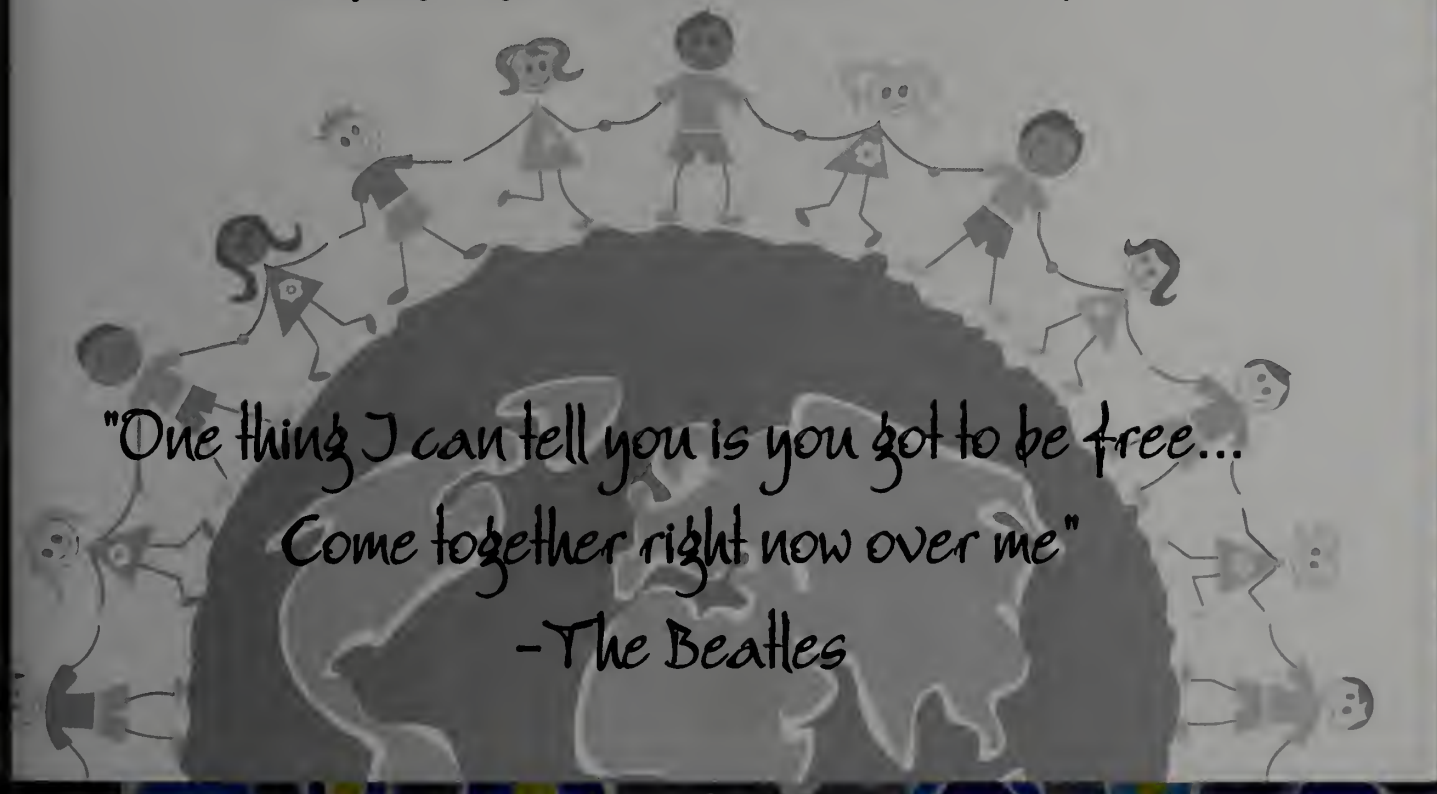
Front Row: Lexi DeMarco, Brooke Alman, Katelyn Thompson, Krista Prouty, Caroline Barry; Second Row: Pat Collins, Dan Regan, Doug Kauff, Curtis Webb, Derek Cyr, Ahmed Ziad, Nick Titelbaum; Third Row: A.J. DeBenedictus, Nick Daley, Michael Day, David Regan, Joe Mazzeo, Brett Bernard, Tom Koch, Liam Dennigan; Fourth Row: Liz Driscoll, Michaela Nichols, Julia Napolitano, Maeve Dennigan, Laura Ferzoco, Devon Lotterhand, Rachel Wolfson, Kristina Gilberti, Mikayla Luciw, Hope Goslin, Bobby Stravinsky; Back Row: Conor Kane, Pat Kelly, Liz Dwyer, Julia Napolitano, Lily Cyr, Ashley Donlan, Claire Preble, Cory Conley, Amanda Marchetti, Kathleen Doyle.

The Peer Educators are Juniors and Seniors who show great leadership skills and hope to improve the school by advising the underclassmen. Every year there many applicants but this group of Peer Educators were exceptionally impressive and proved to be fantastic leaders, not only helping the freshmen and sophomores, but advising some elementary stundents as well.

Amnesty International

Members: Nick Titlebaum, Aria Benzaquin, Emma Ray, Kelsey Wheeler, Chandler Anthony, Kim Baranowski, VyVy Larson, Lauren Connaughton, and Meghan Lynch

Amnesty International is a worldwide movement of people who campaign for internationally recognized human rights for all. The supporters are outraged by human rights abuses but inspired by hope for a better world - so they work to improve human rights through campaigning and international solidarity.



"One thing I can tell you is you got to be free...
Come together right now over me"
-The Beatles

Environment Club

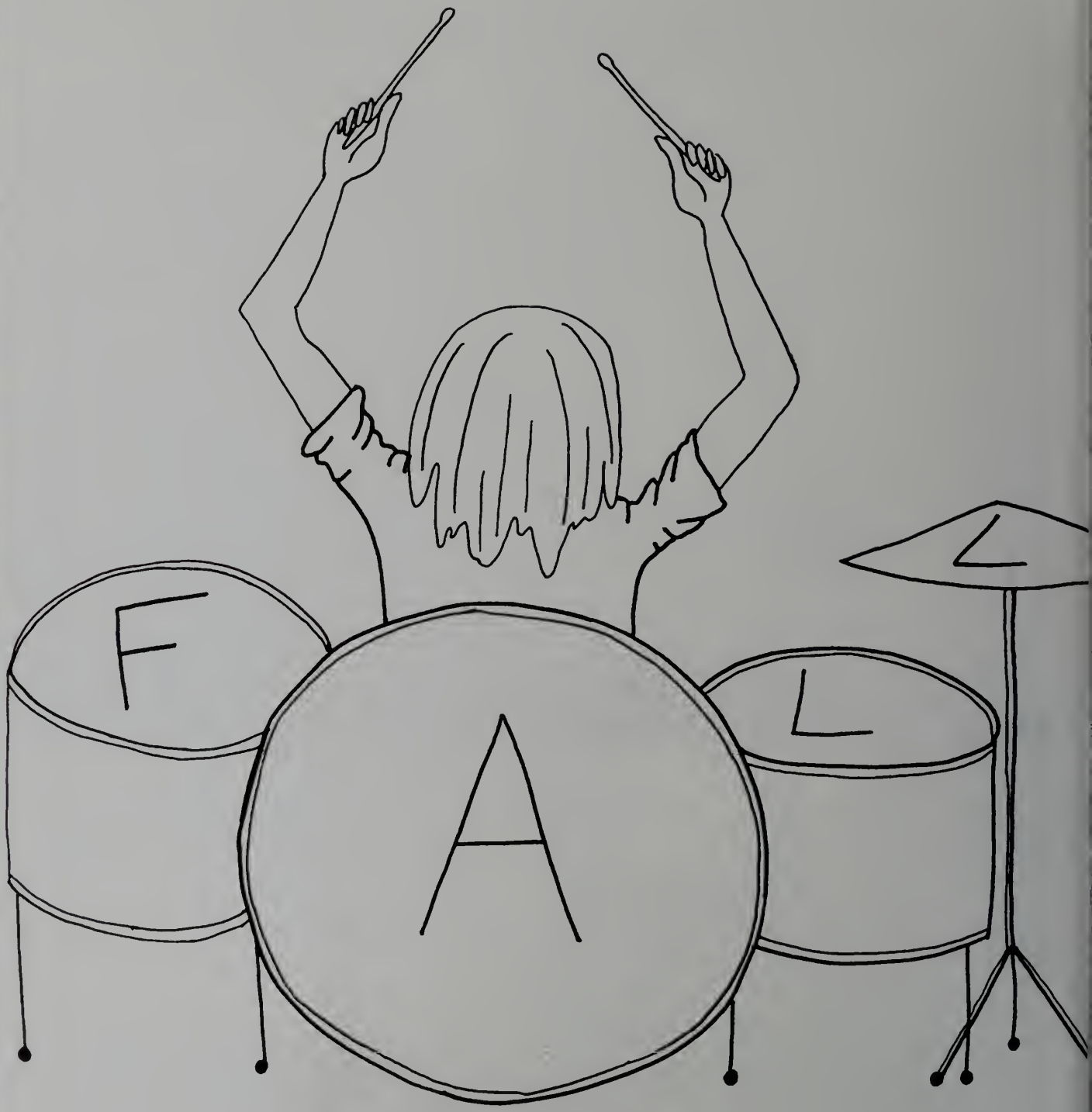
Back row: Adam Donnaghue, Pat Kelly, Brittany Garritty;
Middle row: Ms. Lozan, Michaela Bucca, Jill Skinner, Steven McClelland, Diana Chen, Alicia Reggiannini; Front row: Julia Napolitano and Erin Callahan

The Environment Club has made huge strides this year. They initiated a school-wide recycling program in order to promote environmental awareness. They meet every Thursday to collect the school's recycling bins and discuss ways to continue to protect the environment. The club is led by teacher advisor Ms. Lozan.

Robotics

Back Row: Mr. Kowalski, Matt Argiro, Eric Kuehn, CJ Whitcher, Zach Tehrani, Chris Hines, Sean D'Ambrosia, Alex Henning, Evan Barger, Andrew Lunn, Mr. Herman
Middle Row: Nick Tsekeris, Katie Gilroy, Alex Ouellet, Noel Recchia, Sarah Ciardi, Joe Lynch, Joey McGlinchey, Grant Cabell, Frank White
Front Row: Nevin Recchia, Tiffany D'Souza, Maria Tsekeris, Tom Vafiades, Brian Peterson

Team 348 was founded in 1999 at Norwell High School in Norwell, MA. For the last 11 years the team has been involved in all aspects of the FIRST organization from building to competing to mentoring. Starting with only twelve participants, there are now over forty-five. Throughout our ten successful seasons, the team has traveled to over 10 states to compete and have brought home over 15 awards ranging from leadership to robot quality to champion.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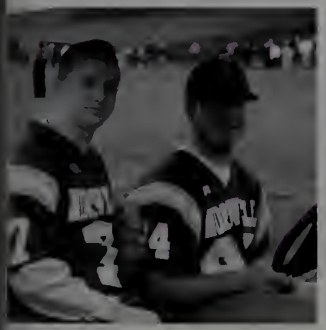
Fall Sport Candids



Freshmen Field Hockey

As one of the first freshmen field hockey teams to grace Norwell's fields, full of enthusiasm and spirit the girls took on bigger teams. Such as, Duxbury, Hingham and Hanover. Coach Sarah Hopkins was impressed with the girls and feels they will have a lot to offer in years to come.

Back Row, Julia Krislis, Gabby Marrese, Taylor Rober, Ashley Voner, Cait Macauley, Kellie O'Leary, Kathryn Ayles, Hannah Getto, Emma Butterfield, Front Row: Julianne Mariano, Maggie Masterson, Kaylyn Allahyarian, Madison Macauley, Hannah McGinnis, Angelica Chan, Annie Joseph

Freshmen Football

The freshmen football team had a great season! Full of determination and promise, these freshmen boys put their hearts and souls into the game. Led by quarterback Luke Macdonald and coached by Mr. Bradshaw, the boys played competitively on the football field.

Back Row: Coach Parsons, Liam Quinn, Ryan Mudge, Brian Flaherty, Matt Infascelli, Matt Throwbridge, Odi Nnadi, Mark Webber, Luke Macdonald, George Trebino, Bobby Callahan, Pat Naughton, Connor Curley, Will Raymond, Tom Jensen, and Coach Bradshaw.
Front Row: Aiden Flaherty, Jack Regan, Jake Marr, Sean Tierney, Kevin Thurston, Jared Mahoney, Joe Daddio, and Tim Jones.

Freshmen Girls' Soccer

As the first season with a Freshmen Girls' Soccer Team, these girls did a great job. They played competively throughout the season and should be proud of their excellent year. Hopefully, future freshmen teams can learn from the high standard these girls set and continue to improve into great soccer players.

Back Row: Coach Jen Cox, Molly Manning, Tori Dinger, Gabi Vernalha, Megan Mahoney, Alison Conley, Jordan Livingston, Devon Croke, Abby Foucart; Middle Row: Maddie Eaves, Annie McCord, Jess Riley, Caitlynn Murphy, Courtney Smith; Front Row: Courtney Hudgins, Maddie Ward, Casey Fisher, Madison Maduri, Holly Weiler, Margret Hayes

JV Field Hockey

Back Row: Abby Smith, Shealyn Lonergan, Ashley Allington, Ally Detweiler, Tori Moore, Hannah Hayes, Grace Moore **Middle Row:** Christina Cronin, Talia Macauley, Pearl Williams, Meghan Callahan, Julie Chessia, Mary Kate Hines, Kelly Harrington, Martha Bogaty; **Front Row:** Bethany Lynch, Faith Morgan, Gretchen Gallagher, Alexis Hilson, Christina Burns, Kelly Traft, Guiliana D'Esposco

The JV Field Hockey girls had a great season! The ladies played teams such as; Pembroke, Harwich and Scituate. They were a forced to be reckoned with on the fields. The girls had a big win over East Bridgewater, which was very impressive. The girls will definately have a lot to offer the team next year.

Girls' JV Soccer

Every year the Norwell Girls' JV Soccer team dominates their league; and this year was no exception. The 2009 team was compressed of Freshmen, Sophomores, and Juniors. With lots of experience, they were able to shut out many teams and beat almost all of their apponents.

Back Row: Coach Norton, Catherine Erickson, Rachel Anderson, Tessa DeMarco, Averie Cox, Meaghan Dwyer, Julia DiMartinis, Amanda Marchetti, Michaela Nichols, Kelly Kramer, Hannah Dardinski, Mary O'Connell
Middle Row: Mary Ferzoco, Grace Gunning, Maeve Dennigan, Kasey Studley, Leah Smith, Lauren Burke, Rachel Talanian, Emily Cipriano, Callie Kent
Front Row: Brianna Luciw

Boys' JV Soccer

The Boys' JV Soccer team had a successful season and enjoyed the company and competition that each player brought to the field. They all played hard during each game and left it all out on the field. The team should be very happy with their year and look forward to next fall!

Back Row: Kyle Freeman, Brian Gunning, Peter Marchetti, Tom Wilson, Brian Hickey, Tom O'Toole, Coach Trenger, Billy Sewel, Matt Barry, Matt Cibotti, John Fisher, Ryan Hanlon, Pat Birmingham; **Front Row:** Signey Ejech, Brian Spillane, James Arnold, George Robbie, Zack Good, Zach Wooten, Ben Gordon, Sean O'Sullivan, Aidan Roach

Boys' Cross Country

"It was an amazing turn around seaon from last year's 1-5 record to this years 7-0 record. The young team should continue to improve over the following years."

-Senior Captain Pete Bailey

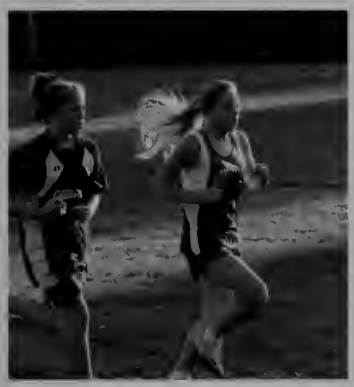
Back Row: Robbie Carney, Tyler Price, Wilton Childs, Michael Day, Dennis Hearns, Chris Largent, Owen Wiggins, Jack Harrington, Coach Chuck Martin, **Middle Row:** Joey McGlinchey, Greg Butler, Tom Vafiades, Steven McClelland, Jake Montoya, James DiGregorio, Grant Cabell **Front Row:** Pat Hathaway, Pete Bailey, Derek Cyr, Jim Stack, Evan Cannata.

Girls' Cross Country

"This year, the Girls' Cross Country Team did a great job! We managed to beat out our main rival, East Bridgewater, by 4 points. We all worked extremely hard to stay undefeated and do our best every time. In every workout and practice each girl gave 110%. This year was tough, but so rewarding and we made some amazing friends along the way. I know that next year's team will work really hard and that you all will have a great season. I'm truly proud to call each of you a teammate, I will never forget you guys!"

-Senior Captain Shannon Ferguson

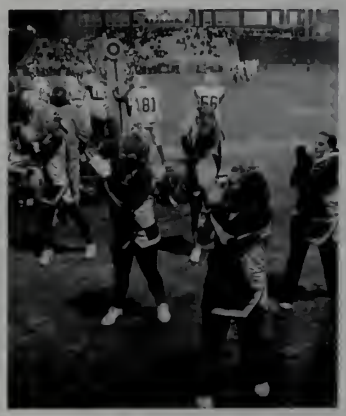
Back Row: Ms. Arnold, Sarah Ciardi, D'Anna Mayers, Catherine Stack, Victoria Freehill, Liz Driscoll, Emily Kuhn, Mary Gogarty, Kathy Callahan, Jamie Tobin, Meagan Carmody, Diana Chen, Coach Martin, **Middle Row:** Abigail Callahan, Siobhan Murphy, Vanessa Lyle, Morgan Gallagher, Rachel Kelly, Rachel Wolfson, Liz Hurley, Hannah Wolfson, Isabella Abelite, **Front Row:** Katie Howard, Shannon Ferguson, Emily Palmer, Sarah Palmer, Rebecca Hathaway



Varsity Cheerleading

Led by captains Vikki Pagnini and Maeve Shea, the cheerleading team enjoyed another successful fall season. With a new coach, the team was pushed to perfection. The 23 members overcame many obstacles, including troublesome injuries. Regardless, they were still able to end the season on a high note, placing 3rd in the South Shore League.

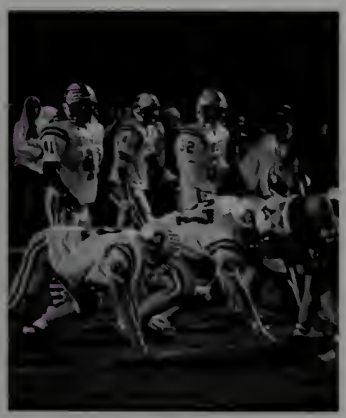
Back Row: Kylie Coffey, Courtney Pyle, Victoria Gacicia, Laura Kardok, Ali Conti, Linnea Houde, McKenzie Cunniff, Arianna Cash, Kelsey Murray, Shirin Tehrani
Middle Row: Alicia Reggianninni, Catherine Smith, Tayla Kelly, Samatha Geary, Jenna Berg, Madi Willis, Gayle Foley
Front Row: Amanda Curley, Sarah Harding, Jayme Yen, Vikki Pagninni, Maeve Shea, Laura Farinick



Varsity Football

Norwell's former Football Glory is on it's way back to restoration. After a 6-5 campaign The Clippers season was full of excitement and drama. Captains Dan Regan, Dom Wooten and A.J DeBenedictis, who were also SSL All-Stars, lead clippers to more wins than last year. Although Norwell lost the Thanksgiving Game, Coach Al Kassatly was sent off with a bang. Coach K has been coaching Norwell Football for 43 years and has been one of the faces of Norwell Football. Chris Greene won the Offensive Player award, Paul Donovon won the Defensive Player award and A.J. DeBenedictis won the Coaches Award. A SPECIAL SALUTE TO MR. SULLIVAN. Good luck to next years team!

Front Row: Tim Breen, A.J. DeBenedictis, Dan Regan, Dom Wooten; Second Row: Paul Donovan, C.J. Whitcher, Pat Barrett, Pat Johnston, Ryan Deary, Colin Duffney, Mike Fanning, Wes Linehan; Third Row: Chris Greene, Matt Kwasnik, Adrian Chavez, Zak Zanengo, Ryan Vaughn, Chase Marr, Devin Staples, Anthony DeMatteo, Dillon Fitzgerald, Jeremy Buckley; Fourth Row: Jonathan McNamee, Chris McGrath, Tom Garvey, Tyler Hilson, Evan O'Meara, Matt Lauria, David Regan, Nick Daley, Harry Detwiler, Justin Weintraub; Fifth Row: Paul Stack, Kiernan Beal, Dan Allen, Viktor Stanley, Matthew Michalkiewicz, Will Waters, Riley Sheehan, Sean Staples, Joe Riccuti, Jake Webber; Back Row: Coach Willis, Coach Kassatly, Coach Sullivan, Coach Lucerelli, , Brian Devilly, Cormac Garvey, Mickey MacGillivray, Hugh Hillstrand, Ian O'Shaughnessy, John Jensen



Varsity Golf

"The golf team had a great season this year finishing up with a 7-3-2 record. The team was made up of all seniors and one junior bringing a lot of experience and camaraderie to the team. Unfortunately, we fell short of the league title that has been won almost every year in the last decade. Still, we kept our head high, fought through the losses, ate a lot of BK, and finished up a very fun and enjoyable season. I would like to thank Coach Camo and all the parents that helped out in the season. Also, good luck to next year's team which will be led by Mike Locke."

-Senior Captain Eric Scott

Back Row: Andrew Lunn, Kevin Quinn, Matt Argiro, Shane Donlan
Front Row: Parker Merritt, Eric Scott, Doug Kauff, Micheal Locke

Varsity Field Hockey

"This was our best season in the past four years. Every minute was fun and competitve with such an amazing group of girls. Everyone really came together to make the season as much fun as possible. We really couldn't have asked for a better senior seaseon."

-Senior Captains Liz Dwyer and Julia Napolitano

Back Row: Meg Cavano, Colleen Fitzgibbons, Olivia Borque, Nicole Harper, Kellie Thurston, Sam Spraque, Julia Napolitano, Rachel Lynch. **Middle Row:** Grace O'Hara, Alyssa Gunville, Chappie Scheller, Jackie Daniel, Kelly Hudgins, Hannah McGowen and Chloe Coggins. **Front Row:** Ailish Dennigan, Molly Cox, Liz Dwyer, Caroline Barry, Chloe Hager

Boys' Varsity Soccer

"The Boys soccer team had another winning season, leading them into the MIAA Division 2 Tournament, moving up from Norwell's regular Division 3 status. As the smallest school in the tournament Norwell fell short in the first round. The team was led by senior captains Phil Johnson, Curtis Webb, and Pat Collins. All three were South Shore All-Stars as well as Ahmed Ziad. The clippers enjoyed their successful season and would like to say thanks to all the managers, coaches and parents that helped them to achieve what they did. Good luck next year!"
-Captain Pat Collins

Back Row: Coach Grier, Brad Prouty, Ben McTigue, Bobby Stravinsky, Nick Papadonis, Mike Bellavalqua, Colin Kelly, Tom Koch, Kevin Lawernce, Joe Mazzeo, Laim Dennigan, Brendan Kennedy, Coach Browne, Andrew Lawson; **Front Row:** Paul Bohan, Colin Gunning, Pat Collins, Phil Johnson, Curtis Webb, Tim Healy, Jake Campell

Girls' Varsity Soccer

In the 2009 fall season, the girls varsity soccer team finished with a 17-1-2 record. They won the South Shore League with an undefeated record of 14-0. Throughout the season, the girls allowed only 8 goals to be scored against them. Their first loss came in the final game of the season against Millis in the South Sectional Semi Final game wth a score of 3-0. The team will lose 9 seniors who will all be greatly missed.

Back Row: Coach Emerson, Kellie Duffy, Ali Weiler, Caitlin Collins, Lexi DeMarco, Krista Prouty, Brooke Alman, Darci Vierra, Molly Lodigianni, Laura Ferzoco, Ali DeBenedictis, Sam Casey, Bridget Conway, Assistant Coach Norton; **Front Row:** Laura Dargon, Haley DeMarco, Jenna Frehill, Jill Sheeran, Hillary Kitchen, Cory Conley, Kara O'Connell, Ashley Donlan, Kate Macdonald

Powderpuff

Monday, November 23 2009

Thanksgiving

Thursday, November 26 2009

Fall Play:
Brighton Beach Memoirs

WINTER

Girls' Freshman Basketball

The Girls' Freshman Basketball Team started the year off strong coming up with a big win against Rockland High School. Over the season the team went through changes as players were called up to JV. Under a great coaching staff, the team enjoyed a fun and successful season! The future looks bright for the next few years of Girls' Basketball.

Back Row: Morgan Walsh, Vanessa Lyle, Taylor Rober, Ali Conley, Hannah Wolfson, Devon Croke; **Middle Row:** Ashley Voner, Marissa Gratta, Rachel Talanian, Amanda Keenan, Francesca Bellofatto; **Front Row:** Rachel Kelly, Faith Morgan, and Jessica Riley

Boys' Freshman Basketball

After starting slow and losing two close games, the Boys' Freshman Basketball team came back to win over Abington in a high scoring and tight game. With Mr. T as their coach, the team had lots of fun at practice and even challenged the Girls' Varisty Basketball team in a close scrimmage. There were many talented players on the team and the next years only look positive for Boys' Basketball.

Back Row: Matt Intoscelli, Liam Quinn, Tom O'Toole, Matt Barry, Ryan Flaherty, Patt Nestor, Luke Macdonald
Row: Paul Capuzzo, Jake Marr, Brian Gunning, Jack Regan, Jake Sherman, and Connor Kulka.

Girls' JV Basketball

"The JV girls basketball team had a successful season finishing 15-3. The girls beat every team at least once with the most exciting win over Abington. The girls played well together all season and never gave up during games when they were down. After 18 games, the team was very happy with how far they had come since their first game."
-Kelly Hudgins

Back Row: Mary O'Connell, Brianna Gentry, Fran Bellofatto, Leah Smith, Alicia Reggiannini, Coach DiTomaso; **Middle Row:** Ashley Allington, Sarah Orleman, Bridget Conway, Eliza Westergard; **Front Row:** Rachel Talanian, Grace Gunning, and Emily Cipriano.

Boys' JV Basketball

Back Row: Joe McNamee, T.J. Dakin, Brett Morgan, Peter Marchetti, Bill Sewell, Brendan McGreenery; **Middle Row:** Dennis Kulka, Patrick Barret, Brian Devilley, Matt Michalkiewicz; **Front Row:** Brendan O'Conner

The JV boys basketball team had a great season this year. They started off the season with a big win against Mashpee with a score of 37-33. The team worked hard and played well together all season and have a promising future for playing more great seasons to come.

Girls' Varsity Basketball

"Our record doesn't reflect the talent of our team. We finished the season 9-11, missing the tournament by one game. Although our outcome was not as good as we hoped, we all became very close and had so much fun. The seniors on our team have been playing together since 5th grade and that bond will stay forever. The underclassmen stepped up so much this year and I have no doubt the seasons to come will be phenomenal."
-Senior Captain Kc Lewis

Back Row: Mel Riley, Kathleen Doyle, Leah Kelly, Brenna Diggins, Ryanne Williams, KC Lewis, Brooke Alman, Coach Marani; **Middle Row:** Lexi Bates, Alli DeBenedictis, Cory Conley, Hilary Kitchen, Kelly Hudgins; **Front Row:** Kara O'Connell, Darci Vierra, and Cara Capaldo

Boys' Varsity Basketball

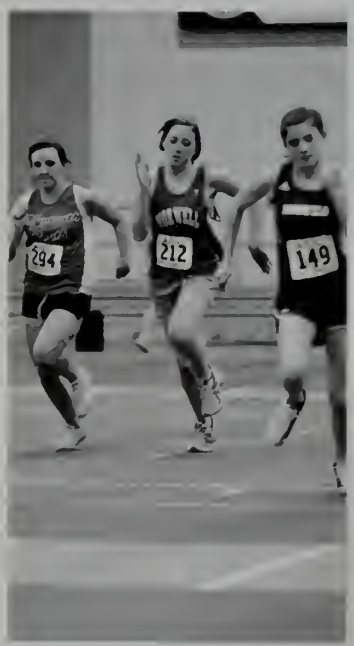
"We had high expectations going into the year having eight seniors on the team and we ended up having a great year finishing 18-2. We made the tournament as the fourth seed and won a game against Norton continuing to the second round. Although we are graduating eight players I have faith in next years seniors and the underclassmen to have another very successful year."
-Senior Captain Brian Moore

Back Row: Paul Bohan, Dan Regan, Tom Cooke, Kit Miller; **Middle Row:** Keegan Allyharian, Brian Lahiff, Paul Donovan, Brian Moore; **Front Row:** David Regan, and Tommy Dwyer

Girls' Track

The girls track team had a slow start but worked together to end the season strong. They always pushed their hardest and ran in any conditions. With more hard work and endurance they are sure to have another great season next year.

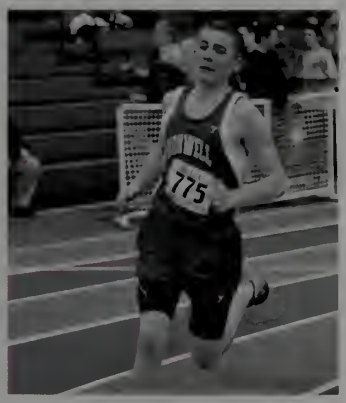
Back Row: Ailish Dennigan, Silvia Seminara, Megan Carmody, Julie Chessia, Jaclyn McBain, Morgan Gallagher, Christina Cronin, Hannah McGinnis, Emily Bernard, Hannah Getto, Nina Burns, Coach Martin; **Middle Row:** Callie Spall, Holly Weiler, Kelly Traft, Rachael Wolfson, Liz Driscoll, Madelynne McCauley, Julianne Mariano, Annie Joseph, Alli Weiler, Talia Macauley; **Front Row:** Casey Studley,Bethany Lynch, Emma Newby, D'Anna Mayers, Abigail Callahan, Allie Detwiler, Averie Cox, and Shannon Ferguson.

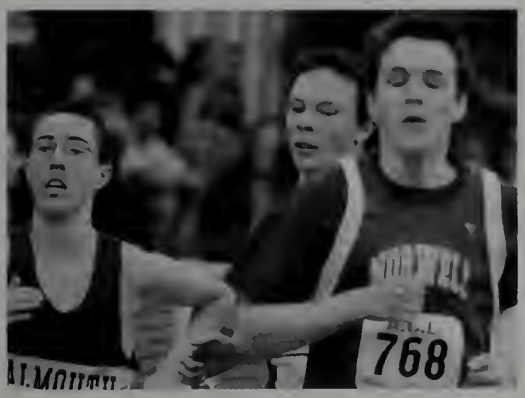


Boys' Track

The boys winter track team had a great season this year. They started off the season well with a huge win against Plymouth South High School with a score of 72-27. They continued to do well throughout the season and win more events. The boys had a great season and are sure to have many more to come if they keep up the good work.

Back Row: Brian Hickey, Charley Petit, Owen Wiggins, Joey McGlinchey, Reed Markham, Alex Raab, Dennis Hearns, Adrian Chavez, Kiernan Biel, Ryan Vaughn, Matt Kwasnik; **Middle Row:** Brian Peterson, Jake Montoya, Trevor Brake, Jeff Wisneski, Sean Staples, John Jensen, Liam Spillane, C.J. Whitcher, Chris Greene, Jack Wilson, Coach Lantier; **Front Row:** Evan Cannata, Eric Scott, Cam MacDonald, A.J. DeBenedictis, Pat Collins, Zak Zanengo, Adam Donoghue, Ted Greene, and Ben McTigue.





Ski Team

"Going into this season losing a significant amount of the team from last year, I was unsure how we were going to do and how well our top ten would race against the rest of the league. With such a young team I wasn't expecting us to do nearly as well as we did this season. There was so much improvement from the beginning of the season to the end. Individuals stepped up when they needed to and were really able to pull through for the team. Out of my four years of being on this team, this is the most progress I have ever seen in just a year, and for that we should be extremely proud of ourselves. I hope you all have a great season next year and I'll miss you all. Good luck!" -Senior Captain Haley DeMarco

Back Row: Tim Jones, Viktor Stanley, George Robbie,Matt McKeen , Matt Cibotti, Chris McGrath, Shane Donlan, Chris Geany, Mike Logue, Nicky Caira, Curtis Webb, Keith(freshman), Coach Schlager, Front Row: Coach Grant, Megan O'Brien, Michaela Nichols, Emma Butterfield, Chappie Scheller, Julia DiMartinis, Haley DeMarco, Tessa DeMarco, Becca Hathaway, Alyssa Gunville, Michaela Bucca, Laura Kardok

Ski Team

Back Row: Chris McGrath, Chris Geany, Curtis Webb, Nicky Caira Front Row: Coach McGrath, Rebecca Hathaway, Haley DeMarco, Coach Grant

"With only one skier going to states last year and not even making top three in the league, I was very confident that we could improve with more practice and hard work. This year we had nine races, which is more than any other year in ski team history. The great weather faired well and we got more practice in than normal. All the newcomers learned quickly and we all felt ahead of the other teams. Not including BC and Hingham, which are both large schools, it looked like a good year. I was right; a few skiers made states and we came in third place in the league and first in our division. I am very proud of the team and could not have asked for a better senior season. Thanks team, you were great. Good luck next year!"- Senior Captain Nick Caira

JV Hockey

The JV Hockey team had a great season where they played lots of tough, big schools like Marshfield, Quincy, and Rockland. Although the year did not turn out as they all had hoped, the team had some fun times going to 5 am practices and pasta parties. The players and coaches will take away some wonderful memories from this season.

Back row: Joe Richardson, David Marinelli, Ryan Deary, Tyler Hilson, Shawn Tierney, Rob Senator, James DiGregorio, Chris Palmerielo and Coach Whelton. **Front Row:** Jack Harrington, Sean O;Sullivan, David Tobin, Paxton Colby, Laura Ferzoco, John Fisher and Tom Vafidades.

Varsity Hockey

Back Row: Coach Casagrande, John Finnigan, Drew Himberg, Clay Ferguson, Ryan Brown, Evan Gray, Pat Johnston, Tyler Hilson, Robbie Hines, Joe Carroll, Mark Webber, Alex Clement, Coach Doyle, Coach Whelton. **Front Row:** James Vafiades, James DiGregorio, Blair McGreenery, Drew Fitzmourice, Aidan Roach, Graham Ferguson, Laura Ferzoco, Pat Hathaway, Craig Frehill, Jake Campbell, Brenden Burns, John Fisher, Dave Marinelli

The Norwell High School varsity hockey team had a great season. They had many strong seniors carrying the team to victory. The seniors went undefeated in the league their four years at Norwell High School. They won the leage title all four years also. The Norwell hockey team will continue to strive in coming years.

Swimming and Diving

Back Row: Charlie McKitrick, Stephen Herling, Zack Tehrani, Peter MacDonald, Ian Flesner, Michael Day, Corbin Foucart, Shane Carey, Robbie Carney, Devon Uhlman, James Wrick, Brandon Morrison, Steven McClellan; **Middle Row:** Kevin Lawrence, Tristan Elliot, Lauren Connington, Jane Liffers, Bridget Lawson, Shealyn Lonnergan, Sarah Perfettio, Pearl Williams, Brianna Perfettio, Liz Hurley, Rachel Carrillo, Nicole Harper, Megan Cavano, Rachel Caldwell, Katherine Snyder, Abby Foucart; **Front Row:** Emily Picard, Ruth Westeguard, Colleen Fitzgibbons, Kathy Callahan, Kathryn Duggan, Julia Napolitano, Emily Mandigo, Kim Baranowski, Autumn Conti, Gabi Vernalha, Grace Moore, Siobhan Murphy, Connor Davies, and Sarah Chardi

"The swimming and diving program has grown exponentially in the past four years. All of the talented members led us to the best winning record Norwell has ever seen. The team really came together as a family and it can only get better from here."
-Senior Captain Julia Napolitano

Gymnastics

The Norwell Gymnastics team partners with the Cohasset Gymnastics team each year in order to acquire enough gymnasts to compete competitively. The girls had a great season and continued to impress the competition as they completed amazing feats of defying gravity. The Norwell-Cohasset alliance has proved successful and the future seasons only look bright!

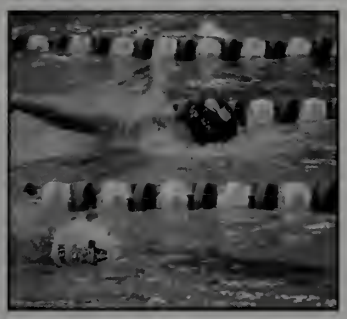
Back row: Cohasset, Sam Casey, Abby Smith, Hannah McKitrick, Sam Sprague, Cohasset, Cohasset Middle Row: Maddie Ward, Cohasset, Shirin Tehrani

Wrestling

The wrestling team had a great season this year. After losing some key members of the team last year, the seniors really stepped up to help the team out. Along with some incredible underclassmen, the team finished the season off strong and sent two members, Ryan Taverna and Brad Cunio, to the D3 state tournament adn Taverna went even further to the All-state meet. Next year they look forward to having some strong wrestlers and hope to do just as well.

First Row: Ian O'Shaughnessy, Ryan Taverna, Luke Nigro, Mike Fanning, Chase Marr, Bobby Callahan, Aeddan Flaherty, Genji Leonard; **Second Row:** Jon Shontz, Andrew Marrese, Ben Gordon, Zach Good, Cormac Garvey, Sheamus O'Sullivan, Wes Bittner; **Third Row:** Tom Driscoll, Tom Jensen, Dan Allen,Tobi Adebango, Liam Dennigan, Paul Stack; **Fourth Row:** Greg Butler, Ryan Mudge, Sean Locke, and Coach Sullivan

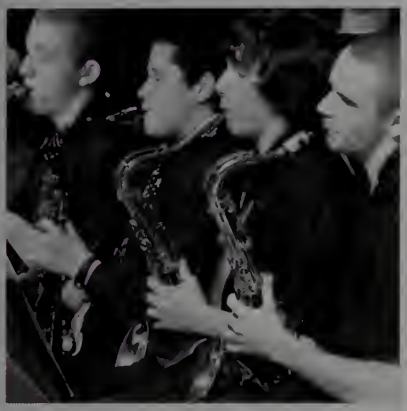
Winter Sports Candids

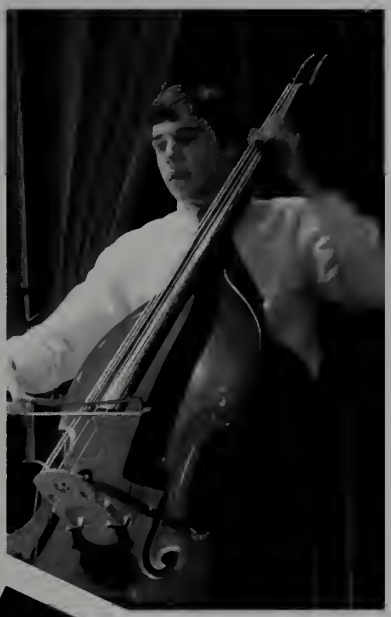


WINTER DANCE

December 18, 2009

WINTER CONCERT

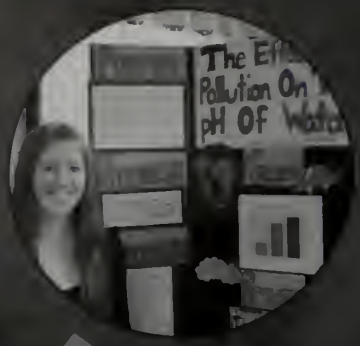


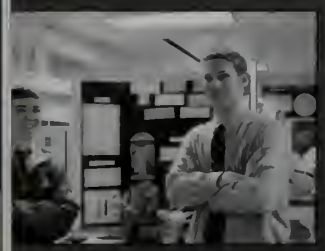


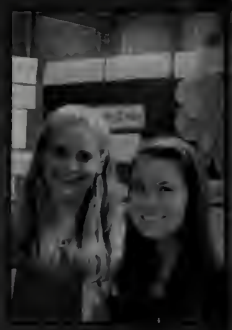
December 9, 2009

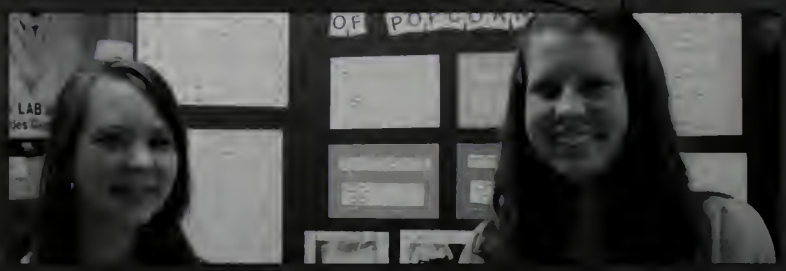
Science Fair February 3rd, 2010

The 2009 Science Fair winner was Alex Ouellet.

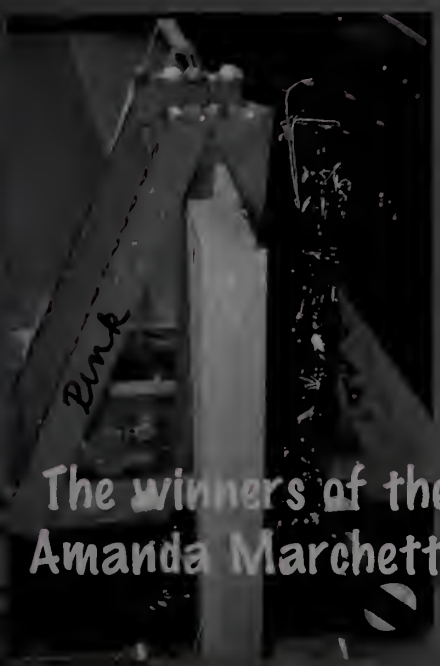








Physics Challenge
February 3rd, 2010

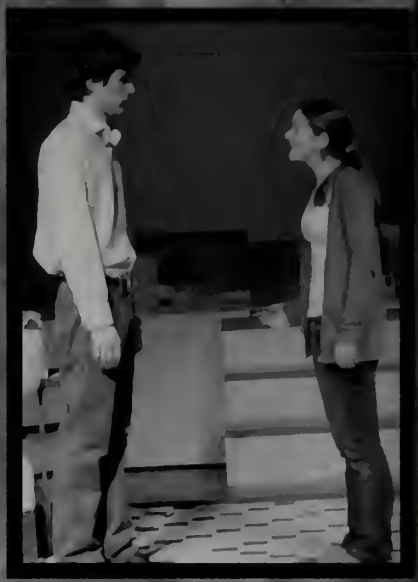
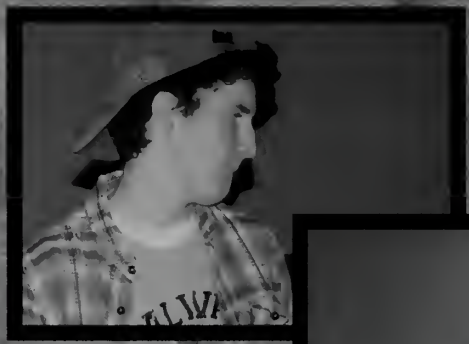


The winners of the Second Annual Physics Challenge were Amanda Marchetti, Molly Lodigiani, Julia DiMartinis, and Chloe Coggins.

The Winter Plays

Festival Play: Rabit Hole

Non-Festival Plays: The Shallow End & Bimbos Sittin' Around Talkin'

OUR FRIENDS FROM AROUND THE WORLD...

CARINA

SILVIA

What is your favorite American...

Clothing Store? Charlotte Russe
Movie? The Curious Case of Benjamin Button
Pastime? Going to Boston
Song? Just Dance- Lady GaGa
T.V. Show? The Burried Life
Artist? David Guerra
Food? Mozarella Sticks
Class at NHS? French
Restaurant? Panera

What do you miss most about home?
Less rules and busses.

Clothing Store? Urban Outfitters
Movie? Manhattan by Woody Allen
Pastime? Going to the movie theater
Song? Mr.Tambourine Man by Bob Dylan
T.V. Show? Sex and the City
Artist? Bob Dylan
Food? American version of Chinese food and Starbucks
Class at NHS? Creative Writing
Restaurant? Uno's

What do you miss most about home?
My friends and walking everywhere

France 2009

Italy 2009

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Good Luck Victoria Pagnini and Friends

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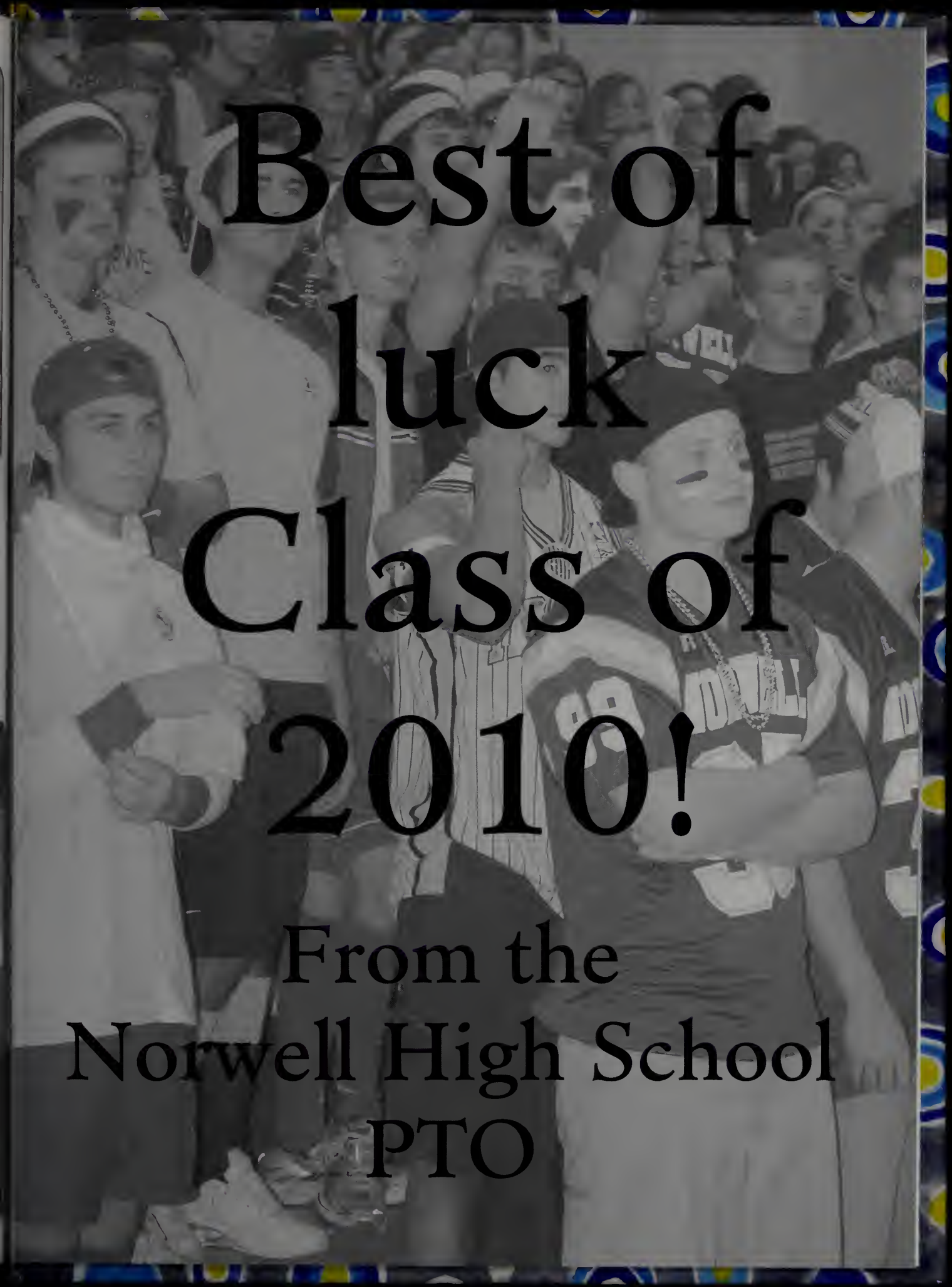
Congratulations Class of 2010

Student Athletes!

~NHS Boosters


Best of
luck
Class of
2010!
From the
Norwell High School
PTO

Best wishes class of 2010!
The Lunn Family

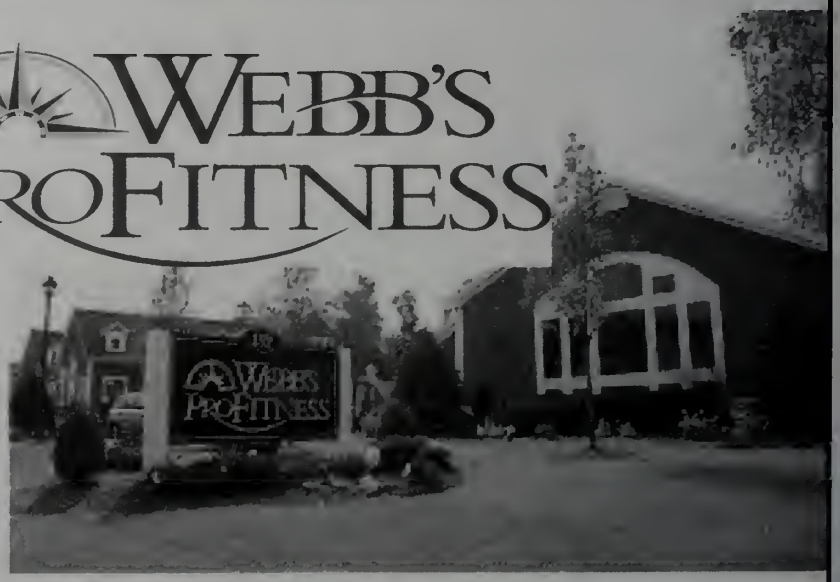
My brother Mike
Incredible athelete
Could have been nicer when I was little
Hope your future brings you lots of happiness
Always know I love you
Everyone is proud of you
Live life well, Laugh often, those are my
wishes for you

Love, Kara

To our son Curtis & to our wonderful Staff graduating: ***Congratulations to you all!!***

- Cory Conley
- Kathryn Duggan
- Liz Dwyer
- Rebecca Hathaway
- Tim Healy
- Katie Howard
- Kate MacDonald
- Ryan Tierney
- Curtis Webb
- Justin Weintraub

WEBB'S PROFITNESS



Thank you for your years of dedication.

And congrats to all our Student Members graduating as well!!

Best of Luck Class of 2010

Play on Paul

Love, Mom and Dad

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CLASS 2010

To Jill and all her friends:
Congratulations and best wishes for
a successful college experience!
We'll miss the noise!

~Joanna and Mike Sheeran

Congratulations Jayme

And the Class of 2010

Around the Clock Compliance, Inc.

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Congratulaions Class of 2010!

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Congratulations Claire and Liz!
~Love, the Dwyer's and the Preble's

CONGRATULATIONS
JULIA AND THE
CLASS OF 2010!
LOVE,
MOM, DAD, ROB,
TOM AND LAURA

Congratulations Emily!!!

With love,
Mom, Dad,
Adam and Katherine

Congratulations Norwell High School Class of 2010

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CONGRATULATIONS CLASS OF 2010!

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"Take me away,
to a place where the good
times good times roll"
-Tommy Lee

Congratulations Class of 2010!
Best of Luck in All that You Do!

Norwe
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Middle School
gton, D.C. June 2006

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